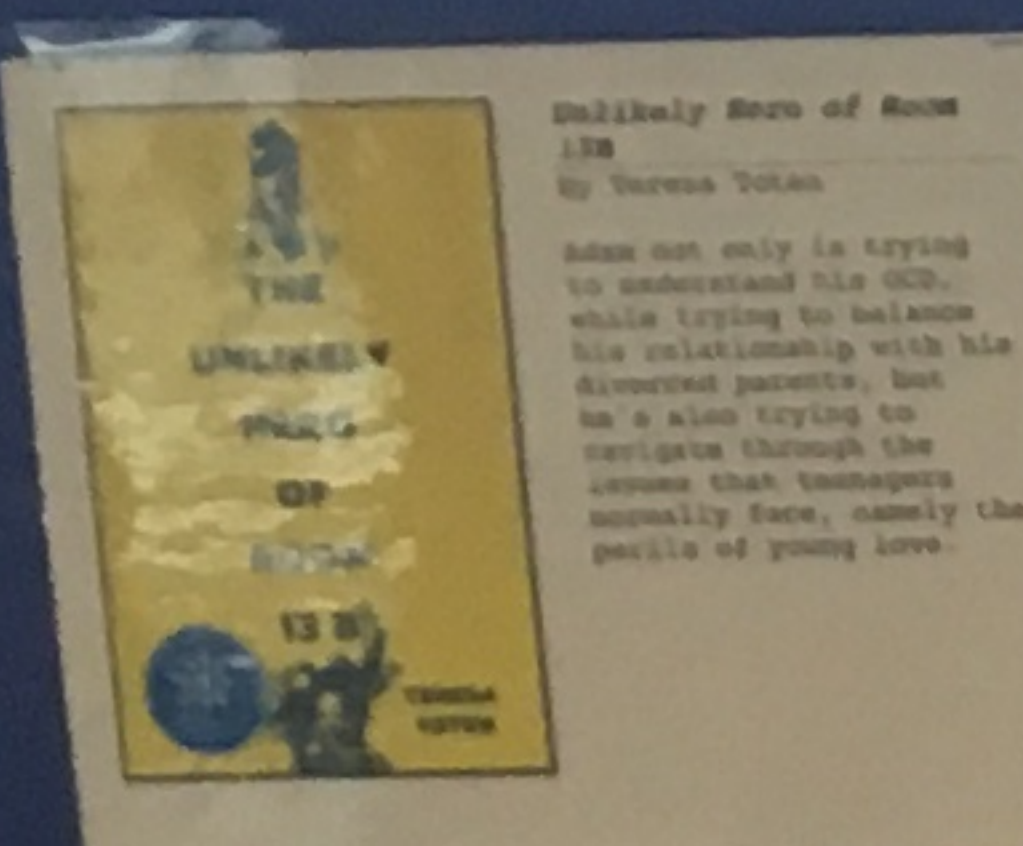


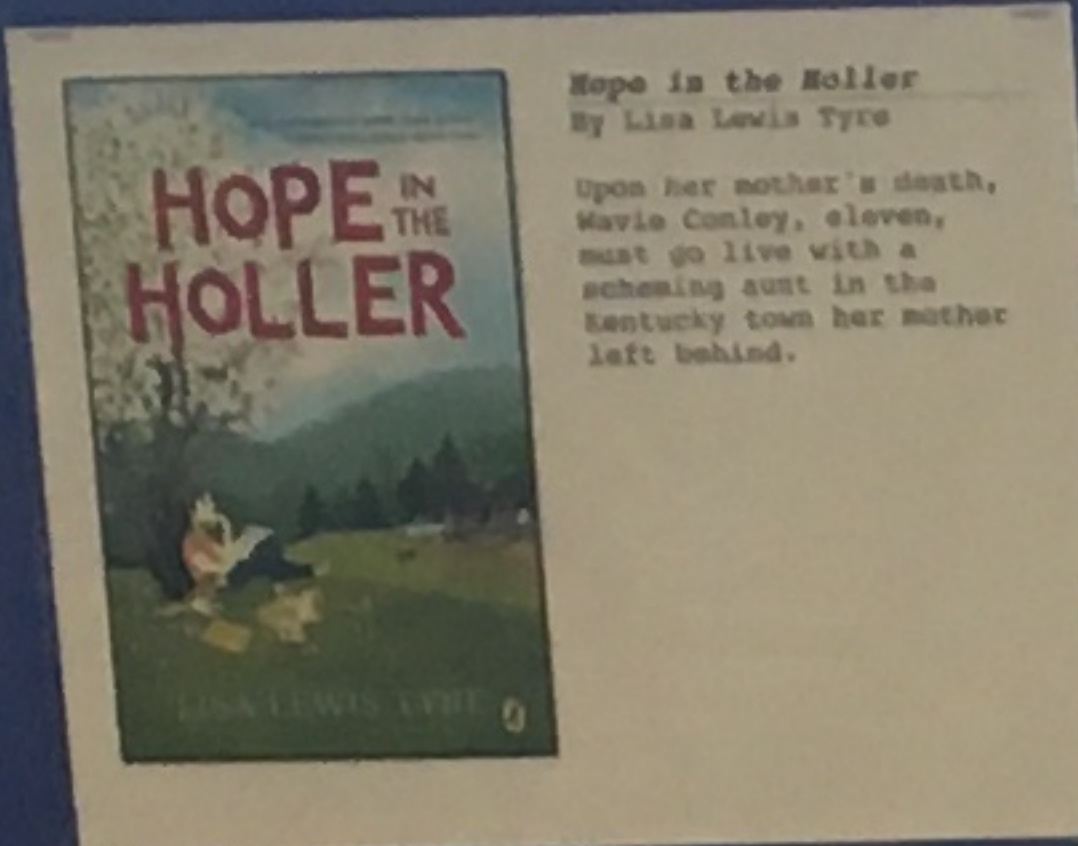
SOCIAL EMOTIONAL LEARNING RESOURCES

Check out these books for help with questions you may have...



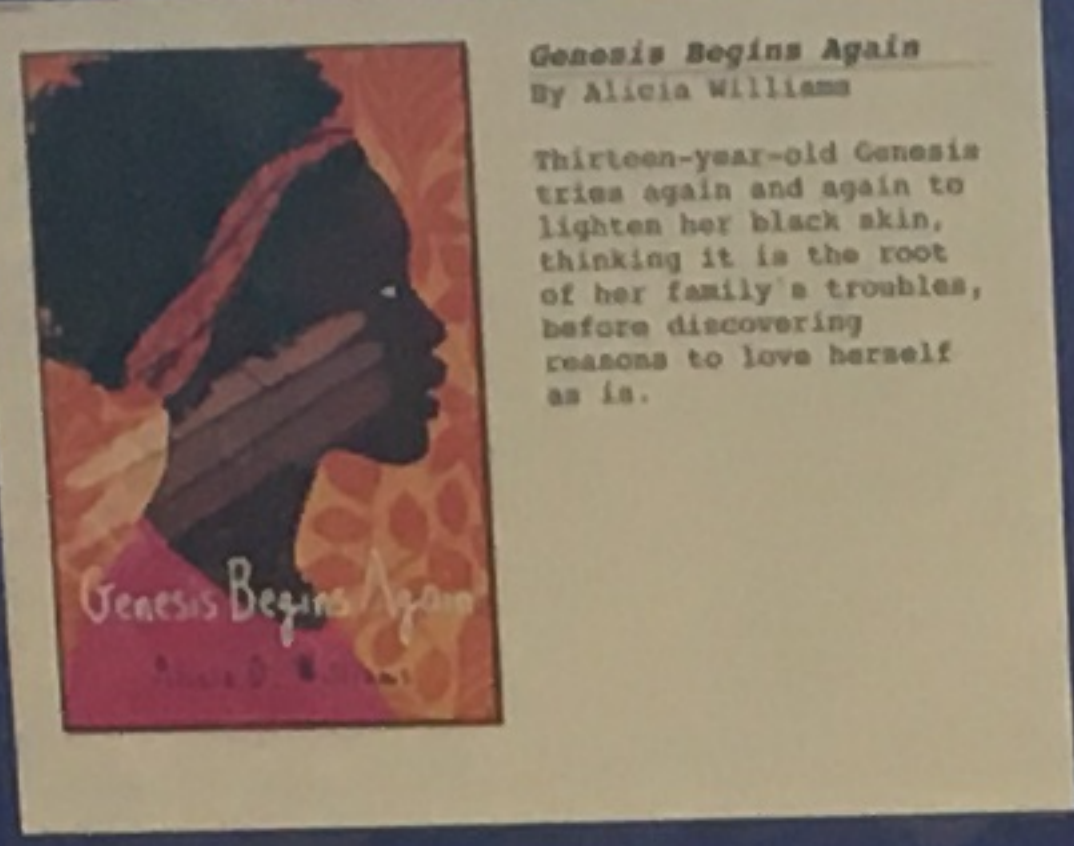
Unlikely Hero of Room 13B
By Theresa Walton

