

The Husky Times Magazine



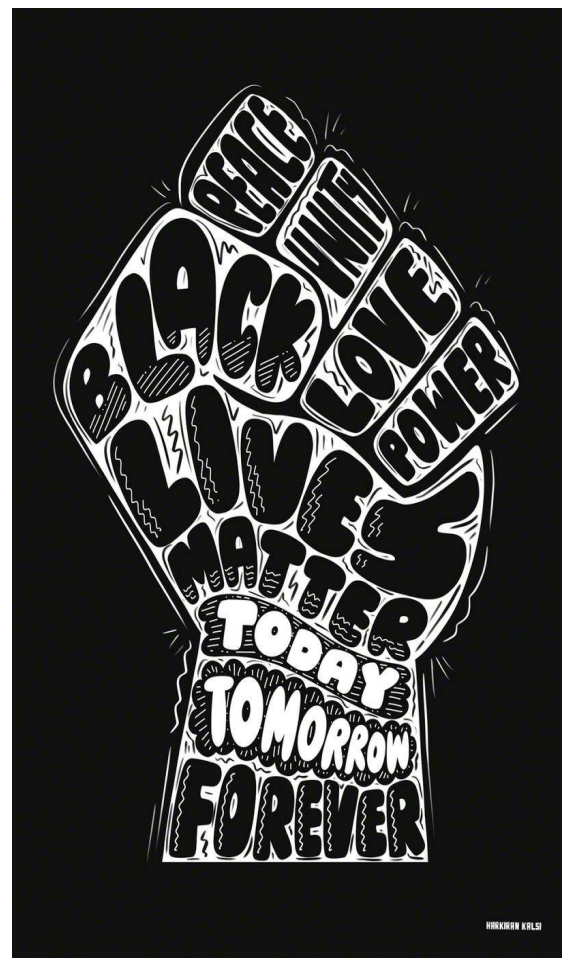
Issue 2
Feb. 22, 2023

1/2/23
Hayleigh

Does SAMS do a good job of Celebrating Black History Month?
SUBMIT YOUR VOTE [HERE!](#)

SOME MAJOR FIGURES IN BLACK HISTORY:

- Rosa Parks
- Dr. Martin Luther King Jr.
- Harriet Tubman
- Frederick Douglass
- Muhammad Ali
- Maya Angelou
- Ella Baker
- **AND SO MANY MORE!!!!**



FEBRUARY NATIONAL HOLIDAYS!

February 7:

National Send a Card To A Friend Day

February 9:

National Pizza Day

February 11:

International Day of Women and Girls in Science

February 13:

National Apology Day

February 14:

VALENTINE'S DAY

February 16:

Random Acts of Kindness Day

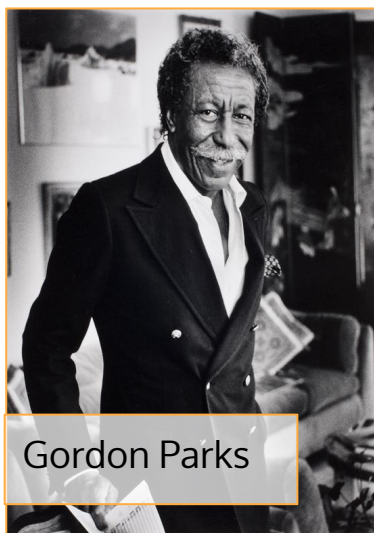
February 20:

Love your Pet Day



Honoring Black Voices

During black history month, we honor individuals and groups that have made an impact, but we mostly cover the same people year in and year out, and we don't see the full picture of Black history. Here are some Black individuals that made a lasting impact on our society, but fail to get recognized with the level they deserve. We urge you to check out their stories through the links provided!



Gordon Parks

An American photographer who made his mark on magazine covers, he is best known for his design of some Vogue covers. To learn about his story, [Click Here](#)



Annie Lee Cooper

Cooper was a civil rights activist who is best known for her efforts with the Selma Voting Rights Movement. To read more of her story, [Click Here](#)



Ethel Waters

Waters was a blues singer and the first African American to own her own TV show and the first African American woman to release a record. To read more of her story, [Click Here](#)



Claudette Colvin

Before Rosa Parks, came Claudette Colvin, a brave 15 year old refused to give up her seat on a bus. To read more about Claudette Colvin's story [Click Here](#)



