



# MARCH 2023

## Elementary

**Nutritional Development Services**  
 Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



6  
 Raspberry Churros  
 Apple Cherry Juice  
 Fresh Fruit  


7  
 Apple Baked Frudel  
 Apple Juice  
 Watermelon Craisins

8  
 Orange Cranberry Muffin  
 Fruit Punch Juice  
 Fresh Fruit

9  
  
 French Toast Sticks  
 Orange Juice  
 Mixed Berry Applesauce

10  
**Asynchronous Day**  
**No School for Students**

13  
 Cinnamon Toast Crunch  
 Cereal Bar  
 Grape Juice  
 Strawberry Craisins  


14  
 Turkey Sausage Breakfast Pizza  
 Dole Orange Gello Bowl  
 Fresh Fruit

15  
 Pillsbury Berry Blast Mini  
 French Toast  
 Apple Cherry Juice  
 Mixed Berry applesauce

16  
 Plain Bagel  
 Apple Juice  
 Dole Tropical Fruit Cup

17  
 Strawberry Mini Bagel  
 Orange Juice  
 Fresh Fruit

20  
 Apple Cinnamon Toast  
 Fruit Punch Juice  
 Fresh Fruit

21  
 Blueberry Muffin  
 Orange Juice  
 Dole Pineapple Cup

22  
 Cinnamon Raisin Bagel  
 Grape Juice  
 Fresh Fruit

23  
 Berry Blast Mini French Toast  
 Apple Juice  
 Strawberry Apple Crisps

24  
 Turkey Sausage, Egg & Cheese  
 Breakfast Wrap  
 Apple Cherry Juice  
 Craisins

27  
 Apple Churros  
 Strawberry Apple Crisps  
 Mixed Berry Applesauce  


28  
 Pillsbury Maple Mini Waffles  
 Dole Mixed Fruit Cup  
 Cherry Craisins

29  
 Trix Cereal Cup  
 Craisins  
 Dole Mandarin Orange Cup  


30  
 Strawberry Mini Bagel  
 Fruit Punch Juice  
 Fresh Fruit

31  
**Asynchronous Day**  
**No School for Students**

**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items are suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.