



March 1, 2023



## Smart Snacking

As you know, each month we bring our Discovery Kitchen program to the cafeteria to provide students with an experiential learning activity!

This month, our Discovery Kitchen theme was Smart Snacking!

This month's theme was a great opportunity for students to take what they have learned and create Smart Snacks for school and at home!



The months keep rolling by!

As February comes to a close, and we enter March, our minds turn towards the coming of spring! Warmer days, baseball, flowers, life...it is such a beautiful season!

But as much as we want to look ahead, it is fun to stop and look back on the days that just passed! February was a busy month for us in the world of foodservice! Super Bowl celebrations, Valentine's Day, Mardi Gras, and lot of other fun days were squeezed in during our shortest month, along with a full week off!

Take a look inside for some highlights from the past month, and don't forget to follow us on Instagram for regular updates every week!

## Ben

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## Super Bowl Celebration!!

We celebrated the Super Bowl February 10 at all schools!  
The students were treated to fun menus, and our teams loved  
decorating and showing off their team spirit!



## Valentine's Day!!

We LOVE what we do everyday! We had some fun for V-day with some tasty treats at our schools! Raspberries and Chocolate Chips for our elementary learners, and some homemade goodies at SHS!



## Staying Local!

We have a robust and focused purchasing model around local produce, and local foods, and this is something we are quite proud of! We want to be a good partner with our district, and with our world!

We work closely with our produce vendor Sardilli to source all of the local product we can during the school year. The growing season is short for us once we are back in action from the summer, but we make it a focus point for the fall and into the winter!

We are glad to share that during the 2022 calendar year...  
**we purchased and served over 9,000 lbs. of locally grown produce from right here in CT!!**

We celebrated *Mardi Gras* on February 17 at Staples, BMS and CMS.

Students were treated to authentic Jambalaya, King Cake, and LOTS of color and fun!



## Heart Heath at KHS

February 3 we participated in KHS's annual Heart Heath Event!  
We visited with students and staff, talking to them about heart healthy snacking!

### Meet the Team!!

Bianca and Shanique-LLS

Bianca is a newer member of our team who has stepped in as the lead at LLS, and is making a huge difference!

Shanique is a veteran on our team, with 6 years in the schools, and is known throughout the district for her smile and enthusiasm!

Thank you Bianca and Shanique for all you do!!!



Sara our Regional Dietician at KHS!



Students sampled Chocolate Hummus!

