

Jr Sr High Lunch

TUESDAY WEDNESDAY THURSDAY FRIDAY No School No School No School No School **Spring Break Spring Break** Spring Break **Spring Break** 8 11 10 old Cut Combo on Flatbread w/ Country Fried Steak w/ Chicken Alfredo Nachos w/ Beef or Chicken & Cheese Lettuce, Tomatoes, Onions, Pickles Tenderloin on Bun Twisted Bread Stick Mashed Potatoes & Gravy Salsa Potato Casserole Steamed Broccoli **Baked Chips** Peas Ranchero Beans **Green Beans** Veggie Cup w/ Dip Dinner Roll & Marg Capri Vegetable Blend Assorted Fruit (2) Ice Cold Milk 18 15 16 17 2 Soft Tacos w/ Fried Chicken BBQ Pulled Pork on Bun Cheese Quesadilla Chili Cheese Hot Dog on Bun Taco Beef or Fajita Chicken Macaroni & Cheese Cornbread Salsa Cup, Sour Cream Lettuce, Cheese, Onions, Sour Cream **Tater Tots Garlic Mashed Potatoes** Steamed Broccoli **Cooked Carrots** Fiesta Beans Corn **Green Beans** Assorted Fruit (2) **Key West Vegetables** Assorted Fruit (2) Assorted Fruit (2) Assorted Fruit (2) Assorted Fruit (2) Churro Ice Cold Milk 23 24 22 25 Bosco Cheese Bread Sticks **Chicken Nuggets** Taco Salad w/ Pepperoni Pizza Fish & Cheese Sandwich w/ Marinara Sauce **Baked Beans** Walking Doritos, Taco Meat, **Green Beans** Potato Cheese Bake Steamed Cauliflower **Glazed Carrots** Lettuce, Cheese, Onions, Salsa Sicilian Vegetables Corn Romaine Salad w/ Dressing **Muffin** Refried Beans Assorted Fruit (2)

Chicken Patty on Bun **Baked Beans** Steamed Broccoli Assorted Fruit (2) Ice Cold Milk

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Ice Cold Milk

Biscuit & Sausage Gravy Cheese Omelet Hash Brown Rounds Vegetable Juice Assorted Fruit (2) Ice Cold Milk

Assorted Fruit (2)

Ice Cold Milk

Salisbury Steak w/ Gravy Mashed Potatoes **Cooked Carrots** Assorted Fruit (2) Cinnamon Roll Ice Cold Milk

Assorted Fruit (2)

Ice Cold Milk

**Lunch Served** 

Northfield High 11:15 am-12:35 pm Southwood High 11:15 am-12:35 pm Lunch Prices Reduced \$.40 Paid \$2.60 2<sup>nd</sup> Lunch Tray \$2.95

Students may substitute the main entrée for a PB & Jelly Sandwich Kit. Just ask the cashier if you have any questions.

Grades 6-8 due to Calories or Sodium levels

Assorted Fruit (2)

Ice Cold Milk

Grades 9-12 due to Calories or Sodium levels

**Pudding Cup** 

Ice Cold Milk