When not only is trying to understand the 50% who are trying to help him, but also trying to navigate through the common that teenagers normally face, namely the puzzle of young love.



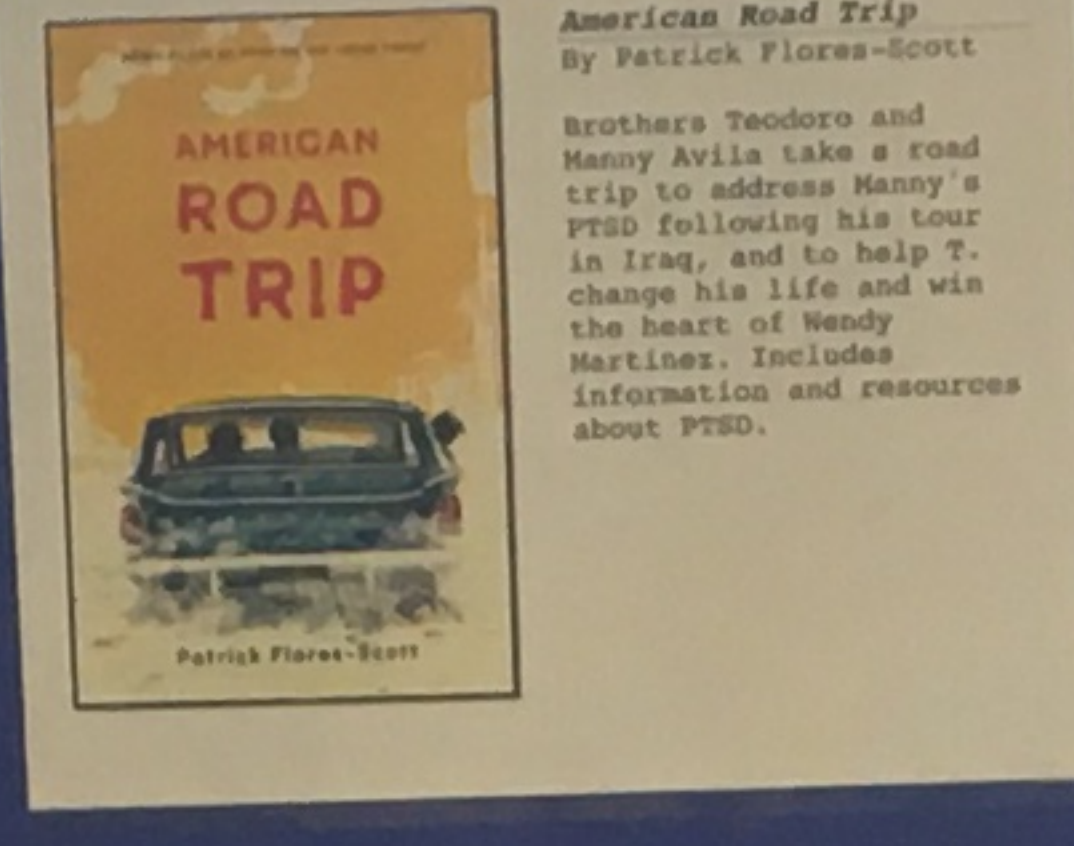
Hope in the Holler
By Lisa Lewis Tye

Upon her mother's death, Mary Conley, eleven, must go live with a scheming aunt in the hazy town her mother left behind.



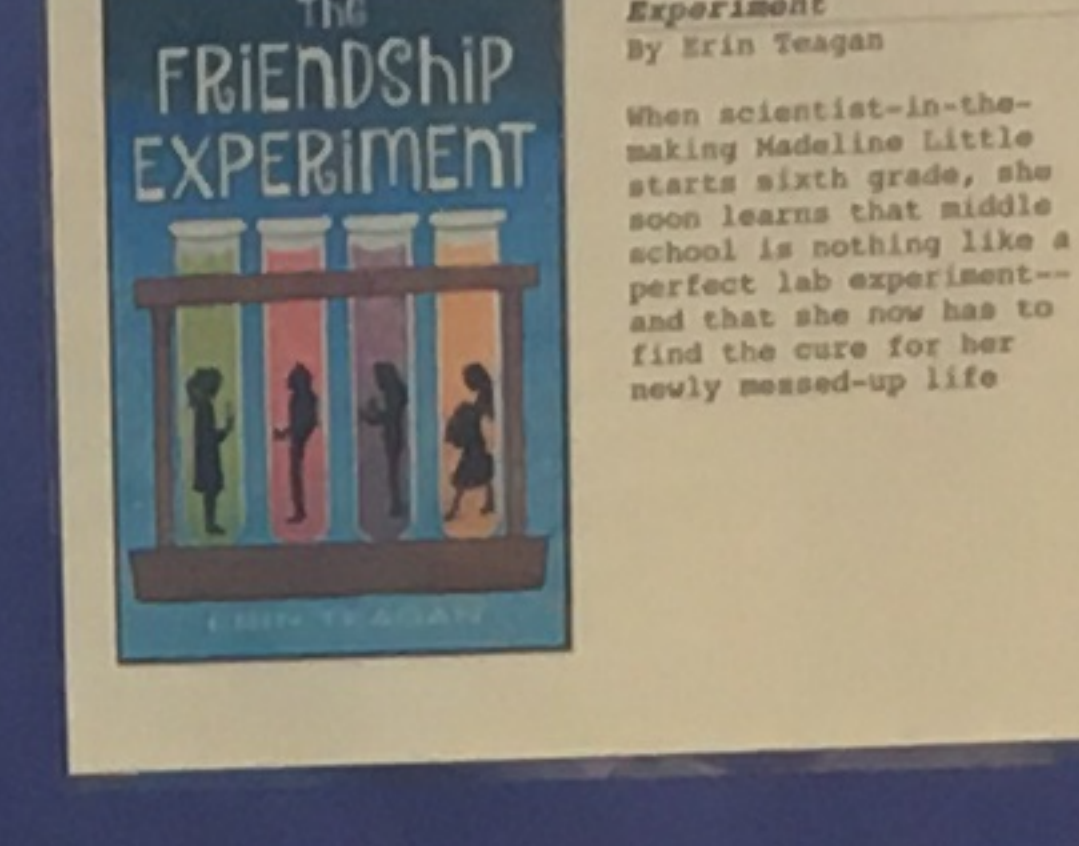
Genesis Begins Again
By Alicia Williams

Thirteen-year-old Genesis tries again and again to lighten her black skin, thinking it is the root of her family's troubles, before discovering courage to love herself as is.



