



Wednesday, March 1

Lunch
Hot Dog
Baked Beans
Tator Tots
Fruit

Thursday, March 2

Lunch
Popcorn Chicken
w/Rice
Spring Roll
Veggie Blend
Fruit
Fortune Cookie

Dr. Seuss Day

Friday, March 3

Lunch
Pizza Stix
w/ Marinara
Garden Salad
Corn
Fruit
Honey Graham

Daily Options:
PBJ Sandwich,
String Cheese
Daily Fruit/Veggie Choices
or
Protein Power Pack
with Yogurt,
String Cheese,
Grain, & Daily
Fruit/Veggie Choices
or
Chef Salad w/Protein, Grain
& Daily Fruit/Veggie Choices

All meals include milk choice:
Fat Free Flavored,
Skim, and 1% milk

Market conditions, delivery, and availability of food
may require changes in menu.

This institution is an equal opportunity provider.

Monday, March 6

Lunch
Grilled Cheese
Sandwich
Tomato Soup
Veggie Dippers
Fruit

Tuesday, March 7

Lunch
Walking Taco
w/ Salsa & Cheese
Veggie Dipper
Corn & Black
Beans
Fruit

Wednesday, March 8

Lunch
Spaghetti
w/Meat Sauce
Garden Salad
Garlic Bread
Broccoli
Fruit

Thursday, March 9

Lunch
Brunch for Lunch
Chicken N Waffles
Hashbrown
Veggie Dipper
Fruit

Friday, March 10

Lunch
Cheeseburger
Lettuce/Pickles
Baked Beans
Potato Wedges
Fruit

BARNYARD MANNERS



When a rooster finds something good to eat in the course of making his rounds, he will often call his flock over to eat first before he eats. He even has a special call to let the hens know that he has found

something tasty. So the next time someone accuses you of having barnyard manners, tell them thanks!

ANIMAL APPETITES



What's on
YOUR
plate?

Get a watch with a second hand, and then time yourself to see how long it takes you to find the **FOUR-LEAF CLOVER** in the puzzle!



People can eat clover (it's actually a good source of protein), but it's hard for us to digest. So how does clover figure into our diets? Well, some of the meat we eat comes from animals that eat a lot of clover, and clover is also a favorite source of nectar that bees turn into honey. Just because we don't eat something, that doesn't mean it's not important for us!

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

Monday, March 13

Lunch

Chili
w/Cheese, Crackers
Tator Tots
Veggie Dippers
Fruit

Tuesday, March 14

Lunch

Cowboy Nachos
Salsa & Cheese
Black Bean Salad
Corn
Fruit

Wednesday, March 15

Lunch

Mini Calzones
w/ Marinara
Garden Salad
Corn
Fruit

Thursday, March 16

Lunch

Chicken Sandwich
Lettuce, Tomato,
Pickles
Veggie Dippers
French Fries
Fruit

Friday, March 17

No School
Teacher Work Day

Monday, March 20

Lunch

Mini Corn Dogs
Baked Beans
French Fries
Veggie Dippers
Fruit

Tuesday, March 21

Lunch

Chicken Fajita
Wrap
w/ Salsa & Cheese
Veggie Dipper
Refried Beans
Fruit

Wednesday, March 22

Lunch

Sub Your Way
Ham & Cheese
w/fixings
Veggie Dippers
Baked Chips
Fruit

Thursday, March 23

Lunch

Chicken
Drumstick
Dinner Roll
Mashed Potatoes
Broccoli
Fruit

Friday, March 24

Lunch

Pizza
Garden Salad
Corn
Frozen Fruit Cup

Monday, March 27

Lunch

BBQ Meatballs
Texas Toast
Veggie Dippers
Baked Beans
Tator Tots
Fruit

Tuesday, March 28

Lunch

Chicken Burrito
Salsa & Cheese
Corn
Refried Beans
Fruit

Wednesday, March 29

Lunch

Fish Sticks
Black Eyed Peas
Coleslaw
Mac N Cheese
Fruit

Thursday, March 30

Lunch

Chicken
Tenders
Biscuit & Gravy
Roasted Potatoes
Green Beans
Fruit

Friday, March 31

Lunch

Pizza Stix
w/ Marinara
Garden Salad
Corn
Fruit
Honey Graham