



Calumet City

March
2023

Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Choice of Cereal Bar Cheese Stick Vegetable Selection Fruit or Juice Selection 1% Milk	2 Apple Frudel Vegetable Selection Fruit or Juice Selection 1% Milk	3 Blueberry Muffin Cheese Stick Vegetable Selection Fruit or Juice Selection 1% Milk
6 Strawberry Cream Cheese Filled Bagel Vegetable Selection Fruit or Juice Selection 1% Milk	7 Apple Jacks Vegetable Selection Fruit or Juice Selection 1% Milk	8 Oatmeal Snack Bar Vegetable Selection Fruit or Juice Selection 1% Milk	9 Choice of Cereal Fun with D&J Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	10 Banana Chocolate Loaf Cheese Stick Vegetable Selection Fruit or Juice Selection 1% Milk
13 Brekkie Vegetable Selection Fruit or Juice Selection 1% Milk	14 Cinnamon Crisps Cheese Stick Vegetable Selection Fruit or Juice Selection 1% Milk	15 Cinnamon Toast Crunch Cream Cheese Vegetable Selection Fruit or Juice Selection 1% Milk	16 Strawberry Pop Tart Cheese Stick Vegetable Selection Fruit or Juice Selection 1% Milk	17 Mini-Cinnis Vegetable Selection Fruit or Juice Selection 1% Milk
20 Strawberry Banana Yogurt Dippable Graham Snacks Vegetable Selection Fruit or Juice Selection 1% Milk	21 Froot Loops Vegetable Selection Fruit or Juice Selection 1% Milk	22 Choice of Cereal Bar Cheese Stick Vegetable Selection Fruit or Juice Selection 1% Milk	23 Apple Frudel Vegetable Selection Fruit or Juice Selection 1% Milk	24 Blueberry Muffin Cheese Stick Vegetable Selection Fruit or Juice Selection 1% Milk
27 Strawberry Cream Cheese Filled Bagel Vegetable Selection Fruit or Juice Selection 1% Milk	28 Cinnamon Roll Vegetable Selection Fruit or Juice Selection 1% Milk	29 Oatmeal Snack Bar Cheese Stick Vegetable Selection Fruit or Juice Selection 1% Milk	30 Choice of Cereal Fun with D&J Crackers Vegetable Selection Fruit or Juice Selection 1% Milk	31 Banana Chocolate Loaf Cheese Stick Vegetable Selection Fruit or Juice Selection 1% Milk

PRICES

EXTRA INFO

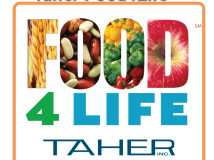
Assorted fruits offered daily
Milk (1% white and Skim Chocolate) available daily

HARVEST OF



THE MONTH

Your **MENUS** plus more information on our app
Taher Food4Life®



www.taher.com