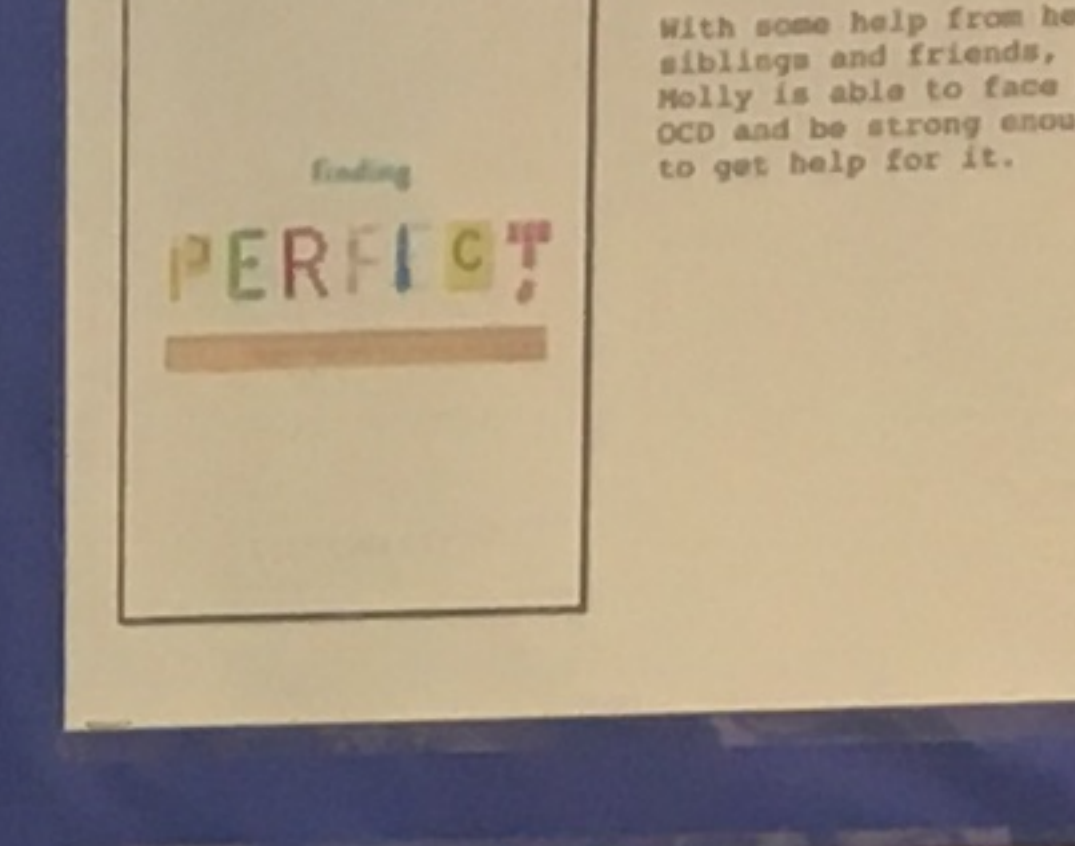
American Road Trip
By Patrick Flores-Bent

Brothers Teodoro and Henry Avila take a road trip to address Henry's PTSD following his tour in Iraq, and to help change his life and win the heart of Wendy Martinez. Includes information and resources about PTSD.



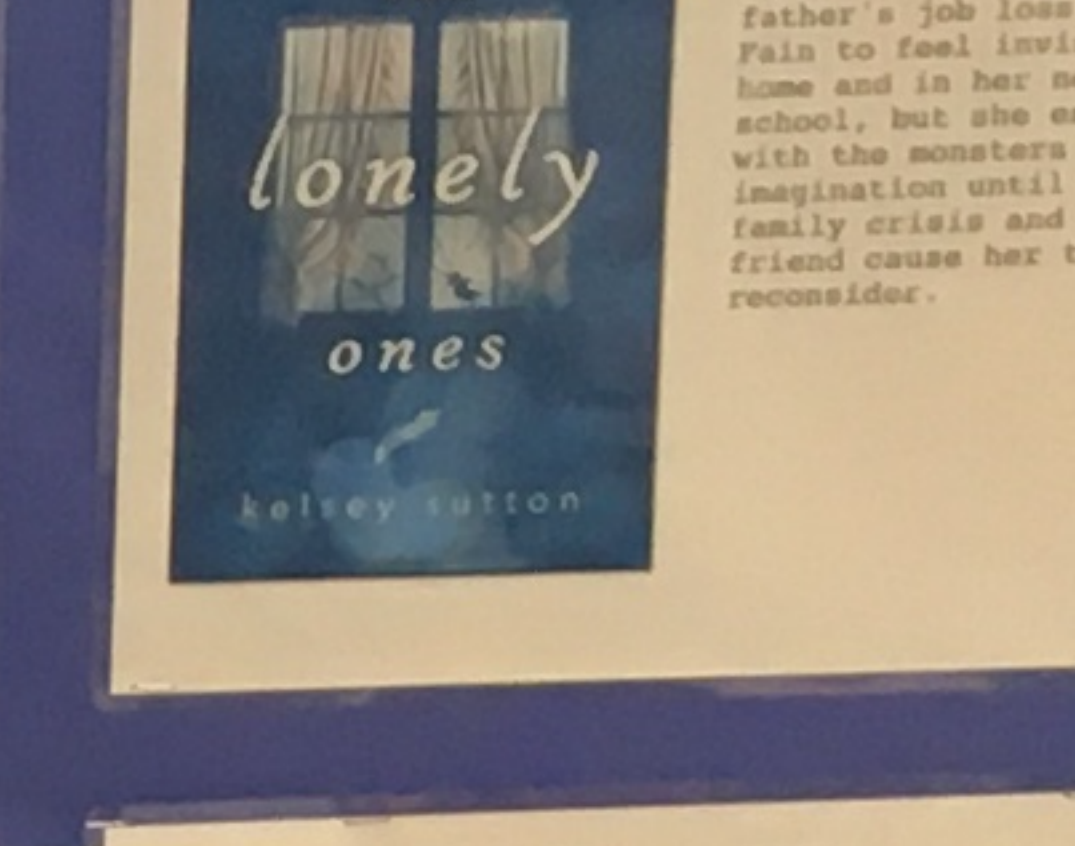
The Friendship Experiment
By Erin Teagan

When scientist-in-the-making Madeline Little starts sixth grade, she soon learns that middle school is anything like a perfect lab experiment--and that she now has to find the cure for her newly mess-up life.



