

# MARCH 2023 HIGH SCHOOL MENU

Full Pay Lunch \$3.90 - \$4.25  
11:02-11:36am/11:54-12:21pm/12:39-1:13pm  
Full Pay Breakfast - \$2.00-\$2.50  
7-7:55am/9:25-9:32am  
\$2.00-\$2.50

There will be no charge for reduce price meals throughout the remainder of the 22-23 school year

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

**Fish and/or Vegetarian items will also be offered Fridays during Lent**

**6** Chicken Drumsticks served w/ mashed potatoes and Breadstick

**7** Fiesta Bar  
Beef or Chicken Tacos or Nachos w/ Toppings  
Refried Beans

**13** BBQ Drumsticks served w/roasted potatoes and Breadstick

**14** Taco Tuesday!  
Turkey & Cheese Enchiladas  
MICHIGAN SALAD GREENS  
Refried Bean

**20** Popcorn Chicken Bowl, Roll  
w/ mashed potatoes, gravy and Corn

**21** Fiesta Bar  
Beef or Chicken Tacos or Nachos w/ Toppings  
Refried Beans

**1** Philly Steak and Cheese  
Sub w/ Peppers & Onions  
JET'S Pizza Day!

**8** Greek Beef Gyro  
w/ Tzakti Sauce & Fries  
JET'S Pizza Day!

**15** Try Something New!  
Turkey Burger  
Waffle Sandwich  
JET'S Pizza Day!

**22** Chicken Swarma w/  
Tzakti Sauce & Fries  
JET'S Pizza Day!

**2** Pasta w/ Marinara and Meatballs served w/  
Garlic Breadstick  
MICHIGAN BROCCOLI

**9** Cheese filled Lasagna served w/  
Garlic Breadstick  
MICHIGAN BROCCOLI

**16** Cheese Ravioli  
Garlic Breadstick  
MICHIGAN BROCCOLI

**23** Pierogi and Sausage with  
Garlic Breadstick  
MICHIGAN BROCCOLI

**3** Orange Chicken  
w/ WG rice and Stir-fried Veggies/eggroll

**10** Teriyaki Beef or Chicken  
w/ WG rice and Stir-fried Veggies/eggroll

**17** General Tso Chicken  
w/ rice and Stir-fried Veggies/eggroll

**24** **1/2 Day!**  
**No Lunch!**

**27-31**

## SPRING BREAK - NO SCHOOL!

All meals include Proteins & whole grains  
At least 3/4 cup fruits and veggies and  
1% white or chocolate milk

248.341.5671

## DAILY LUNCH OPTIONS!

**CHICKEN PATTY SANDWICH - SPICY AND REGULAR  
CHICKEN TENDERS  
GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS  
VARIETY OF ENTREE SALADS AND  
GRAB AND GO SUBS AND WRAPS  
AND MUCH MORE!!**

All Beef Hot Dog: All beef hot dog to served on a whole grain bun

Chicken Schwarma  
Seasoned Chicken served on a whole grain Pita with tangy cucumber sauce and optional diced tomatoes and onions  
Served with Crispy French Fries

Jet's Pizza: deep dish cheese, pepperoni or veggie pizza filled with marinara sauce and topped with mozzarella cheese

Lasagna Roll-up: pasta noodles filled with creamy ricotta and mozzarella cheese, topped with marinara sauce, served with garlic breadstick

Chicken Alfredo Pasta  
Al Dente Pasta tossed with creamy Alfredo cheese sauce and topped with diced white meat chicken served with Broccoli and garlic breadstick

Bosco Cheese Sticks: Whole grain bread sticks filled with mozzarella cheeses, baked and topped with parmesan cheese, served with marinara sauce

Chicken Patty Sandwich: lightly breaded white meat chicken on a whole grain bun with French Fries offered on the side as a Vegetable

Chicken Tenders: Lightly breaded white meat crispy chicken, served with homemade roll and butter

Fiesta Bar  
2 flour or corn tortilla chips filled with chicken or beef, topped with cheese with Lettuce, rice, beans and optional toppings served on the side.

Grilled Cheese and Tomato Soup: Crispy grilled sandwich stuffed with American cheeses and served with creamy tomato soup.

Burgers  
All Beef Patty with our without American Cheese. Served on a WG Bun with French Fries offered on the Side as a Vegetable

*Try Something New!*

**Turkey Burger Waffle Sandwich**

Grilled Turkey Burger between 2 crisp waffles with tangy coleslaw and spicy honey sriracha sauce

### Burgers

All Beef Patty with our without American Cheese. Served on a WG Bun with French Fries offered on the Side as a Vegetable

### Pierogi and Sausage

Cheese filled pierogi dumplings topped with sliced smoked sausage and served with a Garlic Breadstick and fresh roasted veggies

### Pasta Bar

Your choice of Pasta topped with marinara sauce or Alfredo and choice of meatballs or chicken served with Broccoli and garlic breadstick

### Philly Cheese Steak

Thin slice beef served on a whole grain bun with provolone cheese and optional grilled peppers and onions Served with Crispy French Fries

### Beef Gyros

Thin sliced Gyro Meat served on a whole grain Pita with tangy cucumber sauce and optional diced tomatoes and onions Served with Crispy French Fries

**NEW! scan  
code to  
preorder  
deli  
sandwich**



SCAN ME

**Fruit and Veggie Bar!**

Offered Daily

Includes Michigan Produce such as Blueberries, Cherries, Michigan Lettuce, Legumes and Apples

plus MUCH more Fruits and Veggies to Choose from!

### BREAKFAST

#### DAILY SPECIALS

**TURKEY/CHEESE CROISSANT**

**YOGURT PARFAITS**

**HOMEMADE MUFFINS**

**BAGELS AND CREAM CHEESE**

**DONUTS**

**CEREAL, CEREAL BARS AND MUCH MORE**

**ALL COMPLETE BREAKFASTS**

**INCLUDE CHOICE OF MICHIGAN PRODUCE,**

**JUICE AND**

**1% white or Chocolate MILK**

Gluten Free

option available per medical request-preorder required



Vegetarian and Dairy Free options available - preorder required

**MENU SUBJECT TO CHANGE WITHOUT NOTICE  
THIS INSTITUTION IS AN EQUAL OPPORTUNITY  
PROVIDER**