

**UIL Regional Championship  
4A- Region 3  
Bullard High School  
April 28-29, 2023**

All District Meet Directors and Coaches of qualifying athletes should read this carefully. A copy of this information should be given to coaches of all qualifiers.

**ENTRY PROCEDURES:**

**1. a. DISTRICT/AREA MEET DIRECTORS EMAIL DISTRICT/AREA (4A) RESULTS TO ADAM VARNADO AT BULLARD HIGH SCHOOL.**

District/Area Meet Directors **MUST** send a complete set of results from your district/area meet so that they arrive by Noon, Monday, April 24th. Emailed copies are preferred. Ensure that time, distance, height, and finishing place for the district/area meet are included in the results. These results are to be sent **DIRECTLY** to Adam Varnado. See the appropriate email address on the final page of these instructions.

**b. COACHES OF QUALIFYING ATHLETES MUST ENTER THEIR ATHLETES ON THE MILESPLIT.COM MEET ENTRY WEBSITE.**

The coach of each qualifying athlete must enter his/her athlete(s) in the appropriate event(s) on the web-based meet entry service Milesplit.com. Entries are due no later than Monday, April 24th at 11:59 pm. Coaches must enter athlete's performances from the District/Area meets for seeding purposes. See the attached instructions for use of the Milesplit.com entry service. **DO NOT USE ATHLETE'S SEASON-BEST PERFORMANCE UNLESS IT WAS OBTAINED AT DISTRICT/AREA MEET!**

**2. QUALIFIERS WHO CANNOT COMPETE:**

A coach who has a qualifier who cannot compete in the regional championship meet must contact the director of his or her district/area meet no later than Monday, April 24th before noon. It is also the responsibility of this coach to contact the coach of the next alternate and inform them of the open position.

**3. ALTERNATES WHO MOVE INTO QUALIFYING POSITIONS:**

Coaches of alternates who have been moved up to qualifying positions must call the director of the district/area meet to declare that their athlete will compete. They must also enter the athlete into the meet on Milesplit.com.

**4. FINAL ENTRY CONFIRMATION PROCEDURES:**

The director of the district/area meet must call the Bullard Athletic office between 8:00 am and noon on April 25th to make final declarations of all entries from their respective district/area. **THE DISTRICT OR AREA MEET DIRECTOR MUST CALL TO CONFIRM ENTRIES EVEN IF THERE ARE NO CHANGES.** Any changes in qualifiers on the official entry list will be made at this time. Individual coaches, please do not call in any changes. Changes can only be made by the district/area meet director. It is the coach's responsibility to inform the District/Area Meet Director of any changes due to ineligibility, injury, etc. It is the District/Area meet director's responsibility to report ALL changes. It is the meet director's responsibility to add confirmed alternates to the entry list after this confirmation process. **NO CHANGES WILL BE ACCEPTED EXCEPT AT THIS CALL-IN TIME!**

**THERE WILL BE NO CHANGES MADE ON MEET DAY** because of failure to notify the district/area meet director of a change or due to the district/area meet director's failure to notify or send in district results. All correspondence needs to be sent directly to the meet director.

**UIL Regional Championship  
4A- Region 3  
Bullard High School  
April 28-29, 2023**

**EACH COACH SHOULD CAREFULLY REVIEW ALL PROCEDURES AND TIME SCHEDULES OUTLINED HERE.**

**COACHES' MEETINGS:**

We will have MANDATORY coaches' meetings according to the following schedule on the westside bleachers of Panther Stadium.

-Friday, April 28th, 7:30 am

All meet information will be reviewed and questions answered at this meeting. We intend to have heats and flights available to hand out to you at this time.

**WARM-UPS AND PARTICIPANT ENTRY FOR FIELD EVENTS WITHIN PANTHER STADIUM:**

The track will be available for general warm-ups 2:00 PM- 3:00 PM on Friday and 1:00 PM- 2:00 PM on Saturday. This is only for athletes. **COACHES ARE NOT** permitted on the track at any time. Athletes need to make sure they do not interfere with any field events in progress. After warm-ups, the track will close and anyone remaining on the track and not in a field event will be asked to leave. Students can return to team camps or the warm-up area indicated on the included maps.