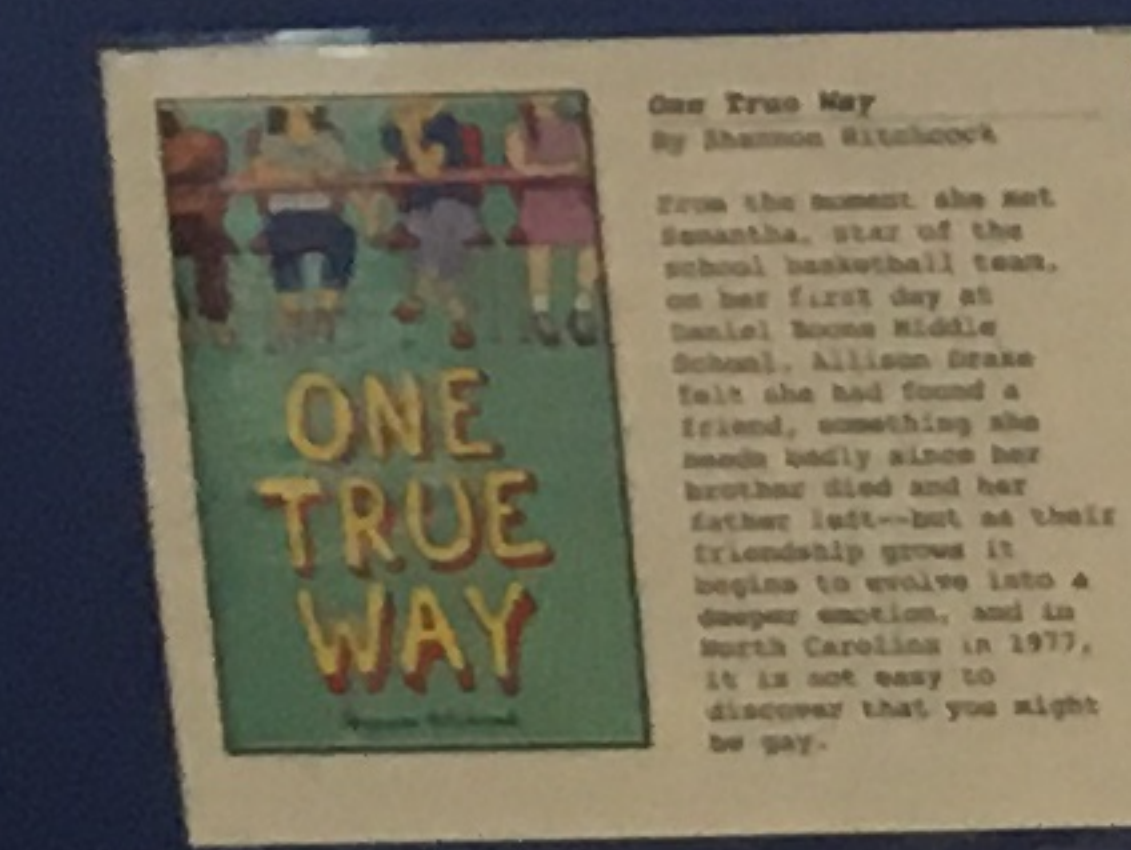
Finding Perfect
By Lily Swartz

With some help from her siblings and friends, Molly is able to face her OCD and be strong enough to get help for it.



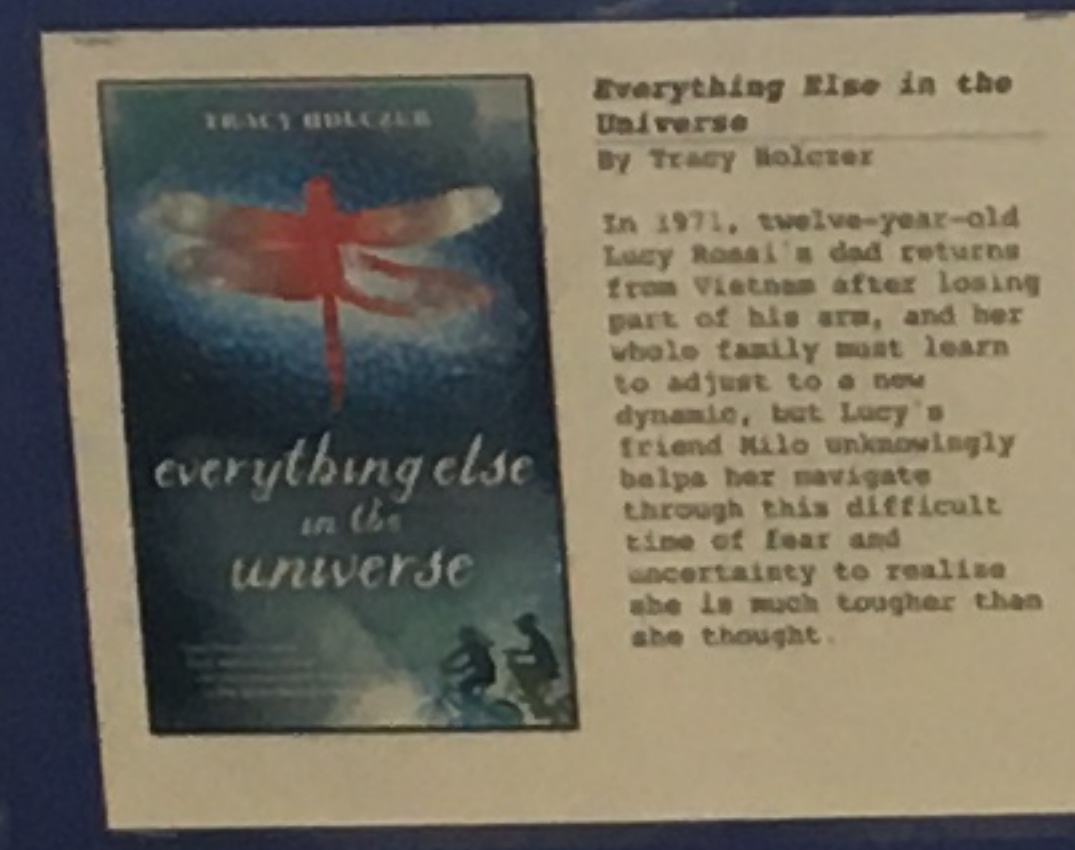
The Lonely Ones
By Kelsey Sutton

The stress of her father's job loss causes pain to feel invisible at home and in her new school, but she escapes with the monsters of her imagination until a family crisis and a human friend cause her to reconsider.



