

New State of Connecticut Medication Regulations For Sports and *Extracurricular Activities

Coaches of interscholastic or intramural sports and supervisors of extracurricular activities may administer inhalant medications prescribed to treat respiratory conditions and/or medication administered with a cartridge injector for students with medically diagnosed allergic conditions (epi pen).

Parents/guardians of students requiring these medications must:

1. Inform the school nurse prior to the start of the program. A copy of the physician's medication order on file in the health office can be given to the coach/ program supervisor.
If there is no order on file the parent/guardian will need to obtain one for the student's health record.
2. Supply the medication in its original container to the coach/program supervisor. **This medication will be separate from the medication stored in the health office for use during the school day.**
3. Make arrangements with the coach/program supervisor for any medical needs or possible emergencies that may arise during the activity.

*Extracurricular activities mean activities sponsored by the Board of Education that occur outside of the school day and are not part of the educational program.