




MARCH


Breakfast



Fresh Fruits Offered Daily:
apples, oranges, or bananas
Fruit Cups (as available):
applesauce, peaches, pears,
pineapple, or mandarin oranges



Vegetables Offered Daily:
Celery, Baby Carrots and/or Grape
Tomatoes w/ Dip



Daily Alternate Meal:
Smucker's PBJ Uncrustable Meal
Chef's Salad Meal

Menus are subject to change due to
availability of food and supplies



CLARK-SHAWNEE

HIGH/MIDDLE

SCHOOL

This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Dbl. Chocolate Oatmeal Bar Yogurt Fresh fruits Fruit juice Milk	2 Choice of cereal bar Yogurt Fresh fruits Fruit juice Milk	3 Super donut Fresh fruits Fruit juice Milk
6 Choice of waffle Fresh fruits Fruit juice Milk	7 Choice of Pop-Tart Fresh fruits Fruit juice Milk	8 Banana Chocolate Chunk Bar Fresh fruits Fruit juice Milk	9 Cherry Frudel Yogurt Fresh fruits Fruit juice Milk	10 Cinnabun Fresh fruits Fruit juice Milk
13 Sausage & gravy pizza Fresh fruits Fruit juice Milk	14 Choice of Pop-Tart Fresh fruits Fruit juice Milk	15 VIRTUAL DAY	16 Choice of cereal bar Yogurt Fresh fruits Fruit juice Milk	17 Super donut Fresh fruits Fruit juice Milk
20 Choice of waffle Fresh fruits Fruit juice Milk	21 Choice of Pop-Tart Fresh fruits Fruit juice Milk	22 Banana Chocolate Chunk Bar Fresh fruits Fruit juice Milk	23 Cherry Frudel Fresh fruits Fruit juice Milk	24 Cinnabun Fresh fruits Fruit juice Milk
27 Sausage & gravy pizza Fresh fruits Fruit juice Milk	28 Choice of Pop-Tart Fresh fruits Fruit juice Milk	29 Dbl. Chocolate Oatmeal Bar Yogurt Fresh fruits Fruit juice Milk	30 Choice of cereal bar Yogurt Fresh fruits Fruit juice Milk	31 Super donut Fresh fruits Fruit juice Milk