

Type School Name Here



**MARCH 2023**

**MCFI**

**K-12 Hot Breakfast**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b><u>MILK FOR SCHOOL:</u></b>  <b>SKIM WHITE</b>  <b>LOW FAT WHITE</b>  <b>SKIM CHOCOLATE</b>  <b>MENU SUBJECT TO CHANGE</b></p>	<p><b><u>Hot Breakfast of the Week</u></b>                      WG Egg and Cheese Burritos</p>	<p>1                      WG Cinnamon Filled Minibagel                      Raisins                      Seasonal Breakfast Fruit                      Choice of Milk</p>	<p>2                      WG Multigrain Cheerios                      WG Apple Cinnamon Muffin                      Applesauce Cup                      100% Fruit Juice                      Choice of Milk</p>	<p>3                      WG Raisin Bran Cereal Bowl                      WG Savory Bites1                      00% Fruit Juice                      Seasonal Breakfast Fruit                      Choice of Milk</p>
<p>6                      WG Goldfish Pretzels                      Strawberry Banana Yogurt                      100% Fruit Juice                      Seasonal Breakfast Fruit                      Choice of Milk</p>	<p>7                      WG Crunchmania - Cinnamon Bun                      100% Fruit Juice                      Seasonal Breakfast Fruit                      Choice of Milk   <b><u>Hot Breakfast of the Week</u></b>                      Maple Chicken Sausage Pancak</p>	<p>8                      WG Honey Cheerios Cereal Bowl                      Hard Boiled Egg or                      String Cheese                      100% Fruit Juice                      Seasonal Breakfast Fruit                      Choice of Milk</p>	<p>9                      Apple Cinnamon Spread                      WG Honey Grahams                      100% Fruit Juice                      Seasonal Breakfast Fruit                      Choice of Milk</p>	<p>10                      WG Blueberry Bread Slice                      100% Fruit Juice                      Seasonal Breakfast Fruit                      Choice of Milk</p>
<p>13                      WG Cherry Apple Dunker Bar                      100% Fruit Juice                      Seasonal Breakfast Fruit                      Choice of Milk</p>	<p>14                      Creamy Chickpea Spread                      WG Animal Cracker                      100% Fruit Juice                      Seasonal Breakfast Fruit                      Choice of Milk   <b><u>Hot Breakfast of the Week</u></b>                      WG Cinnamon Glazed Pancakes</p>	<p>15                      WG Cinnamon filled Mini Bagel                      100% Fruit Juice                      Seasonal Breakfast Fruit                      Choice of Milk</p>	<p>16                      Honey Roasted Sunflower Seeds                      WG Corn Chex Cereal Bowl                      100% Fruit Juice                      Seasonal Breakfast Fruit                      Choice of Milk</p>	<p>17                      Vanilla Yogurt Cup                      WG Vanilla Bear Crackers                      100% Fruit Juice                      Seasonal Breakfast Fruit                      Choice of Milk</p>
<p>20                      WG Cinnamon Bread Slice                      100% Fruit Juice                      Seasonal Breakfast Fruit                      Choice of Milk</p>	<p>21                      String Cheese                      WG Golden Grahams Cereal Bowl                      100% Fruit Juice                      Mixed Dried Fruit                      Choice of Milk   <b><u>Hot Breakfast of the Week</u></b>                      Chicken Sausage Waffle</p>	<p>22                      WG Cheerios Cereal Bowl                      WG Maple Waffle Crackers                      100% Fruit Juice                      Seasonal Breakfast Fruit                      Choice of Milk</p>	<p>23                      Banana Choc Chip Granola Round                      100% Fruit Juice                      Seasonal Breakfast Fruit                      Choice of Milk</p>	<p>24                      Spicy Sunflower Seeds                      WG Multigrain Frosted Flakes                      Cereal Bowl                      100% Fruit Juice                      Seasonal Breakfast Fruit                      Choice of Milk</p>
<p>27                      WG Banana Bread Slice                      100% Fruit Juice                      Seasonal Breakfast Fruit                      Choice of Milk</p>	<p>28                      WG Vanilla Bear Crackers                      100% Fruit Juice                      Seasonal Breakfast Fruit                      Choice of Milk   <b><u>Hot Breakfast of the Week</u></b>                      WG Blueberry Glazed Pancake</p>	<p>29                      WG Triple Berry Dunker Bar                      100% Fruit Juice                      Seasonal Breakfast Fruit                      Choice of Milk</p>	<p>30                      WG Multigrain Cheerios Bowl                      Honey Roasted Sunflower Seeds                      100% Fruit Juice                      Seasonal Breakfast Fruit                      Choice of Milk</p>	<p>31                      WG Crunchmania - Cinnamon Bun                      100% Fruit Juice                      Seasonal Breakfast Fruit                      Choice of Milk</p>

2/13/2023