

# March K-5 & K-8 Lunch Menu

Lunch Prices  
 Paid: \$3.05  
 Reduced: No Charge  
 Adult: \$4.50  
 Milk: \$0.50

V=Vegetarian  
 \* = Pork

To view and make deposits into your student's meal account, to sign up for meal benefits and to access nutrition and allergy information, log onto [www.schoolcafe.com](http://www.schoolcafe.com).

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Follow us on Facebook:                      @BeavertonSDNutritionServices                      Follow us on Instagram: @bsdnutritionservices                      Visit our Website:  <a href="http://www.beaverton.k12.or.us/home/departments/nutrition-services/">http://www.beaverton.k12.or.us/home/departments/nutrition-services/</a></p>		<p>1                      Chicken Nuggets                      Pepperoni Pizza * or Cheese Pizza (V)                      Yogurt and Granola (V)                      Smuckers PB &amp; J Sandwich (V)</p>	<p>2                      Macaroni and Cheese (V)                      Buffalo or Crispy Chicken Sandwich                      Yogurt and Granola (V)                      Deli Sandwich (V)</p>	<p>3                      Vegan Meatball Pasta (V)                      Hamburger or Cheeseburger                      Yogurt and Granola (V)                      Smuckers PB &amp; J Sandwich (V)  <b>Hot Corn offered with all meals</b></p>
		<p>6                      Sweet and Sour Chicken Bowl served with Noodles                      Cheese Stuffed Breadsticks with Marinara Sauce (V)                      Yogurt and Granola (V)                      Smuckers PB &amp; J Sandwich (V)</p>	<p>7                      Cheese (V) or Chicken and Cheese Quesadillas                      Chicken Nuggets                      Yogurt and Granola (V)                      Deli Sandwich (V)</p>	<p>8                      Pepperoni Pizza * or Cheese Pizza (V)                      Yogurt and Granola (V)                      Smuckers PB &amp; J Sandwich (V)</p>
<p>13                      Teriyaki Beef Bowl served with Rice                      Buffalo or Crispy Chicken Tenders                      Yogurt and Granola (V)                      Smuckers PB &amp; J Sandwich (V)</p>	<p>14                      Hot Dog                      Cheese Stuffed Breadsticks with Marinara Sauce (V)                      Yogurt and Granola (V)                      Deli Sandwich (V)  <b>Treat Day</b></p>	<p>15                      Chicken Nuggets                      Pepperoni Pizza * or Cheese Pizza (V)                      Yogurt and Granola (V)                      Smuckers PB &amp; J Sandwich (V)</p>	<p>16                      Macaroni and Cheese (V)                      Rib B Que Sandwich                      Yogurt and Granola (V)                      Deli Sandwich (V)</p>	<p>17                      Buffalo or Crispy Chicken Sandwich                      Hamburger or Cheeseburger                      Yogurt and Granola (V)                      Smuckers PB &amp; J Sandwich (V)  <b>Hot Corn offered with all meals</b></p>
<p>20                      Sweet and Sour Chicken Bowl served with Noodles                      Corn Dog                      Yogurt and Granola (V)                      Smuckers PB &amp; J Sandwich (V)</p>	<p>21                      Bean and Cheese or Beef and Cheese Nachos (V)                      Chicken Nuggets                      Yogurt and Granola (V)                      Deli Sandwich (V)</p>	<p>22                      Pepperoni Pizza * or Cheese Pizza (V)                      Yogurt and Granola (V)                      Smuckers PB &amp; J Sandwich (V)</p>	<p>23  <b>Chili and Cinnamon Roll (V)</b>                      Buffalo or Crispy Chicken Sandwich                      Yogurt and Granola (V)                      Deli Sandwich (V)</p>	<p>24                      Fish Sticks                      Hamburger or Tillamook® Cheeseburger                      Yogurt and Granola (V)                      Smuckers PB &amp; J Sandwich (V)  <b>Tater Tots offered with all meals</b></p>
<p>27  <b>No School Today</b></p>	<p>28  <b>No School Today</b></p>	<p>29  <b>No School Today</b></p>	<p>30  <b>No School Today</b></p>	<p>31  <b>No School Today</b></p>

**What is included in your students lunch meal?** Included with all lunches are a Meat or Meat Alternate Entrée, choice of Nonfat Plain Milk, 1% White Milk, or Nonfat Chocolate Milk, a Whole Grain Rich Bread or Grain item, and a variety of Fruits and Vegetables.

We are an **Offer Versus Serve** program. "Offer vs. Serve" means that you are always *offered* a full lunch, but if you don't want it all, you don't have to take every item that is offered. Students must choose from at least 3 food groups and must choose at least 1/2 cup of fruits or vegetables.

**Menus subject to change.**

"This institution is an equal opportunity provider"