**WARM-UPS AND PARTICIPANT ENTRY FOR RUNNING EVENTS:**

No one except officials, staff, and athletes participating in an event will be allowed on the infield. The warm-up area will be on the westside of Panther Stadium that will be marked with signs. Athletes are not permitted in the warm-up area to sit and watch the meet. The athletes should check-in at the staging area no later than 30 minutes before their scheduled race. The athletes will be called from the warm-up area to the pre-staging area approximately 2 races before their race to enter the track. The athletes will be lined up in the staging area in the order of their respective lanes in their competition uniforms (they will need to remove all warm-ups, sweats, etc., and have their competition shoes on). While this tent will be manned by official personnel at all times, please advise your athletes not to leave any valuables in this area. From this staging tent, the athletes will be escorted to their respective starting lines. **NO ATHLETE WILL BE ALLOWED ON THE START LINE WITHOUT A HIP NUMBER** and numbers will **NOT** be given at that start line. The athletes must go through the staging tent to receive a hip number. As soon as the race is completed, the athletes will be escorted back to the staging area where they can retrieve their warm-ups, sweats, shoes, etc.

**ENTRY GATE:**

The only gate that will be open for coaches and athletes will be the gate on the westside of Panther Stadium. The Main Ticket Gate on the northside of Panther Stadium will be available for all spectators to enter. All other gates will be CLOSED. Coaches and athletes must have proper credentials to enter the stadium. Coaches will be provided four credentials at the time of packet pick up. No additional credentials will be sold. There will be no "coaches passes" accepted at this Track Meet.

**JUMP EVENT COACHES TO ASSIST IN WARM-UPS:**

Coaches with Athletes competing in the Vertical or Horizontal jump will be provided an additional credential at the time of check-in. This will allow coaches to enter the track area and assist during warm-ups. Officials will ask coaches without this credential to leave the area.

**UIL Regional Championship  
4A- Region 3  
Bullard High School  
April 28-29, 2023**

**RUNNING QUALIFYING:**

In the running events with preliminaries, the top heat winners plus the next six-best times shall advance to the finals. The lane assignments for the preliminary heats will be randomly drawn.

**LANE ASSIGNMENTS FOR FINALS:**

The lane assignments for the finals of the running events will be based upon the following formula  
Preferred Lanes: 4

5  
3  
6  
2  
7  
1  
8

**FIELD EVENT QUALIFYING:**

The top eight preliminary performances in the jumps and throws will advance to the finals and will be arranged in reverse order (with the best performance last). The high jump will progress in two-inch increments until there are 4 athletes left, then it will be one-inch increments. The pole vault will progress in six-inch increments until there are 4 athletes left, then it will be three-inch increments.

**POLE VAULTER WEIGH-IN:**

**PLEASE NOTE: THE UIL REQUIRES THAT ALL VAULTERS BE WEIGHED AT THE MEET AND VAULT ON THE CORRESPONDING APPROPRIATE SIZE POLE.**

**SCHEDULES FOR VAULTERS WEIGH-IN:**

Vaulters (Boys and Girls) must report to the pole vault pit at the southwest end of Panther Stadium. An official will escort the group to the scales.

Friday: 7:30 AM – 8:30 AM

**THROWING EVENTS:**

All throwing areas are located on the westside of Panther Stadium.

**IMPLEMENT WEIGH-IN:**

At the Throwing Venue, all implements will be checked in and measured. Legal implements will be marked and ushered to the proper circle by an official before the start of warm-ups. Implements that do not weigh-in will be impounded. After the competition is over, it is the athlete's responsibility to check out their implements from an official. Please follow the weigh-in schedule to prevent any delays.

**Weigh-in Schedule:**

Friday: 9:30 AM-10:30 AM

Discus weigh-in

Saturday: 7:30 AM-8:30 AM

Shot Put weigh-in

**UIL Regional Championship  
4A- Region 3  
Bullard High School  
April 28-29, 2023**

**PACKET PICK UP:**

Coaches should pick up the team packet at the coaches' meeting Saturday morning (7:30 AM) in Panther Stadium. If you are not at the coaches' meeting you can pick up the packet at the timing tent.

**ADMISSION:**

Ticket prices will be \$10.00 for adults and \$7 for students. You can pre-order your ticket online using the link [spicket.events/bullard](https://spicket.events/bullard) or you can pay with a credit card at the gate using your mobile device. NO CASH WILL BE ACCEPTED AT THE GATE!!

**RESULTS:**

Results and qualifiers for all events will be posted as soon as they are available on milesplit.com. Live results are available via milesplit.com.

**AWARD PRESENTATIONS:**

Awards for all event finals will be given out immediately after the event is completed. Officials will escort the top three finishers to the awards stand.