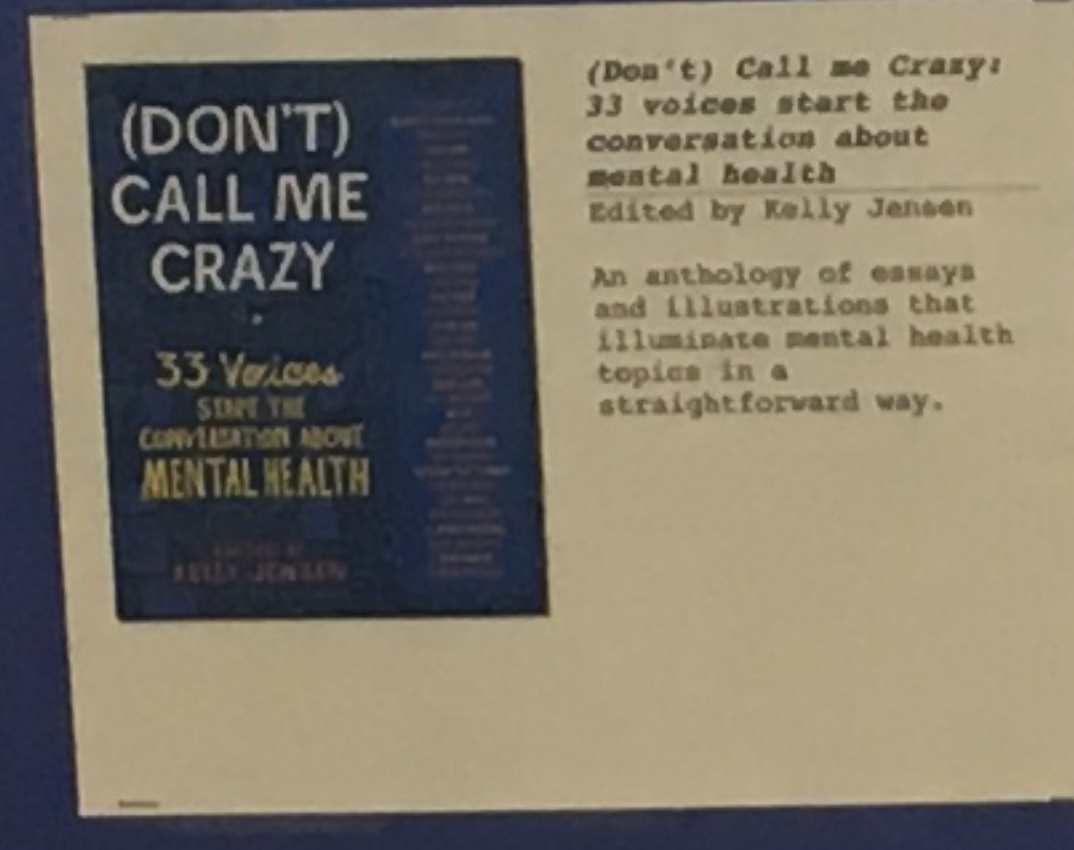
One True Way
By Shannon Kilpatrick

From the moment she met Samantha, vice of the school basketball team, on her first day at social studies Middle School, Allison Drake felt she had found a friend, something she would never find and her father's lack of support in her friendship grew it begins to evolve into a complex emotion, and in North Carolina in 1977, it is not easy to discover that you might be gay.



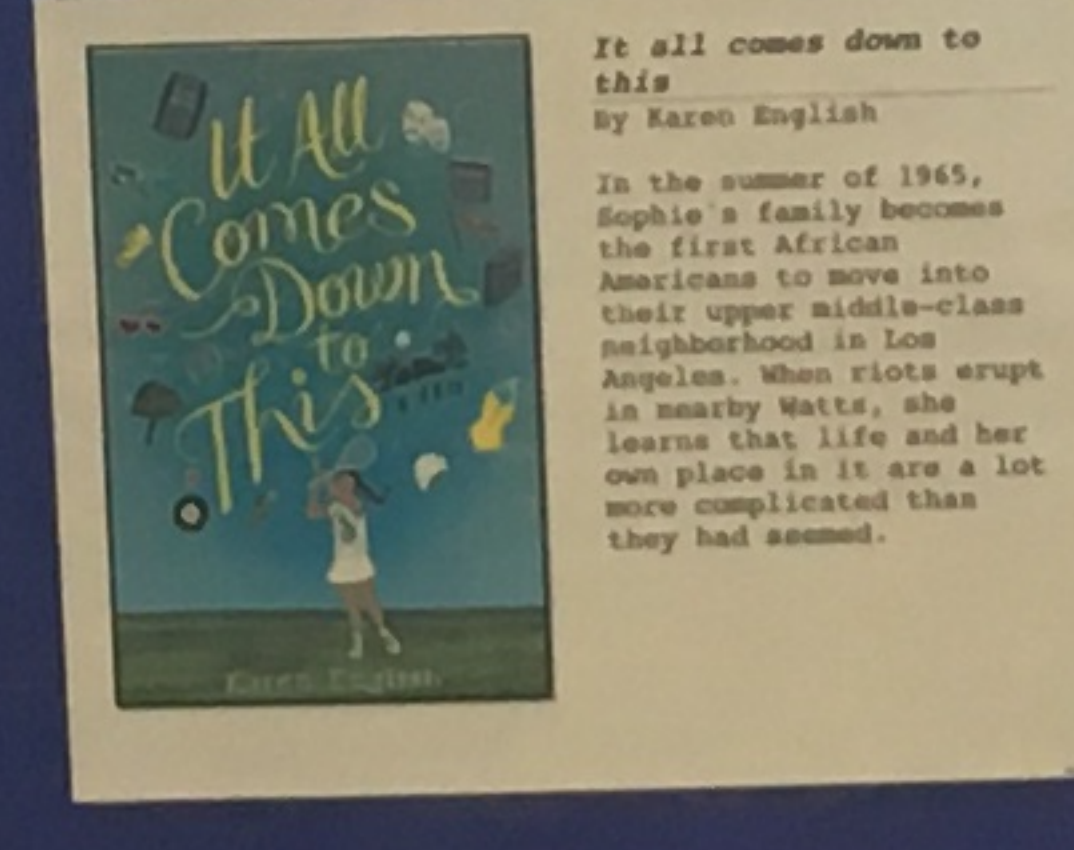
Everything Else in the Universe
By Tracy Holmes

In 1971, twelve-year-old Lucy Hale and her friend George Radonfield from the local Air Force base, but in 1975 update how best there is a lot of tension and hatred between Native Americans and Whites--and Lewis is not sure that he can rely on friendship.



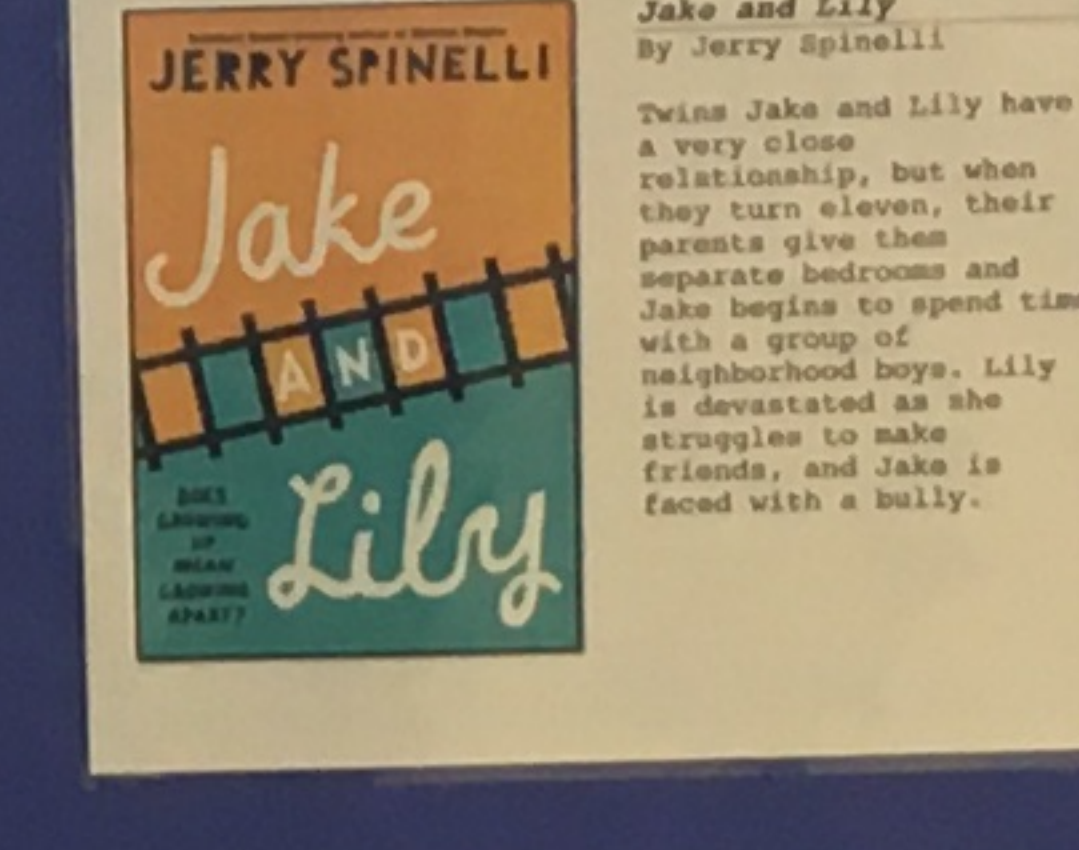
(Don't) Call Me Crazy
By Kelly Jensen

33 Voices start the conversation about mental health. Edited by Kelly Jensen. An anthology of essays and illustrations that illuminate mental health topics in a straightforward way.



