



# March

2023

## Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		<b>1</b> *Cheese Quesadilla  *Green Beans *Fresh Broccoli *Celery Sticks *Fresh Whole Fruits *100% Grape Juice	<b>2</b> *Pizza Crunchers  *Golden Sweet Corn *Side Salad *Grape Tomatoes *Fresh Whole Fruits *100% Orange Juice	<b>3</b> <b>NO SCHOOL</b>	<p><b>Special News...</b></p>  <p><b>Did You Know?</b></p> <p>*Our Grains are whole-grain rich</p> <p>*We offer fresh fruits &amp; veggies every day!</p> <p>*100% Fruit Juice is offered for both Breakfast &amp; Lunch</p> <p>*Sunbutter &amp; Jelly, Cheese Sandwich Available Daily</p> <p>*1% White, &amp; Fat Free Chocolate Milk Always Available!</p> <p><b>Lunch Prices</b></p> <p><b>Paid:</b> \$3.20</p> <p><b>Reduced:</b> \$0.40</p> <p><b>Ala Carte Milk:</b> \$0.90</p> <p>Menus are subject to change without notice.</p>
<b>6</b> *Hot Dog on a Bun  *Winter Blend *Baby Carrots *Garbanzo Beans *Fresh Whole Fruits *100% Fruit Juice	<b>7</b> *Chicken Nachos  *Campfire Beans *Fresh Cucumber Slices *Side Salad *Fresh Whole Fruits *100% Apple Juice	<b>8</b> *Ham & Cheese Melt  *Green Beans *Fresh Broccoli *Celery Sticks *Fresh Whole Fruits *100% Grape Juice	<b>9</b> *Salisbury Steak & Gravy  *Mashed Potatoes *Side Salad *Grape Tomatoes *Fresh Whole Fruits *100% Orange Juice	<b>10</b> *Max Snaxx Pizza Sticks w Dipping Sauce  *Steamed Carrots *Fresh Red Pepper Strips *Zucchini Slices *Fresh Whole Fruits *100% Fruit Juice	
<b>13</b> *Corn Dog  *Veggie Baked Beans *Baby Carrots *Edamame *Fresh Whole Fruits *100% Fruit Juice	<b>14</b> *Chicken Drumstick  *Golden Sweet Corn *Fresh Cucumber Slices *Side Salad *Fresh Whole Fruits *100% Apple Juice	<b>15</b> *Mozzarella Sticks w/ Dipping Sauce  *Mixed Vegetables *Fresh Broccoli *Celery Sticks *Fresh Whole Fruits *100% Grape Juice	<b>16</b> *Chicken Tenders w/ Pretzel Rod  *Steamed Broccoli *Side Salad *Grape Tomatoes *Fresh Whole Fruits *100% Orange Juice	<b>17</b> *Fish Melt  *Steamed Carrots *Fresh Red Pepper Strips *Zucchini Slices *Fresh Whole Fruits *100% Fruit Juice	
<b>20</b> *Popcorn Chicken & Cheez-It Crackers  *Green Beans *Baby Carrots *Garbanzo Beans *Fresh Whole Fruits *100% Fruit Juice	<b>21</b> *Doritos Walking Taco  *Golden Sweet Corn *Fresh Cucumber Slices *Side Salad *Fresh Whole Fruits *100% Apple Juice	<b>22</b> *Rib Patty on a Bun  *Green Peas *Fresh Broccoli *Celery Sticks *Fresh Whole Fruits *100% Grape Juice	<b>23</b> *BBQ Chicken Melt  *Steamed Broccoli *Side Salad *Grape Tomatoes *Fresh Whole Fruits *100% Orange Juice	<b>24</b> *Chicken Quesadilla  *Veggie Baked Beans *Fresh Red Pepper Strips *Zucchini Slices *Fresh Whole Fruits *100% Fruit Juice	
<b>27</b> <b>NO SCHOOL</b>	<b>28</b> <b>NO SCHOOL</b>	<b>29</b> <b>NO SCHOOL</b>	<b>30</b> <b>NO SCHOOL</b>	<b>31</b> <b>NO SCHOOL</b>	

**DAILY**

- Burgers
- Chicken Patty Sandwiches
- Pizza by the Slice



This institution is an equal opportunity provider.