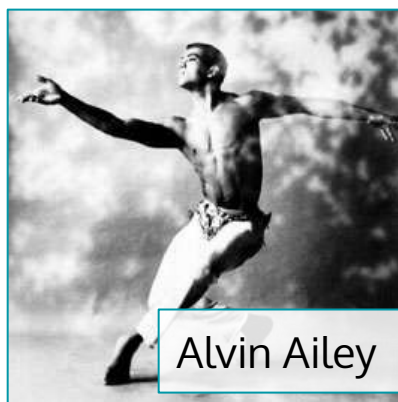
Jane Bolin

Jane Bolin was the first Black woman to attend Yale Law, and became the first Black female judge in the United States. To read more about her story, [Click Here](#)



Alice Coachman

Coachman became a track sensation, the first African American woman from any country to win a gold medal at the Olympics. To read more about her amazing story, [Click Here](#)



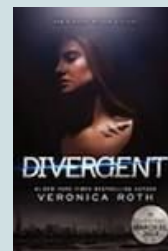
Alvin Ailey

Alvin Ailey was a dancer and choreographer who earned global recognition for his lasting impact on modern dance. To learn about his story, [Click Here](#)

It Is... I LOVE TO READ MONTH!

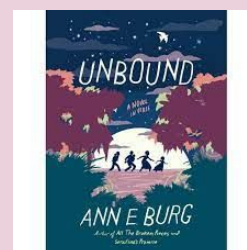
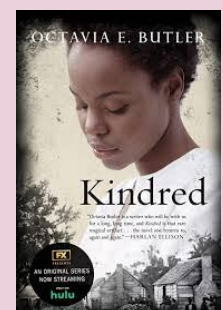
Book SERIES Recommendations:

- Keeper of the Lost Cities
- Hunger Games
- Land of Stories
- Harry Potter
- The Lunar Chronicles
- Percy Jackson
- Children of Eden
- Divergent



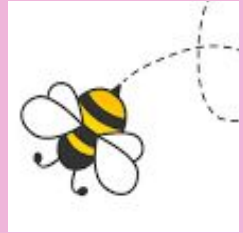
Book Recommendations:

- Kindred
- Insignificant Events In The Life Of A Cactus
- A Good Girl's Guide To Murder
- Unbound
- George
- One of Us Is Lying
- The Summer I Turned Pretty
- Out of My Mind



The Buzz Around Bees

P. Schwankl, Grade 7



We Need the Bees!

Bees are the most important pollinators. Pollination is the transfer of pollen to a plant to allow fertilization, which creates good seeds. We need pollination because we use seeds to plant crops, which we then eat, and that is how we survive. Also, you have to admit, honey is pretty good.

Without bees and pollination, half of the fruits and vegetables at stores would be gone. The food chain would be damaged to the point where animals and even people would die off from the lack of food.

Bees are vanishing very quickly. And they are dying off because of human activities, like industrialization, pesticides, and changes in land use. They need, like many other creatures, the habitat that we have taken away.

So really, this is not just about bees losing habitat, it is about everything, and everyone. Protecting bees is a step that is important and something we can do. You could build a hive, you could plant some flowers, you could tell others about the situation.

Bee Business

Mikaila Ulmer started a lemonade stand at age four. Today, she runs her business at age 14. She researched bees, took an interest to them, and decided that her lemonade stand would help the bees. She went to Shark Tank with her idea at age six and was given \$60,000. She donates some of her lemonade profits to bee organizations.



VALENTINE'S CRAFTS

(LINK TO DIRECTIONS AND WEBSITE ON IMAGE)



Brain Breaks!

Do you get antsy when you sit for too long? A lot of people do! That's why we need brain breaks every once in a while. A brain break is a break to help students *and* teachers stay focused and on task. Instead of trying to keep sitting still, take a quick stop and get your wiggles out. Some fun games or things to do on your brain break are do some jumping jacks, heads up 7 up, or to add a super fun spin to your day, dance to some [GONOODLES](#)! If you are looking for more of a silent break, try silent ball, night in the museum, or stopping for some quick yoga. Brain breaks are important for everyone, so make sure you get moving every once in a while!

Band Lessons are not As Positive as we Think.



Band lessons may be helpful, but are also not great for morale. There is evidence to show that they cause stress, anxiety, and excessive competitiveness. Practice time feels like a chore when you do it alone and you are expected to do it alone, *and* practice lesson music on top of that. I personally think we should not have lessons and lower practice time expectations.