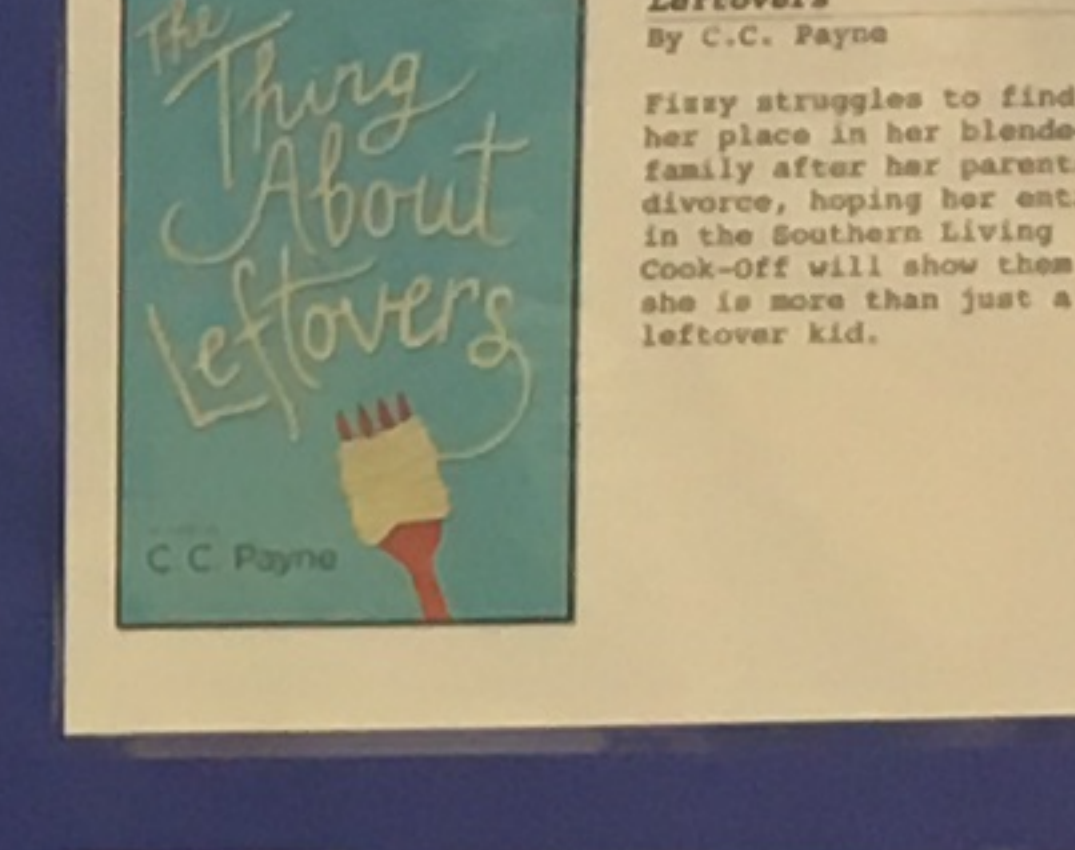
It All Comes Down to This
By Karen English

In the summer of 1965, Sophie's family becomes the first African American to move into their upper-middle-class neighborhood in Los Angeles. When Sophie is nearly twelve, she learns that life and her own place in it are a lot more complicated than they had seemed.



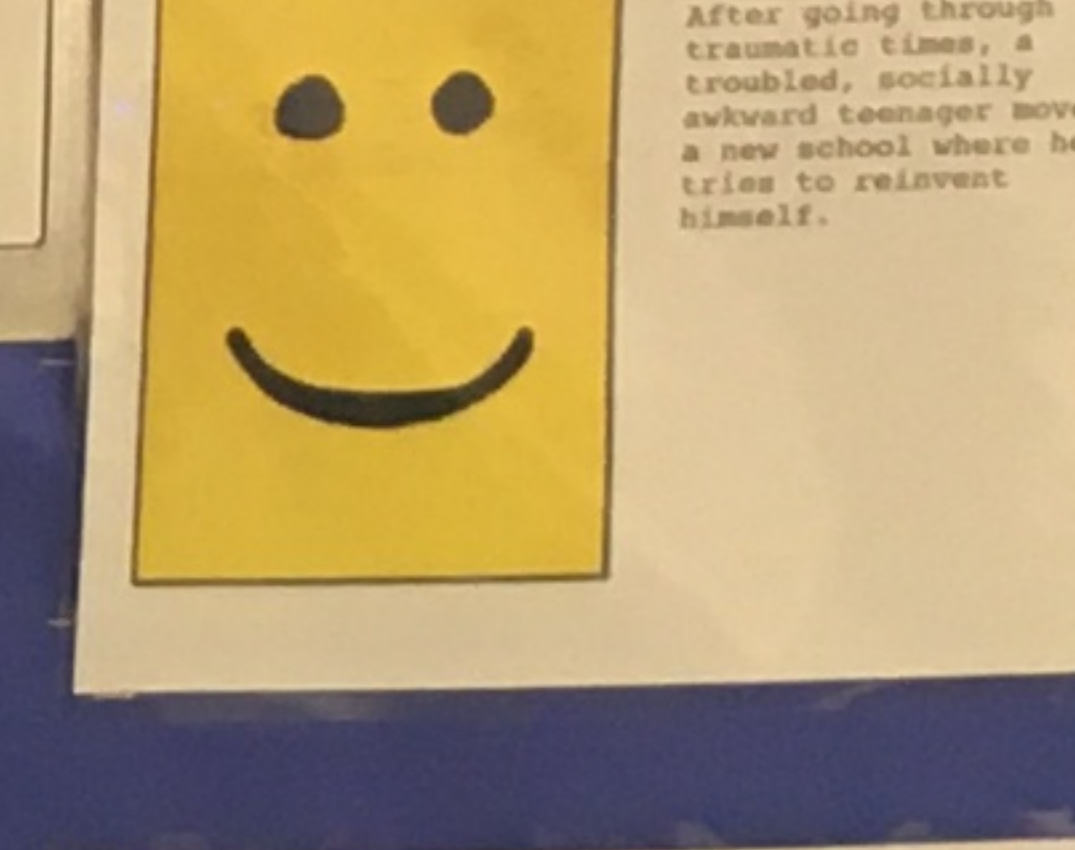
Jake and Lily
By Jerry Spinelli

Twins Jake and Lily have a very close relationship, but when they turn eleven, their parents give them separate bedrooms and separate lives. Lily is devastated as she struggles to make friends, and Jake is faced with a bully.



