



Flik Independent School Dining is proud to be the dining service provider at Covenant Day School. We are the market leader in independent school dining, currently serving over 190 prestigious private and independent schools. Our successful partnership with independent school communities is based on our mantra *Nourishing a Brighter Future*.

As your provider, our business and responsibility is to provide a top quality, nutritious dining service. Our passion is represented in our menus and food preparation philosophy. We start with fresh, whole ingredients and prepare our menu items from scratch. School menus, which will feature local and sustainable items, are created on your campus, specifically designed for your dining facility and your community's needs.

Once the school year begins, menus can be found on your school's dining website:

WWW.MYSCHOODINING.COM/COVENANT



Meet Your Executive Chef! BRYAN PEPPLER

Bryan Pepler has been cooking professionally for over 28 years and is originally from Pittsburgh PA. Bryan received a culinary degree from Pennsylvania Institute of Culinary Arts and has lived in the south for over 26 years working in hotels, restaurants and corporate dining. His passion for food is creating bold fresh flavorful food with a healthy twist. Bryan resides in Waxhaw, NC with his wife Jennifer.

Nourishing a Brighter Future