

MARCH

HIGH SCHOOL MENU 2023

Post Falls School District
Nutrition Services



Mon	Tue	Wed	Thu	Fri
		1 Breakfast Sausage, Egg & Cheese Sandwich Lunch Chicken Strips Potato Choice	2 Breakfast Dutch Waffle Sausage Links Lunch Sweet & Sour Chicken Rice Bowl Garlic Toast	3 Breakfast Cinnamon toast Cereal Bar Lunch Cheesy Potato And Ham Soup Garlic Breadstick
6 Breakfast Breakfast Pizza Lunch Chicken Patty Sandwich Potato Choice DIG IN TO	7 Breakfast Breakfast Round Yogurt Lunch Crispito Refried Beans NATIONAL	8 Breakfast NEW! Over Night Oats Lunch German Hotdog Blueberry Crisp SCHOOL	9 Breakfast Mini Pancakes & Sausage Links Lunch Country Fried Steak Mashed Potato Garlic Breadstick BREAKFAST	10 Breakfast NEW! Breakfast Nacho's Lunch Rib B Q Sandwich Corn on the Cob WEEK!!
13 Breakfast Mini Strawberry Bagel Lunch Corndog Baked Chips	14 Breakfast Banana Bread Lunch Cheesy Pull-Apart Marinara Dipping Sauce	15 Breakfast Breakfast Burrito Lunch Malibu Crispy Chicken Sandwich Pudding cup	16 Breakfast Dutch Waffle Sausage Links Lunch Chicken Drumstick Mashed Potato Dinner Roll	17 Breakfast Cinnamon toast Cereal Bar Lunch Zesty Broccoli Soup Garlic Breadstick
20 Breakfast Mini Strawberry Bagel Lunch Hamburger w/ Cheese Baked Chips	21 Breakfast Cook's Choice Lunch Cook's Choice	22 Breakfast Cook's Choice Lunch Cook's Choice	23 Breakfast Cook's Choice Lunch Cook's Choice	
<h1>have a good Spring Break!</h1>				

ALL BREAKFASTS COME WITH FRUIT OR JUICE AND MILK

ALL LUNCHESES COME WITH FRUIT, VEGGIES AND MILK

See our virtual menu on the Nutrition Services homepage at www.pfsd.com for nutrition and allergen information.

Meal Prices:	
Milk—	\$0.50
Breakfast—	\$2.10
Reduced	\$.30
Lunch—	\$3.50
Reduced	\$.40
Adult lunch—	\$4.35

Alternate lunch choices:

Pizza, Sub Sandwich

Large Salads, Uncrustable

-or-

GRAB & GO BENTO BOXES

ALL MENUS ARE SUBJECT TO CHANGE

This institution is an equal opportunity provider.

