

- 2023 -  
**MARCH**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**Trigg County  
High School  
Lunch Menu**

**6**  
Hamburger or Cheeseburger  
Or Stromboli  
Or Chef Salad  
Baked Beans, French Fries  
Lettuce & tomato cup  
Peaches, Apple, Orange  
Wedges, Milk

**7**  
Pizza or Chef Salad  
Or Turkey Wrap Box  
Corn  
Garden Salad  
Roll  
Banana, Apple, Milk

**8**  
Chicken Sandwich or  
Ham Sub Box  
Tater Tots, Green Beans  
Lettuce & Tomato  
Applesauce, Apple,  
Orange Wedges, Milk

**9**  
**Mini Break  
SCHOOL  
CLOSED**

**10**  
**Mini Break  
SCHOOL  
CLOSED**

**13**  
Beefy Rotini & Garlic Knot  
Or Hamburger/Cheeseburger  
Or Chef Salad  
Italian Blend Veggies  
Garden Salad  
Strawberries, Orange Wedges,  
Milk

**14**  
Pizza or Chef Salad  
Or Ham Wrap Box  
Corn  
Garden Salad  
Roll  
Banana, Apple, Milk

**15**  
Chicken & Waffle or  
Turkey Sub Box or Chef Salad  
Glazed Baby Carrots  
Green Beans, Veggie Cup, Roll  
Applesauce, Apple,  
Orange Wedges, Milk

**16**  
Hot Dog or  
Mac & Cheese Bar  
Or Chef Salad  
French Fries, Baked Beans  
Garden Salad, Roll  
Pineapple, Apple, Milk

**17**  
Popcorn Chicken  
Or Pizza  
Scalloped Potatoes  
Steamed Broccoli  
Veggie Cup, Roll  
Apple, Orange, Sidekick, Milk

**20**  
Chicken Tenders  
Or Pizza Stuffed Sand  
Or Chef Salad  
Tater Wedges, Steamed Broccoli  
Veggie Cup, Roll  
Apple, Orange, Sidekick, Milk

**21**  
Pizza or Chef Salad  
Or Turkey Wrap Box  
Corn  
Garden Salad  
Roll  
Banana, Apple, Milk

**22**  
Fried Chicken or  
Ham Sub Box  
Or Chef Salad  
Mashed Potatoes, Green Beans  
Veggie cup, Roll  
Applesauce, Orange Wedges  
Milk

**23**  
Burrito or Cheesy Bread  
or Chef Salad  
Or Baked Potato Bar  
Refried Beans, Spanish Rice  
Veggie Cup  
Pineapple, Apple  
Milk

**24**  
Fish & Hush Puppies  
Or Pizza  
Or Chef Salad  
Tater Tots, Cole Slaw  
Garden Salad  
Sidekick, Apple  
Milk

**27**  
Mandarin Orange Chicken  
Or General Tso's Chicken  
Or Bosco Sticks  
Or Chef Salad  
Fried Rice, Stir-fry Veggies  
Garden Salad, Roll Mandarin  
Oranges Apple, Milk

**28**  
Pizza or Chef Salad  
Or Ham Wrap Box  
Corn  
Garden Salad  
Roll  
Banana, Apple, Milk

**29**  
Wing Dings or Hot Wings  
Hamburger or Cheeseburger  
Or Chef Salad  
Potato Emojis, Green Beans  
Veggie Cup, Roll  
Applesauce, Apple, Orange  
Wedges, Milk

**30**  
Corn Dog or  
Fajita Mack & Cheese  
Or Chef Salad  
Curly Fries, Green Peas  
Garden Salad, Roll  
Pineapple, Apple, Milk

**31**  
Walking Taco  
Or Pizza  
Or Chef Salad  
Shredded Lettuce & Diced  
Tomatoes, Refried Beans  
Apple, Sidekick, Milk

Due to supply chain issues,  
menus are subject to change  
without notice.

This institution is an equal  
opportunity provider