

Ferris ISD

Ingram Elementary Breakfast

MAY 2023

Apr 13, 2023

Monday	Tuesday	Wednesday	Thursday	Friday
May - 1 Pigs'n Flapjackets~~~ Oranges *** Milk 1% white *** + for Kindergarten Syrup!!! Milk Chocolate ff*** 100% Apple Juice ~~~	May - 2 Eggo Maple Mini Pancakes *** Fresh Sliced Apples *** Milk 1% white *** + for Kindergarten 100% Grape Juice ~~~ Milk Chocolate ff***	May - 3 Cinnamon French Toa pork sausage patty-co Pear In Light Syrup *** Milk 1% white *** + for Kindergarten Milk Chocolate ff*** 100% Orange Juice ~-	May - 4 Breakfast Burrito~~~ Applesauce *** Milk 1% white *** + for Kindergarten Milk Chocolate ff*** 100% Orange Juice ~-	May - 5 Chicken Sandwich *** Mixed Berry cup Milk 1% white *** + for Kindergarten Milk Chocolate ff*** 100% Orange Juice ~-
May - 8 French Toast Sticks Syrup!!! Craisins *** Milk 1% white *** + for Kindergarten 100% Grape Juice ~~~ Milk Chocolate ff***	May - 9 Pig in a Blanket *** Pear In Light Syrup *** Milk 1% white *** + for Kindergarten Milk Chocolate ff*** 100% Grape Juice ~~~	May - 10 Cinnamon Roll Peaches *** Milk 1% white *** + for Kindergarten Milk Chocolate ff*** 100% Orange Juice ~-	May - 11 Eggo Mini Confetti Pan BANANAS-*** Milk 1% white *** + for Kindergarten Syrup!!! Milk Chocolate ff*** 100% Apple Juice ~~~	May - 12 Breakfast Pizza ~~~ Peaches *** Milk 1% white *** + for Kindergarten Milk Chocolate ff*** 100% Orange Juice ~-
May - 15 Pigs'n Flapjackets~~~ Fruit Cocktail~~~ Milk 1% white *** + for Kindergarten Syrup!!! Milk Chocolate ff*** 100% Apple Juice ~~~	May - 16 Eggo Maple Mini Pancakes *** Peaches *** Milk 1% white *** + for Kindergarten 100% Grape Juice ~~~ Milk Chocolate ff***	May - 17 Cinnamon French Toa pork sausage patty-co Apples Milk 1% white *** + for Kindergarten Milk Chocolate ff*** 100% Orange Juice ~-	May - 18 Breakfast Pizza ~~~ Oranges *** Milk 1% white *** + for Kindergarten Milk Chocolate ff*** 100% Orange Juice ~-	May - 19 Chicken Sandwich *** Applesauce-*** Milk 1% white *** + for Kindergarten Milk Chocolate ff*** 100% Orange Juice ~-
May - 22 French Toast Sticks Syrup!!! Mixed Berry cup Milk 1% white *** + for Kindergarten 100% Grape Juice ~~~ Milk Chocolate ff***	May - 23 Pig in a Blanket *** Strawberry cup*** Milk 1% white *** + for Kindergarten Milk Chocolate ff*** 100% Grape Juice ~~~	May - 24 Cinnamon Roll Peaches *** Milk 1% white *** + for Kindergarten Milk Chocolate ff*** 100% Orange Juice ~-	May - 25 Eggo Mini Confetti Pan Pear In Light Syrup *** Milk 1% white *** + for Kindergarten Syrup!!! Milk Chocolate ff*** 100% Apple Juice ~~~	May - 26 Breakfast Pizza ~~~ Oranges *** Milk 1% white *** + for Kindergarten Milk Chocolate ff*** 100% Orange Juice ~-
May - 29 MEMORIAL DAY NO SCHOOL TODAY	May - 30 Summer School Starts	May - 31		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.