We will not hold up awards ceremonies if athletes do not show up and awards will NOT be mailed. Please inform your athletes of this procedure.

**SEATING:**

No seating for spectators will be allowed on the eastside of Panther Stadium. All spectator seating must be in the stadium bleachers on the westside of the stands. Tents may be used in the team area.

**DRESSING AREA:**

None Available. Bathrooms are available on the northeast and northwest sides of Panther Stadium.

**PARKING FOR TEAMS:**

Team Buses and Vans will park on the westside of the Varsity Fieldhouse.

**UIL MEET RULES:**

- The first and second place finishers in each event qualify for the State Meet.
- Contestants must report on time to be entered in any event
- No excuse shall be accepted for failure of a team or contestant to appear at the time announced for the event to start
- Any contestant who fails for any reason to be on hand at the time of the preliminaries shall forfeit the right to compete in the preliminaries and the finals of that event. UIL Plan Section 1320-J.
- All prelims will be drawn by the computer and run against time

**PROTESTS:**

Any protests must be filed IN WRITING and within 30 minutes of the official results for that event being posted and/or announced. Protests may be filed in the southwest Press Box Area. The written protest will be taken from there to the meet referee for a decision. If your protest is not in writing or not filed within the

**UIL Regional Championship  
4A- Region 3  
Bullard High School  
April 28-29, 2023**

30-minute time frame following that particular event, it will be automatically disallowed. Protest sheets will be provided in your team packets.

**SPECIAL MEET RULES:**

- No radios or portable stereos will be allowed in Panther Stadium. Please remind your athletes of this policy. ONLY THE DESIGNATED COACHES DURING THE FIELD EVENTS ARE ALLOWED TO USE ELECTRONIC DEVICES TO COACH THEIR STUDENT ATHLETES FROM THE COACHES' AREA.
- In case of inclement weather (Please Listen for Emergency Sirens), it is important to take cover in your bus or vehicle
- NO TENTS are allowed on the inside of Panther Stadium.

**RELAY CARDS (In Coaches' Packet):**

If any name on your relay (primary or alternate) has changed from your web-based entry before the meet, turn in a relay card up to 30 minutes before the race at the staging tent. This is to confirm the names of the relay members are in accordance with UIL rules. If your relay team qualifies for the state meet, you must declare the names of your possible six runners on the UIL website by Thursday following the regional meet.

**MEDIA ACCESS:**

Media will be allowed in the infield by credentials only and must confine themselves within the "media-lines " on the football field. Please contact Bullard ISD Public Relations Coordinator Amy Pawlak [amy.pawlak@bullardisd.net](mailto:amy.pawlak@bullardisd.net) if you would like to request a credential. The deadline for media credentials is April 21st.

**IMPORTANT PHONE NUMBERS/EMAILS**

**Bullard High School Athletic Department**

903-894-2850

Athletic Director

Scott Callaway

[scott.callaway@bullardisd.net](mailto:scott.callaway@bullardisd.net)

903-894-2850

Meet Director

Adam Varnado

[adam.varnado@bullardisd.net](mailto:adam.varnado@bullardisd.net)

903-790-5426

**UIL Regional Championship  
4A- Region 3  
Bullard High School  
April 28-29, 2023**

**MILESPLIT.COM ENTRY PROCEDURES**

How to Submit Entries To Milesplit.com -Track & Field

**STEP 1-ACCESSING YOUR MILESPLIT.COM ACCOUNT**

Each coach must have a Milesplit.com username and password for his or her team. If you don't have a username and password, you will need to create an account. You will use the same account to enter all meets run through Milesplit.com.

**STEP 2-SETTING UP YOUR ONLINE ROSTER**

Before entering an athlete into a meet, you must add all attending athletes to your roster. If an athlete is already on your roster (from previous seasons or meets) you do not need to add him/her again.

**STEP 3-SUBMITTING ONLINE MEET ENTRIES**

Use the provided link for online meet entry instructions.

