

### **1130.3R USE OF SPECIFIC AREAS - SWIMMING POOLS**

Maximum number using pool facility is limited to fifty (50).

Any clean swimsuit (except wool) may be worn. Cut-offs, shirts, blouses and casual wear shorts are not permitted.

Participants shall provide their own towels. Mixed groups shall have a male and female adult supervisor in attendance.

Time allotment in the pool shall be limited to a maximum of one (1) hour. One-half (½) hour will be allowed for showering and dressing.

Permission for use of any foreign objects in the pool shall be granted only when necessary for training which leads to certification or for classes offered by the School District. Approval shall be obtained in advance from the principal and Community Education Coordinator.

The following rules shall be adhered to by all groups using pool facilities:

1. Take a hot soap shower, without suit, before and after swimming.
2. Use lavatories before swimming.
3. Remove bandages, plasters, tape, bobby pins, and gum before entering pool.
4. Enter and leave the water at lifeguard's request.
5. Avoid all forms of dangerous activities including running, pushing, "dunking," throwing objects, and hanging on diving board.
6. Remain out of the diving area while diving board is used.
7. Wait until others are out of the diving area before completing a dive.
8. Stay off diving board when occupied by another person. Take only one bounce when diving.
9. Swim straight out of diving area after completing a dive.
10. Report illness or injury to lifeguard or swimming instructor.
11. Stay in pool area suited to swimmer's ability or area designated by lifeguard or swimming instructor.
12. If assigned to a buddy, partner, or group, stay with the person or group until dismissed.
13. Persons with long hair are required to wear swim caps.
14. The use of gum, food, and drinks of any kind in the pool area is prohibited and shall be enforced by the lifeguard. The attendant will supervise the locker and shower areas for safety and cleanliness.
15. The lifeguard shall allow the use of approved equipment in the pool. Inner tubes and other inflated objects, towels, and metal objects are not permitted.
16. The lifeguard shall not allow more than fifty (50) swimmers in the swimming pool.
17. There shall be one lifeguard for every twenty-five (25) swimmers.
18. The lifeguard will allow the use of diving bricks, rings, flutter boards, and swimming fins as part of the regular instruction. Goggles, aqua lungs, skin-diving equipment and snorkels shall be used only when qualified instructors are present and preliminary approval granted.
19. A first-aid kit shall be available for preliminary first aid.
20. Feats of daring, exhibition, rowdiness, and spouting of water are prohibited.

Telephones in pool areas are provided for EMERGENCY use only.

Group or individuals using the pool and/or gym are responsible for their own valuables.

#### Duties and Responsibilities of Lifeguard and/or Attendant

The lifeguard shall be dressed appropriately for swimming with official insignia on suit for identification.

The lifeguard, while on duty, shall not give swimming instructions.

The lifeguard, while on duty, shall not go into the water except to perform a rescue operation.

The lifeguard, while on duty, shall be responsible for the safety of the swimmers and shall never leave the pool area. An attendant shall collect fees, inspect swimmers, and take roll, when necessary. In an emergency all participants shall get out of the water and follow lifeguard's instructions.

During swimming time, the lifeguard or instructor shall be so located that he/she has an unobstructed view of the entire pool area.

The lifeguard shall check the lifesaving equipment periodically to determine if it is serviceable, properly racked, and placed in pool area.

The lifeguard shall check pool area and diving board for safe conditions before allowing swimmers into pool area.

The attendant shall require all swimmers to report to lifeguard or instructor before entering pool area. Swimmers are subject to any rules and regulations deemed necessary for the good and safety of all.

The lifeguard or attendant shall make foot checks periodically.

The lifeguard and attendant shall enforce rules of cleanliness, sanitation, safety, and conduct.

The lifeguard shall see that lifesaving equipment is not used for play purposes.

The lifeguard shall see that the exits are not locked when swimmers are using dressing and shower facilities and/or swimming pool.

The lifeguard shall see that a telephone or signaling device is available for the lifeguard or instructor to summon help in cases of emergency.

#### Kitchen and Cafeteria Facilities

The principal and Community Education Coordinator will grant permission for the use of cafeterias. The organization/individual will pay for any damages. All machinery and technical equipment shall be operated by regular food service employees at the expense of the organization.



Child Nutrition personnel employed by the renting organization shall be reimbursed at a rate of pay determined by the School Board.

Banquets or special dinners may be served in the school cafeterias for school-related functions. The cost of these services shall be paid by the group using said facilities.

All federal, state, and St. Louis County Health Department rules and regulations governing food service shall be adhered to.

The permit holder shall comply with the following restrictions:

1. No home-canned products including vegetables, meat, poultry, fish or shellfish, or homemade sausage shall be sold or served.
2. None of the following potentially hazardous food shall be prepared in private homes and brought into school buildings for consumption:
  - a. Casseroles containing meat, fish or poultry.
  - b. Baked ham, roasted poultry, roasted pork.
  - c. Salads and sandwiches containing meat, fish, poultry or eggs.
  - d. Milk-based cream pies, including banana cream, Boston cream, butterscotch, chocolate, coconut cream or other milk-based mixtures.
  - e. Custard-filled pastries including éclairs and cream puffs or other custard-filled products.
3. Dishes and silverware of the cafeteria may be used. However, it shall be the responsibility of the organization, under the direction of the food service personnel, to return, clean, and store items in the same manner as before usage.

#### Regular School Libraries

School libraries are geared to school curriculum and not general public use. Should a community feel it important to open a local school library, the following usage procedure is required:

1. A request for library facility usage shall be filed with the principal and Community Education Coordinator and coordinated with the school librarian.
2. A trained person shall be on duty at all times.
3. Any person checking materials out of the library shall be identified by name, address telephone number.
4. Any individual, group, or organization shall be responsible for replacing any materials lost, damaged or destroyed during use of the library facility.

#### School Grounds and Athletic Fields

Application for the use of playgrounds and athletic fields shall be made in the same manner as for the use of buildings and facilities.

The applicant shall provide police and/or fire supervision for those activities where it is deemed necessary by the Community Education Coordinator.

There will be no charge for the use of elementary and secondary school grounds. Rental charges for the use of Public Schools Stadium shall be determined by the School Board.

Professional contests shall not be played on school athletic fields or playgrounds without School Board approval.

### Industrial Arts Facilities

The industrial arts teacher shall be responsible for all equipment in an industrial arts facility.

Programs using industrial arts facilities shall be approved by the Community Education Office.

### Gymnasiums

Gymnasiums may be used by organizations for recreation and instruction purposes.

1. No instructor, member of a gymnasium class, or visitor shall be permitted on the playing portion of the floor wearing street shoes.
2. Each leader shall use reasonable caution to see that snow, water, or dirt are removed from shoes before admittance to the gymnasium.
3. Each leader shall be held responsible for enforcement of all safety and security regulations.
4. Each leader shall conduct only those gymnasium activities that are meaningful and within the physical capabilities of the students/adults expected to perform them.
5. Use of School District owned physical education and athletic equipment and supplies will be permitted if authorized by the principal or Community Education Coordinator.
6. Use of physical education apparatus is permitted only when a leader competent to instruct in its use is present and use has prior approval of the principal or Community Education Coordinator.

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