

March High School Lunch Menu

Lunch Prices
 Paid: \$3.60
 Reduced: No Charge
 Adult: \$4.50
 Milk: \$0.50

V=Vegetarian
 * = Pork

To view and make deposits into your student's meal account, to sign up for meal benefits and to access nutrition and allergy information, log onto www.schoolcafe.com.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Fish Taco Sweet and Sour Chicken Bowl	2 Broccoli (V) or Chicken Alfredo Pasta General Tso's Chicken Bowl	3 Buffalo Chicken Tater Bowl Orange Chicken Bowl
6 Buffalo or Crispy Chicken Tenders Orange Chicken Bowl	7 Buffalo or Crispy Layered Chicken Bowl General Tso's Chicken Bowl	8 Corn Dog Sweet and Sour Chicken Bowl	9 Chicken Parmesan Pasta Bowl General Tso's Chicken Bowl	10 Buffalo Chicken Tater Bowl Orange Chicken Bowl
13 Chicken Nuggets Orange Chicken Bowl	14 Buffalo or Crispy Layered Chicken Bowl General Tso's Chicken Bowl	15 BBQ Chicken Filet Sandwich Sweet and Sour Chicken Bowl	16 Pasta with Meat Sauce General Tso's Chicken Bowl	17 Buffalo Chicken Tater Bowl Orange Chicken Bowl
20 Vegan Meatball Pasta Orange Chicken Bowl	21 Buffalo or Crispy Layered Chicken Bowl General Tso's Chicken Bowl	22 Rib B Que Sandwich Sweet and Sour Chicken Bowl	23 Chili and Cinnamon Roll (V) General Tso's Chicken Bowl	24 Buffalo Chicken Tater Bowl Orange Chicken Bowl
27 No School Today	28 No School Today	29 No School Today	30 No School Today	31 No School Today

Offered Daily

- Beef, Chicken, and Vegetarian Nachos
- Beef and Chicken Teriyaki Bowls
- Buffalo or Crispy Chicken Sandwich
- Cheese Stuffed Breadsticks with Marinara (V)
- Cheese (V) or Pepperoni* Pizza
- Hamburger or Cheeseburger
- Handmade Burritos
- Peanut Butter and Jelly Sandwich (V)
- Variety of Deli Sandwich (V)
- Variety of Prepared Salads (V)
- Yogurt and Granola Cup (V)

What is included in your students lunch meal? Included with all lunches are a Meat or Meat Alternate Entrée, choice of 1% Plain Milk, or Nonfat Chocolate Milk, a Whole Grain Rich Bread or Grain item, and a variety of Fruits and Vegetables.

We are an **Offer Versus Serve** program. "Offer vs. Serve" means that you are always *offered* a full lunch, but if you don't want it all, you don't have to take every item that is offered. Students must choose from at least 3 food groups and must choose at least 1/2 cup of fruits or vegetables.

Menus subject to change.

"This institution is an equal opportunity provider"

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<http://www.beaverton.k12.or.us/home/departments/nutrition-services/>