

March Options School Lunch Menu

Lunch Prices
 Paid: \$3.25
 Reduced: No Charge
 Adult: \$4.50
 Milk: \$0.50

V=Vegetarian
 * = Pork

To view and make deposits into your student's meal account, to sign up for meal benefits and to access nutrition and allergy information, log onto www.schoolcafe.com.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Beef or Vegetarian Nachos (V)	2 Teriyaki Beef Bowl	3 Pasta with Meat Sauce
6 Chicken Nuggets	7 Buffalo or Crispy Layered Chicken Bowl	8 Chicken or Vegetarian Nachos (V)	9 Orange Chicken Bowl	10 Chicken Parmesan Pasta Bowl
13 Vegan Meatball Pasta	14 Buffalo or Crispy Layered Chicken Bowl	15 Beef or Vegetarian Nachos (V)	16 Sweet and Sour Chicken Bowl	17 Macaroni and Cheese (V)
20 Rib B Que Sandwich	21 Buffalo Chicken Tater Bowl	22 Chicken or Vegetarian Nachos (V)	23 Chili and Cinnamon Roll (V)	24 Broccoli (V) or Chicken Alfredo Pasta
27 No School Today	28 No School Today	29 No School Today	30 No School Today	31 No School Today

What is included in your student's lunch meal? Included with all lunches are a Meat or Meat Alternate Entrée, choice of 1% Plain Milk, or Nonfat Chocolate Milk, a Whole Grain Rich Bread or Grain item, and a variety of Fruits and Vegetables.

We are an **Offer Versus Serve** program. "Offer vs. Serve" means that you are always offered a full lunch, but if you don't want it all, you don't have to take every item that is offered. Students must choose from at least 3 food groups and must choose at least 1/2 cup of fruits or vegetables.

Menus subject to change.

"This institution is an equal opportunity provider"

Offered Daily

- Buffalo or Crispy Chicken Sandwich
- Cheese Stuffed Breadsticks (V)
- Cheese (V) or Pepperoni* Pizza
- Hamburger or Cheeseburger
- Peanut Butter and Jelly Sandwich (V)
- Variety of Deli Sandwich (V)
- Variety of Prepared Salad (V)
- Yogurt and Granola Cup (V)

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<http://www.beaverton.k12.or.us/home/departments/nutrition-services/>