

PRE MADE SALAD SCHEDULE		Amount
	CHEF SALAD	10
Week 1	Lettuce Tomato 1 Egg Quartered Ham Turkey Cheese	
	SOUTHWEST CHICKEN SALAD	10
Week 2	Lettuce Corn Black Beans Shredded Cheddar Cheese Popcorn Chicken	
	GRILLED CHICKEN SALAD	10
Week 3	Lettuce Shredded Cheddar Cheese Grilled Chicken Quartered Egg Tomato	
	WILDFIRE BBQ CHICKEN SALAD	10
Week 4	Lettuce Shredded Cheddar Cheese Wildfire BBQ Popcorn Chicken Quartered Egg Tomato	
	POPCORN CHICKEN CAESER SALAD	10
Week 5	Romaine Lettuce Parmesan Cheese Popcorn Chicken Croutons	

Each salad comes with milk and fruit. Fruit is optional