



**February 27th & 28th ONLY:**

Breakfast: \$1.50  
Reduced Price: \$0.30  
Lunch: \$2.90  
Reduced Price: \$0.40

**March 1st onward:**

**FREE!! For ALL students**

# MARCH

# STONINGTON MIDDLE MENU

## - DAILY BREAKFAST CHOICES -

### Monday

Hot Breakfast  
Sandwich  
Assorted Baked  
Goods  
Chef's Choice

### Tuesday

Hot Breakfast  
Sandwich  
Assorted Baked Goods  
Pancakes  
Chef's Choice

### Wednesday

Hot Breakfast  
Sandwich  
Assorted Baked  
Goods  
Chef's Choice

### Thursday

Hot Breakfast  
Sandwich  
Assorted Baked Goods  
Yogurt Parfait  
Chef's Choice

### Friday

Hot Breakfast  
Sandwich  
Assorted Baked  
Goods  
Chef's Choice

2/27

#### Mac 'n' Cheese

Sweet Potato Fries  
Green Beans  
Fruit of the Day/Juice

2/28

#### Chicken or Beef Tacos

Refried Beans  
Lettuce & Salsa  
Fruit of the Day/Juice

3/01



#### Pasta w/ Meat Sauce

Broccoli  
Fruit of the Day/Juice

3/02

#### Mini Corn Dogs

Fries or Wedges  
Roasted Chickpeas  
Fruit of the Day/Juice



3/03

#### Choice of Pizza

Assorted Veggie  
Dippers  
Hummus  
Fruit of the Day/Juice

3/06

#### Mozzarella Sticks

w/ marinara sauce  
Green Beans  
Fruit of the Day/Juice

3/07

#### Popcorn Chicken

w/ Dinner Roll  
Corn  
Mashed Potatoes  
Fruit of the Day/Juice

3/08

#### Pasta w/ Meatballs

Broccoli  
Fruit of the Day/Juice

3/09

#### Choice of Pizza

Assorted Veggie  
Dippers  
Hummus  
Fruit of the Day/Juice



3/13

#### Brunch for Lunch!

French Toast Sticks  
Egg OR Sausage  
Patty  
Hashbrown  
Fruit of the Day/Juice

3/14

#### Chicken or Beef Nachos

Black Beans  
Salsa & Lettuce  
Fruit of the Day/Juice

3/15

#### Chicken Alfredo Pasta

Broccoli  
Fruit of the Day/Juice

3/16

#### Hamburger or Cheeseburger

Fries/Wedges  
Fruit of the Day/Juice

3/17

#### Choice of Pizza

Assorted Veggie  
Dippers  
Hummus  
Fruit of the Day/Juice

3/20

#### Cheese Ravioli

w/ marinara sauce  
Green Beans  
Fruit of the Day/Juice

3/21

#### Cheese Quesadilla

Black Beans  
Salsa & Lettuce  
Fruit of the Day/Juice

3/22

#### Pasta w/ Meat Sauce

Broccoli  
Fruit of the Day/Juice

3/23

#### Regular or Spicy Chicken Sandwich

Fries/Wedges  
Fruit of the Day/Juice

3/24

#### Choice of Pizza

Assorted Veggie  
Dippers  
Hummus  
Fruit of the Day/Juice

3/27

#### Fish 'n' Chips

Fish Tenders &  
Oven Fries  
Tarter Sauce  
Fruit of the Day/Juice

3/28

#### Chicken or Beef "Walking" Taco

Refried Beans  
Lettuce & Salsa  
Fruit of the Day/Juice

3/29

#### Pasta w/ Meatballs

Broccoli  
Fruit of the Day/Juice



3/30

#### Hot Dog w/ Cheese/Chili

Sweet Potato Fries  
Fruit of the Day/Juice

3/31

#### Choice of Pizza

Assorted Veggie  
Dippers  
Hummus  
Fruit of the Day/Juice

# SPS FOOD SERVICES



# MIDDLE SCHOOL

## BREAKFAST MEALS

INCLUDE 2 OZ WHOLE GRAINS, ½ CUP FRUIT, ½ CUP 100% JUICE, AND 1 CUP LOW FAT MILK

## LUNCH MEALS

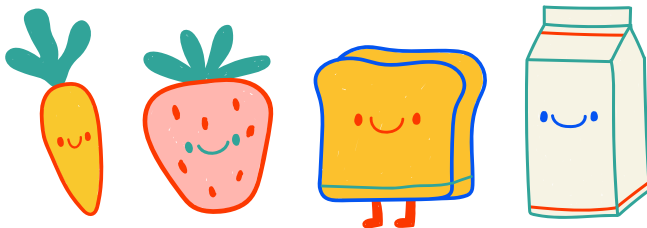
INCLUDE 2 OZ PROTEIN, 2 OZ WHOLE GRAINS, FRUIT, VEGETABLE, AND 1 CUP FAT-FREE FLAVORED OR 1% MILK

Daily  
Alternate  
Choices:

- Bone Builder Boxes
- Assorted deli sandwiches
- PBJ/Fluff Sandwich
- Entrée Salads

## DIETARY MODIFICATIONS

WE WORK WITH FAMILIES ON A VARIETY OF DIETARY MODIFICATIONS INCLUDING VEGETARIAN, GLUTEN FREE, DAIRY FREE AND MORE!



CONTACT [STEPHANIE.DEASON@STONINGTONSCHOOLS.ORG](mailto:STEPHANIE.DEASON@STONINGTONSCHOOLS.ORG) TO MAKE ARRANGEMENTS OR FOR ANY FOOD SERVICES RELATED NEEDS!

## FREE & REDUCED PRICE MEAL ELIGIBILITY

If you receive SNAP benefits or HUSKY you may already be directly certified through the state for free or reduced price meals. Check your primary school contact email for a notification letter by searching your mailbox for "School meals eligibility."

If you think you may qualify please submit a free/reduced price meal application which may be obtained on our website or at the school's office.

## ONLINE PORTAL:

<https://stonington.familyportal.cloud/>

Online payments, review purchases, and more!



[HTTPS://WWW.STONINGTONSCHOOLS.ORG/DEPARTMENTS/FOOD-SERVICES](https://www.stoningtonschools.org/departments/food-services)

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE  
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

