



CALMING CRYSTALS CLUB

THURSDAYS AT 3:00

Find your center! Create art! Find out about the power of crystals!
Practice mindfulness! Learn about aromatherapy & helpful herbs!

Make land art! Dream journal! Share stories!

Each week covers a topic to learn more about and a DIY activity.

All materials supplied!!

FEBRUARY 23 The Power of Crystals Workshop

MARCH 2 Learn to Wrap Crystals

MARCH 9 Make a Dream Journal

MARCH 16 Create a Herbal Pillow Spray

MARCH 23 Plant a Seed of Intention & a Plant, too

MARCH 30 Make a Beeswax Candle

Check the website www.woodburylibraryct.org for a complete description.