

March 2023

Mon	Tue	Wed	Thu	Fri
		<p>1 Potato Cauliflower</p> <p>Philly Cheese Steak Sandwiches Garden Salad and Spicy Zucchini</p> <p>Chocolate Cake</p>	<p>2 Mulligatawny</p> <p>Chicken Vindaloo Basmati Rice Lemon Curried Cauliflower</p> <p>Strawberry Oat Bars</p>	<p>3 Creamy Tomato</p> <p>Cajun Pasta Mixed Vegetables Garlic Bread</p> <p>Funfetti Sheet Cake</p>
<p>6 Ancho Carrot</p> <p>Quesadilla Spanish Rice Refried Beans</p> <p>Apple Sauce Cake</p>	<p>7 Chicken Noodle</p> <p>Turkey Havarti Sandwich Chips Brussel Sprouts Magic Bars</p>	<p>8 Split Pea and Ham</p> <p>Roasted Pork Loin Garlic Mashed Potatoes Sautéed Corn Carrot Cake</p>	<p>9 Gumbo</p> <p>BBQ Chicken Burger Apple Slaw and Green Beans Mixed Berry Bars</p>	<p>10 Tomato Basil</p> <p>Assorted Flatbread Pizza's With Greek Salad Chocolate Revel Bars</p>
<p>13 Coconut Vegetable</p> <p>Thai Basil Tofu and Vegetables Jasmine Rice</p> <p>Pineapple Coconut Bars</p>	<p>14 Potato Leek</p> <p>Cheeseburgers Garlic Fries Steamed Green Beans S'more's Brownies</p>	<p>15 Chicken Wild Rice</p> <p>Herb Roasted Chicken Wild Rice Pilaf Glazed Carrots Lemon Bars</p>	<p>16 Clam Chowder</p> <p>Bronzed Salmon Caesar Salad</p> <p>Strawberry Cake</p>	<p>17 St. Patrick's Day Menu</p> <p>Corned Beef and Cabbage Steamed Potatoes Birthday Cupcakes</p>
<p>20 Butternut Squash</p> <p>Spaghetti and Marinara Garlic Bread</p> <p>Lemon Sheet Cake</p>	<p>21 Chicken Tortilla</p> <p>Chicken Tinga Burrito Bowl Flan</p>	<p>22 Corn Chowder</p> <p>Breakfast for Lunch Eggs, Waffles, Sausage, Breakfast Potatoes Cinnamon Rolls</p>	<p>23 Black Bean Chorizo</p> <p>Midnight Cuban Sandwich Chips and Carrots</p> <p>Strawberry Poke Cake</p>	<p>24 Ajiaco</p> <p>Chimichurri Chicken Roasted Potatoes Vegetables</p> <p>Cheesecake Cookie Bars</p>
<p>27 White Bean Rosemary</p> <p>Basil Pesto Penne Pasta with Roasted with Broccoli and Roasted Peppers Cookies</p>	<p>28 Red Lentil Soup</p> <p>Beef Gyro Roasted Garlic Potatoes Steamed Vegetables Baklava</p>	<p>29 Minestrone</p> <p>Chipotle Macaroni and Cheese with Chicken Garden Salad and Fruit Caramel Apple Bars</p>	<p>30 Chicken and Kale</p> <p>Birria Taco Bowl Ancho Zucchini Cilantro Rice Tres Leche</p>	<p>31 Mulligatawny</p> <p>Blackened Chicken Po-Boy Spicy Corn and Roasted Carrots Brown Sugar Banana Bars</p>

March 2023 Vegan

Mon	Tue	Wed	Thu	Fri
		1 Soy Steak Sandwiches Garden Salad and Spicy Zucchini	2 Yam Vindaloo Basmati Rice Lemon Curried Cauliflower	3 Cajun Pasta Mixed Vegetables Garlic Bread
6 Quesadilla with Vegan Cheese Spanish Rice Refried Beans	7 Roasted Vegetable Panini Chips Brussel Sprouts	8 Quinoa Yam Meatloaf Garlic Mashed Potatoes Sautéed Corn	9 BBQ Soy Strip Burger Apple Slaw and Green Beans	10 Assorted Flatbread Pizza's With Greek Salad
13 Thai Basil Tofu and Vegetables Jasmine Rice	14 Impossible Burger Garlic Fries Steamed Green Beans	15 Grilled Portobello Mushroom Wild Rice Pilaf Glazed Carrots	16 Greek Salad With Roasted Garbanzo Beans	17 St. Patrick's Day Menu Vegan Irish Stew
20 Spaghetti and Marinara Garlic Bread	21 Black Bean Burrito Bowl	22 Breakfast for Lunch Waffles, Vegan Sau- sage, Breakfast Potatoes	23 Eggplant Cuban Sandwich Chips and Carrots	24 Chimichurri Tempeh Roasted Potatoes Vegetables
27 Basil Pesto Penne Pasta with Roasted with Broccoli and Roasted Peppers	28 Falafels Roasted Garlic Potatoes Steamed Vegetables	29 Chipotle Macaroni and Cheese Garden Salad and Fruit	30 Vegan Crumble Bowl Ancho Zucchini Cilantro Rice	31 Blackened Tofu Po-Boy Spicy Corn and Roasted Carrots