



**NORTH COASTAL CONSORTIUM  
FOR SPECIAL EDUCATION**

November 9, 2022

Minutes

6:00pm -8:00pm

**The meeting was held in person at the North Coastal Consortium for Special Education.**

- I. **Welcome and Introductions** –Katrina Bell, CAC Chairperson
- II. **Public comment information**– Katrina Bell, CAC chairperson. Individual speakers are limited to (3) minutes for their presentation. The total time allotted for the public comment shall not exceed 15 minutes per meeting. Comments must be submitted in written form as well. If assistance is needed, please see an executive committee member.
- III. **Approval of minutes**-Katrina Bell, The minutes were approved from the last public meeting from October 12, 2022
- IV. NCCSE Director Updates and Priority Meeting Results-Rebecca Nobriga, NCCSE Executive Director, shared the results of the NCCSE Priorities (below). CAC participants engaged in a gallery walk of district priorities, where they heard from individual district representatives about the goals they selected for the 2022-2023 school year.



NORTH COASTAL CONSORTIUM  
FOR SPECIAL EDUCATION

NORTH COASTAL CONSORTIUM FOR SPECIAL EDUCATION  
COMMUNITY ADVISORY COMMITTEE  
DISTRICT PRIORITIES  
2022-2023

**PRIORITY 1. ACADEMIC AND SOCIAL INCLUSION**

- 1.1. Access to academic inclusion
- 1.2. Access to social inclusion
- 1.3. Ability awareness activities
- 1.4. School-wide and personal safety
- 1.5. Inclusive education training for general and special educators (including paraprofessionals), families and students

**PRIORITY 2. SOCIAL/EMOTIONAL WELLNESS - PSYCHOLOGICAL SUPPORT**

Provide support for our students and families utilizing the current mental health resources available and additional funding provided through COVID recovery to assist in what is being referred to as a "crisis in mental health" for children and adolescents.

**\*Note: New Priority. The CAC made these recommendations based on feedback from members about presentations and workshops that were provided through NCCSE. Next year, we will have district information on successful programs and progress to share.**

**PRIORITY 3. SELF DETERMINATION AND SELF-ADVOCACY**

- 3.1. Self-advocacy, choice-making, and self-determination best practices training for general and special educators (Including paraprofessionals), administrators, families, and students
- 3.2. Meaningful student self-advocacy and participation in their education planning meetings
- 3.3. Opportunities for special education students

**PRIORITY 4. COMMUNICATION/ACCESS TO INFORMATION**

- 4.1. Parent outreach
- 4.2. District-home communication



## 2022-2023 District CAC Priority Goals

Priority 1: Academic and Social Inclusion	NCCSE Member Districts
1.1. Access to academic inclusion	<input type="checkbox"/> Del Mar Union <input type="checkbox"/> Oceanside Unified
1.2. Access to social inclusion	<input type="checkbox"/> Cardiff Elementary <input type="checkbox"/> Carlsbad Unified <input type="checkbox"/> Encinitas Union <input type="checkbox"/> Rancho Santa Fe <input type="checkbox"/> San Dieguito Union
1.3. Ability awareness activities	<input type="checkbox"/> Cardiff Elementary <input type="checkbox"/> Vista Unified
1.4. School-wide and personal safety	<input type="checkbox"/> Hope Infant & Family
1.5. Inclusive education training for general and special educators (including paraprofessionals), families and students	<input type="checkbox"/> Carlsbad Unified <input type="checkbox"/> Oceanside Unified
Priority 3: Self Determination and Self-Advocacy	NCCSE Member Districts
3.1 Self Advocacy	<input type="checkbox"/> Bonsall Unified
Priority 4: Communication/Access to Information	NCCSE Member Districts
4.1 Parent outreach	<input type="checkbox"/> Cardiff Elementary <input type="checkbox"/> Fallbrook Union Elementary <input type="checkbox"/> North county Academy <input type="checkbox"/> Oceanside Unified <input type="checkbox"/> San Marcos Unified <input type="checkbox"/> Solana Beach Union
4.2 District-Home communication	<input type="checkbox"/> San Dieguito Union

- V. **CAC Updates** - Heidi Marshall, NCCSE Parent Liaison, Heidi Marshall shared CAC Public Meeting Dates:
- January 18, 2023 - Procedural Safeguards informational evening
  - CAC Director/Representative -Priorities Review
    - Wednesday, March 22, 2023 6-8pm
  - Excellence in Special Education Awards Ceremony
    - Wednesday, May 24, 2023 6:30-8pm
- VI. **Presentation** - "Mental Health Supports" for families who have Students with IEP's. Lauren Hughey, LMFT, Program Director, San Diego START (Systemic, therapeutic assessment, Resources and Treatment) Violeta Mora, Program Specialist, Student Wellness and School Culture from the San Diego Office of Education. They both offered great resources for families, and we will be posting those resources and handouts on the NCCSE website.
- VII. **Public Comments**-Heidi Marshall, NCCSE Parent Liaison, made a request for public comments. No requests for public comments were noted.
- VIII. **Closure and adjournment**- Katrina Bell, CAC Chairperson, The meeting was adjourned.