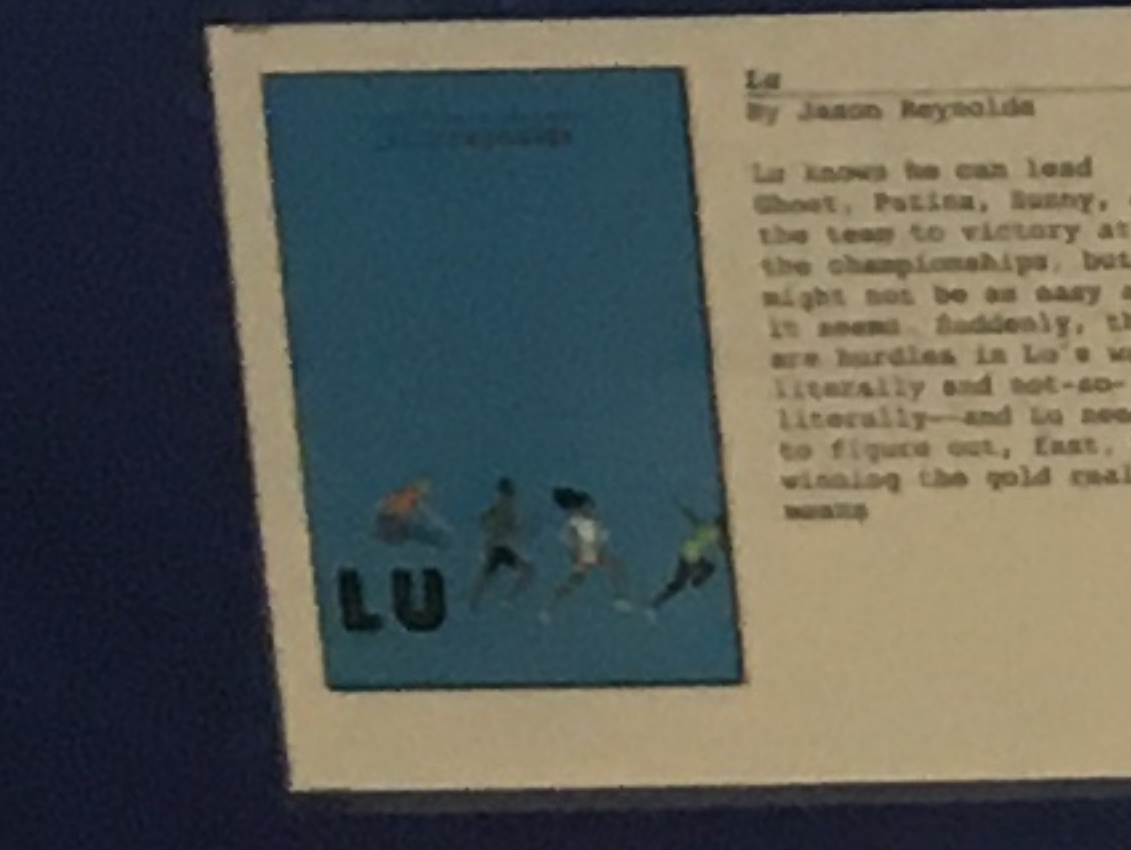
The Thing About Leftovers
By C.C. Payne

Firey struggles to find her place in her blended family after her parents' divorce, hoping her entry in the Southern Living Cook-off will show them she is more than just a leftover kid.



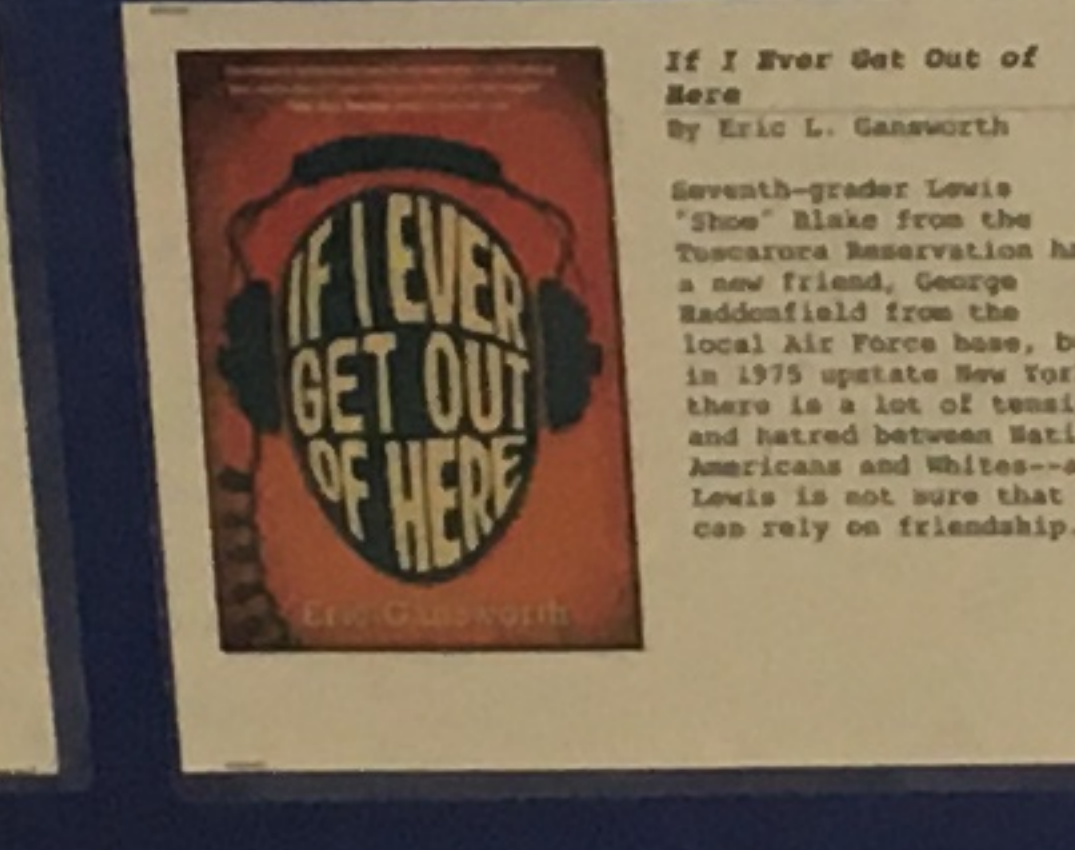
Happyface
By Stephen Good

After going through traumatic times, a troubled, socially awkward teenager moves to a new school where he tries to reinvent himself.



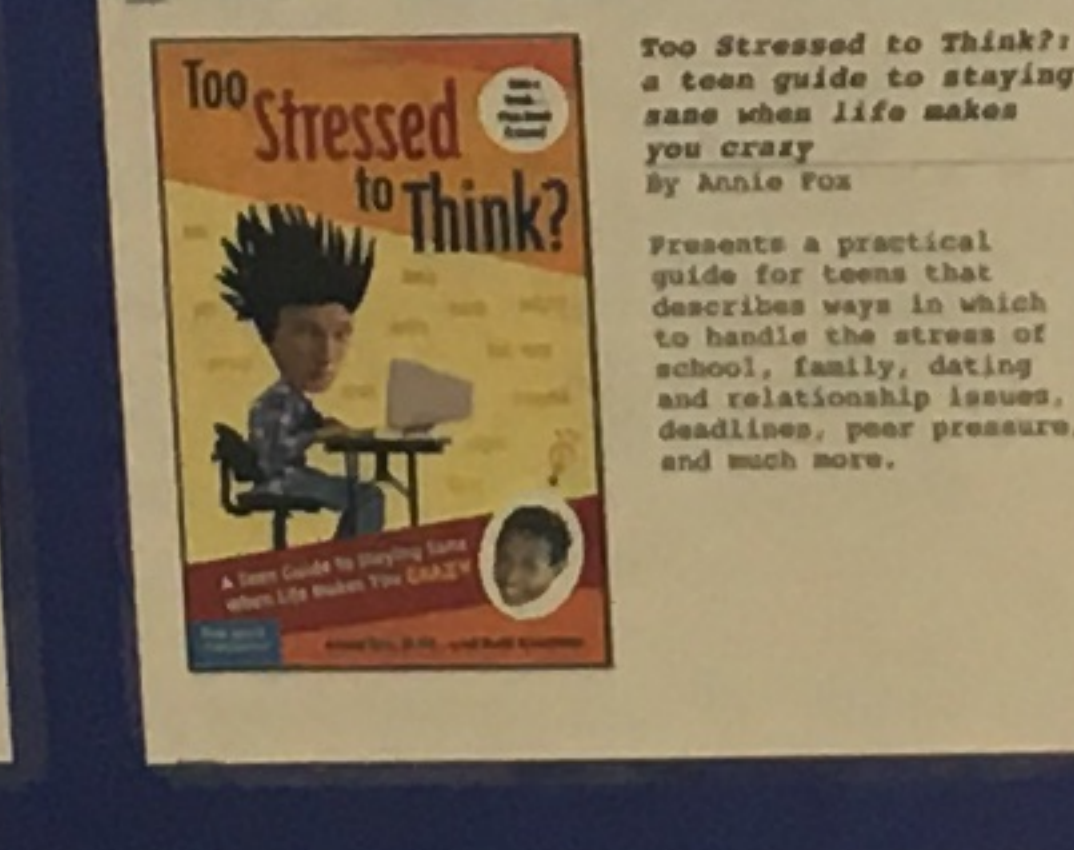
Mike Lufica
By Mike Lupica

Eight-year-old Mike Lufica is feeling the stress of the economy, and Mike is frantic because his best friend Abby is going blind, so when he gets a chance to win a million dollars if he can complete a puzzle during the half-life of a New England Patriots game, he is nearly overwhelmed by the pressure to succeed.



