



HIGHLANDER CAFÉ  
TK8 Breakfast Menu







# March 2023



MENU SUBJECT TO CHANGE WITHOUT NOTICE

School Meals Prices : Breakfast \$3.00 / .30 c Lunch \$4.25 / .40c

WE OFFER VS. SERVE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1-Mar Chicken and Waffle Bites Sweet Potato Waffle Fries or Cinnamon Toast Crunch Cereal Milk - Juice - Fruit</p>	<p>2-Mar Chocolate Crescent Roll or Lucky Charms Cereal  Milk - Juice - Fruit</p>	<p>3-Mar Fresh Baked Cinnamon Rolls or Trix Cereal  Milk - Juice - Fruit</p>
<p>6-Mar Whole Grain Strawberry Pop Tarts or Cocoa Puffs Cereal  Milk - Juice - Fruit</p>	<p>7-Mar Chocolate Muffin or English Muffin Breakfast Sadnwich with Hash Browns Milk - Juice - Fruit</p>	<p>8-Mar Pizza Bagel Tater Tots or Coffee Cake  Milk - Juice - Fruit</p>	<p>9-Mar Fresh Baked Cinnamon Rolls or Trix Cereal  Milk - Juice - Fruit</p>	<p>10-Mar Croissant Breakfast Sandwich with Hash Browns or Lucky Charms Cereal Milk - Juice - Fruit</p>
<p>13-Mar French Toast Sweet Potato Waffle Fries or Coffee Cake  Milk - Juice - Fruit</p>	<p>14-Mar Blueberry Muffin or Strawberry Mini Bagel  Milk - Juice - Fruit</p>	<p>15-Mar Chicken and Waffle Bites Sweet Potato Waffle Fries or Cinnamon Toast Crunch Cereal Milk - Juice - Fruit</p>	<p>16-Mar Chocolate Crescent Roll or Lucky Charms Cereal  Milk - Juice - Fruit</p>	<p>17-Mar <i>Minimum Day</i> </p>
<p>20-Mar  Whole Grain Strawberry Pop Tarts or Cocoa Puffs Cereal  Milk - Juice - Fruit</p>	<p>21-Mar Chocolate Muffin or English Muffin Breakfast Sadnwich  Milk - Juice - Fruit</p>	<p>22-Mar Pizza Bagel Tater Tots or Coffee Cake  Milk - Juice - Fruit</p>	<p>23-Mar Fresh Baked Cinnamon Rolls or Trix Cereal  Milk - Juice - Fruit</p>	<p>24-Mar Croissant Breakfast Sandwich with Hash Browns or Lucky Charms Cereal Milk - Juice - Fruit</p>
<p>27-Mar French Toast Sweet Potato Waffle Fries or Coffee Cake  Milk - Juice - Fruit</p>	<p>28-Mar Blueberry Muffin or Strawberry Mini Bagel  Milk - Juice - Fruit</p>	<p>29-Mar Chocolate Crescent Roll or Lucky Charms Cereal  Milk - Juice - Fruit</p>	<p>30-Mar Fresh Baked Cinnamon Rolls or Trix Cereal  Milk - Juice - Fruit</p>	<p>31-Mar <b>UNASSIGNED DAY</b></p>

ALL MEALS ARE SOLD AS COMBOS WITH YOUR CHOICE OF WHOLE FRESH FRUITS, HEALTHY SIDE DISH OR SIDE SALAD AND YOUR CHOICE OF MILKS, FAT FREE, LOW FAT, FAT FREE CHOCOLATE AND 100%FRUIT JUICE. DRINKING WATER IS AVAILABLE IN ASSIGNED AREAS