

San Diego START

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What we will cover:

- ▶ What is START?
- ▶ How many students does START serve?
- ▶ How does START work with students?
- ▶ How do we collaborate with the school?
- ▶ How do students get referred to us?
- ▶ Questions?

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What is START?

- ▶ Systemic, Therapeutic, Assessment, Resources, and Treatment
- ▶ A comprehensive evidence-based model that supports individuals with an intellectual and or developmental diagnosis and other behavioral health needs. The START program uses a person-centered and solution focused approach to optimize independence, treatment, and community living.

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How does START help?

START participants' experiences include:

- Reduced use of emergency services and state facility/hospital stays
- High rates of satisfaction by families and care recipients
- Cost-effective service delivery
- Increased community involvement and crisis expertise in communities
- Strengthened linkages that enrich systems, increase resources, and fill in service gaps

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START and Students

- ▶ We currently work with 60 students who are in high school, middle school or elementary

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How does START work with students?

- ▶ What's going well at school?
- ▶ Can we provide our crisis plan to school staff?
- ▶ Attending IEP meetings and any school meetings regarding individual's presentation
- ▶ Facilitate systems meetings, inviting school staff

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How do we collaborate with the school?

- ▶ General Education Teacher, Specials Teacher and/or Case Manager, Counselor, Vice Principal, School Psychologist, ERMHS Therapist
- ▶ Want to know what they know about the individual
- ▶ Use their expertise to support the individual
- ▶ Is a school observation possible?
 - ▶ When is the individual at their best?
 - ▶ When does the individual experience the most challenges?
 - ▶ What supports work best when the individual begins to experience difficulties?

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How do students get referred to us?

- ▶ All of our individuals are active San Diego Regional Center Clients
- ▶ We can coordinate with our liaisons with whom we have a weekly meeting
- ▶ Speaking with the individual's service coordinator

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Questions?

