

Activity: Who are your Webs of Support?



Identify 3 people that provide you EMOTIONAL support:

1. _____
2. _____
3. _____

Identify 3 people that provide you INFORMATIONAL support:

1. _____
2. _____
3. _____



Identify 3 people that provide you PRACTICAL support:

1. _____
2. _____
3. _____

