

March 2023



This institution is an equal opportunity provider.
MENU IS SUBJECT TO CHANGE.

BREAKFAST IN THE CLASSROOM



Monday

Did you know?

March babies are spoiled with two birthstones: aquamarine, and bloodstone which symbolize courage.

French Toast Sticks
OR Mini Bagel

POPCORN CHICKEN & WAFFLES

OR MUFFIN BASKET
OR PIZZA LUNCHABLE

Broccoli, Peaches, Syrup
Snickerdoodle, Milk

Mini Waffles
OR Crunch Bar

HOT DOG

OR MUFFIN BASKET
OR PIZZA LUNCHABLE

Potato Wedge, Peaches,
Ketchup, Mustard, Milk

Mini Pancakes
OR Crunch Bar

CHEESE STUFFED STICKS

OR MUFFIN BASKET
OR PIZZA LUNCHABLE

Marinara Sauce Cup,
Mixed Fruit, Milk

**SPRING
BREAK**

Tuesday

Breakfast Burrito
OR Mini Pancakes

CHILI W/ CHIPS & CHEESE

OR MUFFIN BASKET
OR TURKEY HAM SANDWICH

Lettuce, Pickle, Tomato
Corn, Peas, Milk

French Toast Sticks
OR Crumb Cake

PIZZA

OR MUFFIN BASKET
OR TURKEY HAM SANDWICH

Lettuce, Tomato, Pickle
Green Beans, Strawberry
Slice, Milk

French Toast Sticks
OR Mini Bagel

FISH NUGGETS W/ ROLL

OR MUFFIN BASKET
OR TURKEY HAM SANDWICH

Lettuce, Pickle, Tomato
Tartar Sauce, Corn,
Peaches, Milk

**SPRING
BREAK**

Wednesday

Breakfast Burrito
OR Banana Bread

PIZZA

OR MUFFIN BASKET
OR LUNCHABLE TURKEY &
CHEESE

Corn, Applesauce Cup,
Milk

Breakfast Pizza
OR Crumb Cake

CHICKEN NUGGETS & CORN MUFFIN

OR MUFFIN BASKET
OR TURKEY & CHEESE
LUNCHABLE

Ketchup, BBQ Sauce,
Strawberries Slices, Milk

Breakfast Pizza
OR Mini Bagel

CHEESE ENCHILADAS

OR CORN MUFFIN BASKET
OR LUNCHABLE TURKEY &
CHEESE

Salsa, Applesauce Cup,
Milk

Breakfast Burrito
OR Banana Bread

CHICKEN NUGGETS & CORN MUFFIN

OR MUFFIN BASKET
OR TURKEY & CHEESE LUNCHABLE

Broccoli, Applesauce,
Strawberries Slices, Ketchup,
BBQ Sauce, Milk

**SPRING
BREAK**

Thursday

Mini Waffles
OR Muffin Assortment

CHEESE BURGER OR HAMBURGER

OR EZ JAMMER

Lettuce, Pickle, Tomato,
Chips, Ketchup, Mustard,
Mayo, Strawberry Cup, Milk

Mini Waffles
OR Banana Bread

TERIYAKI CHICKEN W/ RICE

OR NACHO CHEESE & CHIPS
OR TURKEY HAM SANDWICH

Lettuce, Tomato, Pickle
Green Beans/Carrots,
Mixed Fruit, Milk

Breakfast Burrito
OR Mini Pancakes

COUNTRY FRIED STEAK

OR NACHO CHEESE & CHIPS
OR TURKEY HAM SANDWICH

Lettuce, Tomato, Pickle
Roll, Potatoes, Gravy,
Broccoli, Pears, Cookie, Milk

Mini Waffles
OR Muffin Assortment

ORANGE CHICKEN W/ RICE

OR NACHO CHEESE & CHIPS
OR TURKEY HAM SANDWICH

Lettuce, Tomato, Pickle
Green Beans/Carrots,
Pears, Orange Slices, Milk

**SPRING
BREAK**

Friday

NO SCHOOL TODAY

Muffin Assortment
OR Pop Tart
w/Cheese Stick

RIB B Q SANDWICH

OR EZ JAMMER

Chips, Ketchup, Mustard,
Mayo, Mixed Berry Cup,
Milk

Muffin Assortment
OR Pop Tart
w/Cheese Stick

SPICY/REG CHICKEN SANDWICH

OR EZ JAMMER

Lettuce, Pickle, Tomato, Chips,
Strawberry Cup, Ketchup, Mayo,
Mustard, Milk

Breakfast Pizza
OR Crumb Cake

CORN DOG

OR EZ JAMMER

Chips, Ketchup, Mustard,
Mayo, Mixed Berry Cup,
Milk

**SPRING
BREAK**

2022-2023 MEAL PRICES

PAID ELEMENTARY MEALS

Breakfast	Free
Lunch	\$2.00

ADULT MEALS & 2nd STUDENT MEALS

Breakfast	\$2.75
Lunch	\$3.75

This school participates in the **BREAKFAST IN THE CLASSROOM PROGRAM**. All students are eligible for **FREE** breakfast daily and will eat in their classrooms with their classmates at the beginning of the school day.

During **LUNCH**, students must choose at least 3 of the following 5 components: **Low-fat milk, whole grains, fruits, vegetables, and protein**. When choosing ingredients and entrees to serve for our program we look for foods that are **lean, low-fat, low-sodium, low-sugar, and whole grain rich**. Students are able to choose whichever healthy foods they like best. All students must take a fruit or vegetable with every meal.

Salad bar is offered daily. Items may vary from site to site. See interactive menus on district website for additional nutritional information.

<https://www.slcschools.org/departments/child-nutrition/menus-common-concerns>

1/2 CUP OF FRUIT OR VEGETABLE MUST BE TAKEN WITH EACH MEAL.

