



MARCH | 2023

Grades 7-12

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>27</p>	<p>28</p>	<p>1 Breakfast Chicken Biscuit Fruit Milk Fruit Juice Lunch Chili/Chips/Cheese or Cheese Quesadilla Quick Baked Potato Broccoli Milk Fruit</p>	<p>2 Breakfast Dutch Waffle Fruit Milk Fruit Juice Lunch Orange Chicken/W.W. Roll or Corn Dog Nuggets Mashed Potatoes Mixed Vegetables Milk Fruit</p>	<p>3 Breakfast Biscuit & Gravy Fruit Milk Fruit Juice Lunch Sliced Pizza Glazed Carrots Corn Green Beans Milk Fruit</p>
<p>6 Breakfast 2 Ct. Poptart Fruit Milk Fruit Juice Lunch Hamburger/W.W. Bun or Hot Dog/Chili/W.W. Bun Fries Baked Beans Milk Fruit</p>	<p>7 Breakfast I.W. Pancakes Fruit Milk Fruit Juice "Breakfast for Lunch" Biscuit & Gravy Egg Patties Bacon Tater Tots Baked Apples Milk Fruit</p>	<p>8 Breakfast Sausage Biscuit Fruit Milk Fruit Juice Lunch Popcorn Chicken or Beef Teriyaki Nuggets W.W. Roll Mashed Potato Broccoli Glazed Carrots Milk Fruit</p>	<p>9 Breakfast Breakfast Pizza Fruit Milk Fruit Juice Lunch Turkey/Gravy/W.W. Roll Mashed Potatoes Green Beans Milk Fruit</p>	<p>10 Breakfast Biscuit & Gravy Fruit Milk Fruit Juice Lunch Spicy Chicken Sandwich or Pork BBQ/W.W. Bun Fries Lettuce/Tomato/Onion/Pickle Milk Fruit</p>
<p>13 Breakfast Sausage Biscuit Fruit Milk Fruit Juice Lunch Spaghetti/Meat Sauce/ 1 Mozz. Breadstick or PB&J /String Cheese Green Beans Milk Fruit</p>	<p>14 Breakfast 2 Ct. Poptart Fruit Milk Fruit Juice Lunch Chicken Sandwich or Hamburger/W.W. Bun Fries Lettuce/Tomato/Onion/Pickle Broccoli Milk Fruit</p>	<p>15 Breakfast Chicken Biscuit Fruit Milk Fruit Juice Lunch Taco or Chicken Fajita Chips/Cheese/Salsa Lettuce/Tomato Black Beans Corn Milk Fruit</p>	<p>16 Breakfast Dutch Waffle Fruit Milk Fruit Juice Breakfast for Lunch Biscuit & Gravy Scrambled Eggs Bacon Tater Tots Cooked Apples Milk Fruit</p>	<p>17 Breakfast I.W. Pancakes Fruit Milk Fruit Juice Lunch Sliced Pizza Corn Glazed Carrots Milk Fruit</p>
<p>20 Breakfast I.W. Cinnamon Roll Fruit Milk Fruit Juice Lunch Chicken Tenders/W.W. Roll or 2 Mozz. Breadsticks/Marinara Mashed Potatoes Carrots Milk Fruit</p>	<p>21 Breakfast Breakfast Pizza Fruit Milk Fruit Juice Lunch Hamburger/W.W. Bun or Grilled Cheese Fries Lettuce/Tomato/Onion/Pickle Vegetarian Beans Milk Fruit</p>	<p>22 Breakfast Sausage Biscuit Fruit Milk Fruit Juice Lunch Chicken Sandwich or Pork Rib Patty/W.W. Bun Quick Baked Potato Broccoli Milk Fruit</p>	<p>23 Breakfast I.W. Pancakes Fruit Milk Fruit Juice Lunch Corn Dog Nuggets or Orange Glazed Chicken/W.W. Roll Mashed Potatoes Mixed Vegetables Milk Fruit</p>	<p>24 Breakfast Chicken Biscuit Fruit Milk Fruit Juice Lunch Sliced Pizza or PB & J Sandwich Green Beans Corn Milk Fruit</p>
<p>27 Breakfast Sausage Biscuit Fruit Milk Fruit Juice Lunch Grilled Cheese or Pork BBQ/W.W. Bun Fries Baked Beans Milk Fruit</p>	<p>28 Breakfast 2 Ct. Poptart Fruit Milk Fruit Juice Lunch Popcorn Chicken or Beef Teriyaki Nuggets W.W. Roll Mashed Potatoes Broccoli Milk Fruit</p>	<p>29 Breakfast Chicken Biscuit Fruit Milk Fruit Juice Lunch Corn Dog Nuggets or Fish Sticks/Hushpuppies Great Northern Beans Macaroni & Cheese Milk Fruit</p>	<p>30 Breakfast Dutch Waffle Fruit Milk Fruit Juice Lunch Turkey Sub/Cheese Lettuce /Tomato/Onion/Pickle or PB& J Sandwich Mixed Vegetables Quick Baked Potato Milk Fruit</p>	<p>31 Breakfast I.W. Pancakes Fruit Milk Fruit Juice Lunch Chicken Sandwich or Hamburger/W.W. Bun Fries Lettuce/Tomato/Onion/Pickle Glazed Carrots Milk Fruit</p>

News

Variety of Cereal and Cereal Bars offered Daily at Breakfast.

Choice of Milk offered at Breakfast and Lunch.

Tossed Salad offered Daily at Lunch.

JCMS gets first entrée offered for lunch.

Variety of fruit offered daily at JCHS

Menus Subject to Change

This institution is an equal opportunity provider.