<https://support.milesplit.com/en/t/meet-registration>

**Panther Stadium Layout**



**UIL Regional Championship  
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April 28-29, 2023**

**Hotel Information**

**Tyler Hotel's 10-15 miles North of Bullard:**

Hampton Inn & Suites Tyler South-8962 S. Broadway Ave. Tyler 75703, 903-630-7272

Courtyard by Marriott-7424 S. Broadway Ave. Tyler 75703, 903-509-4411

Hilton Garden Inn-220 E Grande Blvd. Tyler 75703, 903-509-1166

Sleep Inn & Suites South-5555 Donnybrook Ave. Tyler 75703, 903-581-8646

Comfort Suites Tyler South-303 E Rieck Rd. Tyler 75703, 903-530-6105

Best Western Plus Southpark Inn & Suites-120 W Rieck Rd. Tyler 75703, 903-534-8800

Fairfield Inn & Suites by Marriott-309 W. Heritage Dr. 75703, 903-561-3300

Residence Inn-350 W. Heritage Dr. Tyler 75703, 903-787-5899

Holiday Inn Tyler, Conference Center-5701 S Broadway Ave. Tyler 75703, 903-561-5800

La Quinta Inn & Suites by Windham, Tyler South-6702 S Broadway Tyler 75703, 903-266-1941

Holiday Inn Express & Suites Tyler South-2421 ESE Loop 323 Tyler 75701, 903-566-0600

Homewood Suites by Hilton-3104 Golden Rd. Tyler 75701, 903-593-7880

Fairfield Inn & Suites by Marriott-1945 WSW Loop 323 Tyler 75701, 903-561-2535

Baymont by Windham-3913 Frankston Hwy Tyler 75701, 903-939-0100

Staybridge Suites Tyler University Area-2759 McDonald Rd. Tyler 75702 903-566-1100

**Jacksonville Hotel's 10-15 miles South of Bullard:**

La Quinta Inn & Suites-1902 S Jackson St, Jacksonville 75766 903-284-2492

Best Western Jacksonville Inn-1659 S Jackson St, Jacksonville 75766 903-586-0007

La Quinta Inn & Suites by Wyndham-1902 S Jackson St, Jacksonville 75766 (903) 284-2492

Holiday Inn Express & Suites-1923 S Jackson St, Jacksonville 75766 (903) 589-8900

**UIL Regional Championship  
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Weigh-in Schedule: 7:30-8:30 AM  
9:30-10:30 AM

Pole Vault (Boys and Girls)  
Discus Weigh-In

**Friday, April 28th**

Coaches' Meeting 7:30 AM

We will meet on the southwest side steps of Panther Stadium.

**Field Events**

- Horizontal Jumps and Throws shall report to their staging area 30 Minutes prior to event
- Vertical Jump shall report to their staging area one hour prior to event

**TIME**

9:00 AM  
11:00 AM  
11:00 AM  
12:00 PM  
1:00 PM  
1:00 PM

**EVENT**

Pole Vault (B)  
Long Jump (G)  
Discus (B)  
Pole Vault (G)  
Long Jump (B)  
Discus (G)

**TRACK PRELIMS: Order of Race - Girls Followed by Boys**

Check-In 30 minutes prior to the event.

Escorted to Track 10 minutes prior to start time

**TIME**

9:00 AM  
4:00 PM  
4:20 PM  
4:40 PM  
5:00 PM  
5:30 PM  
6:15 PM  
6:45 PM  
7:30 PM

**EVENT**

3200m  
4x100m Relay  
100/110m Hurdles  
100m  
4x200m Relay  
400m  
300m Hurdles  
200m  
4x400m Relay

**UIL Regional Championship  
4A- Region 3  
Bullard High School  
April 28-29, 2023**

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Weigh-in Schedule: 7:30-8:30 AM

Shot Put Weigh-in

**Saturday, April 29th**

**FIELD EVENTS**

- Horizontal Jumps and Throws shall report to their staging area 30 Minutes prior to event
- Vertical Jump shall report to their staging area one hour prior to event

**TIME**

9:00 AM  
9:00 AM  
9:00 AM  
12:00 PM  
12:00 PM  
12:00 PM

**EVENT**

Triple Jump (G)  
High Jump (B)  
Shot Put (G)  
Triple Jump (B)  
High Jump (G)  
Shot Put (B)

**TRACK FINALS: Order of Race - Girls Followed by Boys**

Check-In 30 minutes prior to the event.

Escorted to Track 10 minutes prior to start time

**TIME**

3:00 PM  
3:15 PM  
3:30 PM  
3:45 PM  
4:00 PM  
4:15 PM  
4:30 PM  
5:00 PM  
5:30 PM  
6:00 PM

**EVENT**

4x100m Relay  
800m  
100/110m Hurdles  
100m  
4x200m Relay  
400m  
300m Hurdles  
200m  
1600m  
4x400m Relay