

# Daily Learning Planner

*Ideas families can use to help students  
do well in school*

Red Creek School District



THE  
**PARENT**  
INSTITUTE®

March • April • May 2023

## March 2023

### Daily Learning Planner: Ideas Families Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Talk with your child about the qualities you each look for in a friend.
- 2. If you want your child to get more involved at school, set an example. Join a club or group that interests you.
- 3. Have your child repeat what you say word for word. Then switch roles.
- 4. Encourage your child to combine exercise and learning by listening to an audiobook while walking or working out.
- 5. Don't pay your child for regular chores. All family members should help out around the house.
- 6. Talk about stereotypes with your child. Discuss why they're unfair.
- 7. At a store, practice rounding prices to the nearest dollar with your child.
- 8. If your child gets headaches, squints or holds books too close, schedule a vision check-up.
- 9. Tell your child a joke. Laughing together eases stress.
- 10. Talk with your child about how each of you could improve your listening skills.
- 11. Together, watch a movie based on a book your child has read. Ask, "How are the versions similar or different?"
- 12. Help your child build vocabulary. Do a crossword puzzle together today.
- 13. Put your child in charge of taking photos at a family event.
- 14. Exchange persuasive letters with your child. Try to convince each other of something.
- 15. Establish times when using digital devices is not allowed, such as during mealtimes and right before bedtime.
- 16. When looking at graded work, focus first on what your child has learned in that subject, not on the grade.
- 17. Ask your child to teach you about a concept that will be on an upcoming test.
- 18. Encourage your child to write a nice note to an elderly neighbor or family friend.
- 19. Give your child a math-related household task to do, such as doubling a recipe.
- 20. Remind your child of the long-term benefits of achieving in school.
- 21. Look at pictures together from when your child was young. Tell stories that highlight your child's positive characteristics.
- 22. Your child is likely to remember more from two 20-minute study sessions than from one 40-minute session.
- 23. Make a decision as a family. It builds cooperation and communication.
- 24. Take your child to a high school event, such as a play or sports game. Talk about things to look forward to in high school.
- 25. Ask your child to pretend to be mayor for the day. What three things would make your community a better place?
- 26. Is your child getting enough exercise? Take a brisk walk together today.
- 27. With your child, learn how to count to 10 in three foreign languages.
- 28. Middle schoolers know their shortcomings. They need you to remind them of their strengths.
- 29. With your child, look up things you both want to learn more about in an online encyclopedia.
- 30. Remind your child to consider character rather than popularity when choosing friends.
- 31. Vaping is on the rise again. Learn about the dangers and share them with your child.

# April 2023

## Daily Learning Planner: Ideas Families Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Play music while the family does chores. Have fun singing while you all work.
- 2. Have your child tell you about the assignments that are due this week.
- 3. Together, make a time line of your child's life. Include world and national events as well as personal events.
- 4. Try to remember your life as a middle schooler. It can help you relate to your child.
- 5. At dinner, have all family members talk about their heroes, and why they admire them.
- 6. Admit and apologize to your child when you're wrong.
- 7. Give your child a sincere compliment today.
- 8. Visit the library. Suggest that your child look for a new book by a favorite author.
- 9. Ask to see some of your child's returned schoolwork, such as a paper, test or art project.
- 10. Once you have made a decision about something, avoid giving in to repeated demands from your child.
- 11. Look for a CPR class you can take with your child.
- 12. Whenever possible, use positive phrases instead of pessimistic ones. Replace "It won't work" with "Why don't we try it?"
- 13. Have your child convert miles traveled today into kilometers.
- 14. Together, look at the class offerings of a local college. Ask which courses interest your child.
- 15. Find a place to display things your child is proud of, such as awards and improved work.
- 16. Enjoy some physical activity with your child. You'll both get exercise—and it may lead to some interesting conversation.
- 17. Arrange for your child to talk to a high school student about life on campus.
- 18. Suggest screen-free activities your child can do alone—crafts, reading or listening to music.
- 19. Give your child a say in something, such as which movie to watch, what kind of pizza to order or which shirt to wear.
- 20. Have your child read the nutrition information on favorite snacks. Are they healthy choices?
- 21. Have your child estimate how long it will take perform a task or travel somewhere, then do it to find the real answer.
- 22. Memorize something with your child today: a poem, a list of items in a category, a quotation.
- 23. Serve your child breakfast in bed as a special treat.
- 24. Make a point of saying *thank you* when your child does something helpful, whether asked or unasked.
- 25. Encourage your child to read a biography of a role model.
- 26. Skim over completed assignments and ask questions to help your child retain the information.
- 27. Help your child learn about the flag of your state or province. What does it represent?
- 28. Watch the news with your child and discuss world events. How might they affect life in your community?
- 29. When your child is talking to you, tune everything else out and listen.
- 30. Play board or card games as a family tonight.

Copyright © 2023 The Parent Institute®, a division of PaperClip Media, Inc. • May be reproduced only as licensed by *Parents still make the difference!*® and *Helping Students Learn*® newsletters • 1-800-756-5525

# May 2023

## Daily Learning Planner: Ideas Families Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Let your child see you passing time with a book instead of a phone.
- 2. Remind your child how important it is to turn in work. Just one missing assignment can lower a grade.
- 3. Together, make a "world time" display with several clocks. Set them to times in different countries.
- 4. Does your middle schooler feel a need for more freedom? More time to talk? More privacy? Ask what your child thinks.
- 5. Challenge your child to create a recipe and write it down. Try it out!
- 6. Visit an outdoor site with your child today, such as a garden or a park.
- 7. Ask your child to name an *adjective* and an *adverb*.
- 8. Discuss something you recently learned with your child. This shows education is a lifelong process.
- 9. Give your child three reasons why spending time together makes you happy.
- 10. Start a list of places your family would like to visit. Have your child research information about these places.
- 11. Encourage persistence by saying things such as "I know you can figure this out."
- 12. Spend a few minutes talking with your child at bedtime.
- 13. Find a free cultural event to attend with your child, such as an exhibit or concert.
- 14. Dig out a favorite children's book and read it together. There are still lessons to be learned.
- 15. Notice your child's interests and talents. Then encourage them.
- 16. Try to have a rhyming conversation with your child. It may be tough at first, but you'll get better!
- 17. Keep screen entertainment turned off today. Let your child be responsible for thinking of alternative activities.
- 18. Point out an example of prejudice to your child. Talk about ways to deal with intolerance.
- 19. Explore a museum website with your child.
- 20. Bring a compass on a walk. As you make turns, have your child tell you whether you're heading *north*, *south*, *east* or *west*.
- 21. Teach your child a three-step process for any job: *plan*, *do*, *finish*.
- 22. Social media makes it easy to hurt someone. Make a family rule: Don't post anything you wouldn't say to someone's face.
- 23. If your child is struggling in a class, it's not too late to ask the teacher for advice.
- 24. When your child tells you something important, restate it in your own words to make sure you understood.
- 25. Hang a chalkboard in your child's room to encourage writing.
- 26. Praise your child to someone else when your child can overhear.
- 27. Visit the library. Check out a book on simple science experiments you and your child can try at home.
- 28. Encourage your child to write a letter to a teacher or coach who has been a positive influence.
- 29. Suggest that your child start a book club with friends.
- 30. Talk together about your child's dream job.
- 31. Teach your child a useful skill, like how to sew on a button.

Copyright © 2023 The Parent Institute®, a division of PaperClip Media, Inc. • May be reproduced only as licensed by *Parents still make the difference!*® and *Helping Students Learn*® newsletters • 1-800-756-5525