Band lessons cause stress and anxiety. Especially when they are an assessment or a grade. In Leah Kruszewski website, she states, “under the eyes of your teacher, your focus dissolves, your heart races, and you play as though you haven’t touched your instrument in weeks.” She also says that “It’s also common for anxiety to have a negative effect on playing.” This shows that lessons may not be when you play your best and cause stress.

Lessons and practice time can feel like a chore. The website Psych Central says that providing lessons will not help if practicing feels like a chore. This website also says that sending your kid off to their room alone will make them more likely to quit than if they have someone playing with them. This shows that lessons can be boring and so can practice time. Making it fun is important.

Written by: Birdy Pikturna
Edited by: Sarah Morris, Fern Shaffner

Band Lessons are not As Positive as we Think.

Part 2

Band is overly competitive. The website Classroom says that competing for chairs or parts can lead to bad feelings and being overly competitive. This shows that the level of competition in band is not good and just adds more stress.

Now that you have seen the evidence, do you agree? As much as band lessons help you learn, they also take away from what we are supposed to be doing. We should be working more on band music so we improve on something that matters. It is also a system that rewards good sight readers more and some people are really good at that naturally. I am all for 5th grade and 6th grade lessons, but in 7th grade, I feel I am not learning anything and the lessons do not help anymore.

I have ideas on how we can fix this. My first idea is to do more playtests and have some with Mr. Ravndal so we can get better at band music instead of focusing on things we most likely won't use. This would be better for the sight reading situation and can show dynamics and things we see more in music. My other idea is to give us a sheet of music instead of 5-6 small pieces to work on. If we do that we could learn more or practice a tune we know making it more fun and enjoyable. My last idea is to make lessons more often so we can learn more or to make them longer. Overall I think my ideas would benefit the band and the people in it.

Sources: [Source 1](#), [Source](#), [Source 3](#)

Wait wait!! It's not done yet!!

Hi! My name is Ayla! I am here to supply you with art! I have a very specific range of things i like to draw so expect things like pokemon fusions, cats, and Maaaaaaaayybe like, hornet from hollow knight or something like that. (cos i think she's cool) soooo yeah if you aren't a fan of video games don't expect to recognise anything (sorry) it IS cool art tho so do check it out. Expect semi regular art (im really slow) and without further ado, enjoy this mewtwo-esque original-ish pokemon!

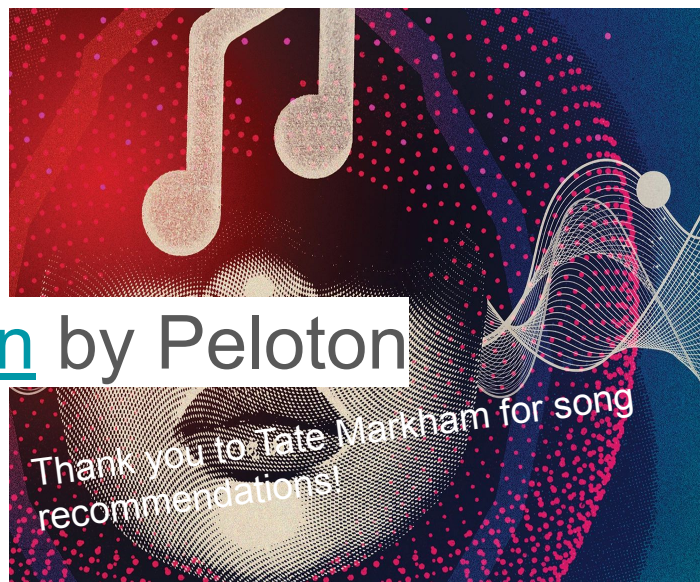
(up next is an animal crossing character concept that may or may not be done by next issue



This week's playlists

LOVE by Jane Johnson

Black History Celebration by Peloton



YOUR VOICE

Submit song recommendations, art, stories, or articles for next month!

Next month's themes are: Women's History Month and Happiness.

Submit songs for playlists [HERE](#).

Submit art, comics, stories, and articles by emailing Ms. Kruger at mkruger@isd282.org

Are you a student entrepreneur who is selling something? Creating something? Offering a service? Send us your advertisement to get the word out! Ads work best when shared a picture or slide. Send them to Ms. Kruger and mkruger@isd282.org



Submissions due by March 1st!

Think you are a pro at Black History? [Top scores for this quiz can win a prize!](#)

Like riddles? [A winner who can solve this will be randomly selected!](#)

Look for winners in the next
Husky Times issue.