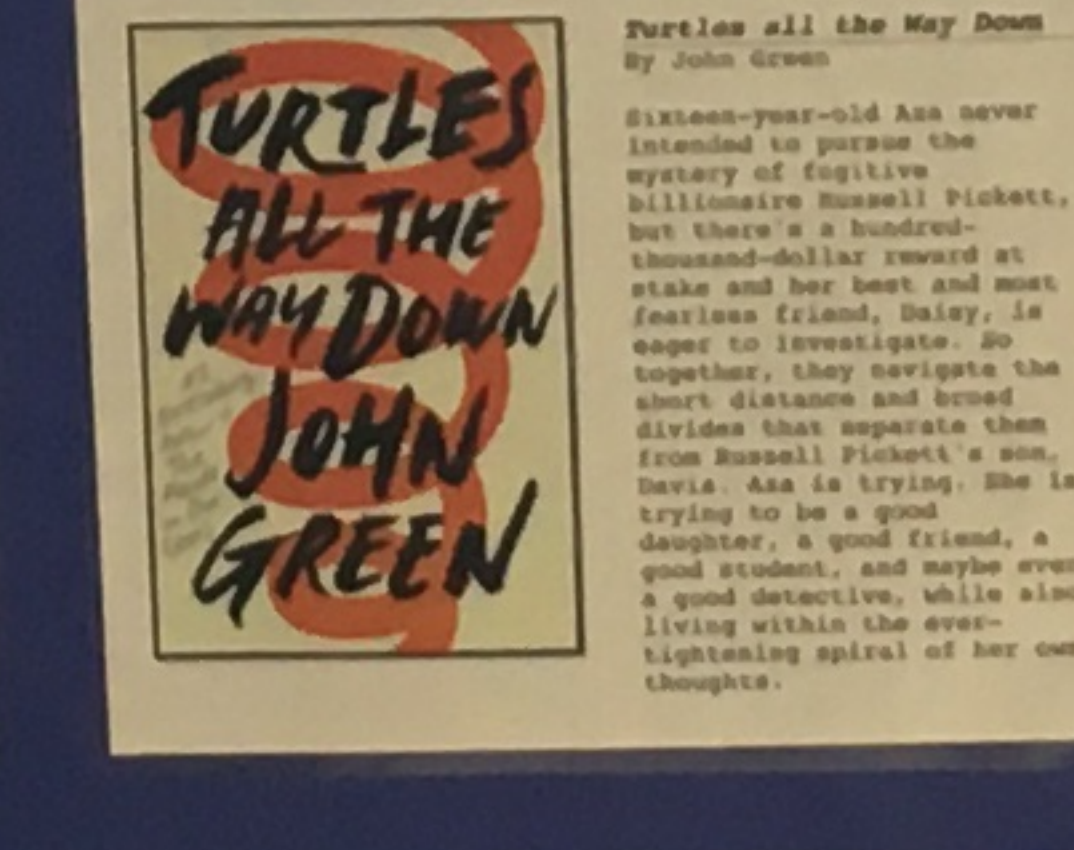
If I Ever Get Out of Here
By Eric L. Gossouth

Seventh-grader Lewis "Shoe" Blake from the Tennessee Reservation has a new friend, George Radonfield from the local Air Force base, but in 1975 update how best there is a lot of tension and hatred between Native Americans and Whites--and Lewis is not sure that he can rely on friendship.



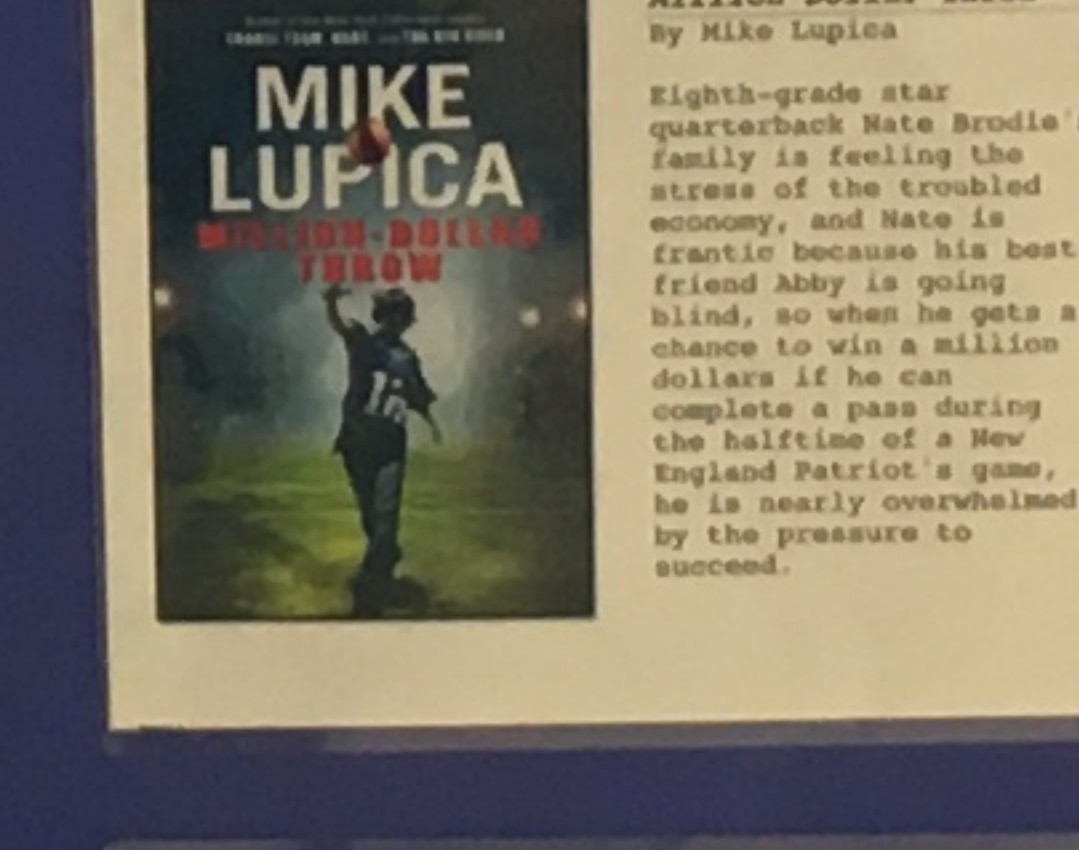
Too Stressed to Think?
By Mike Lupica

Presents a practical guide for teens that describes ways in which to handle the stress of school, family, dating and relationship issues, deadlines, peer pressure, and much more.



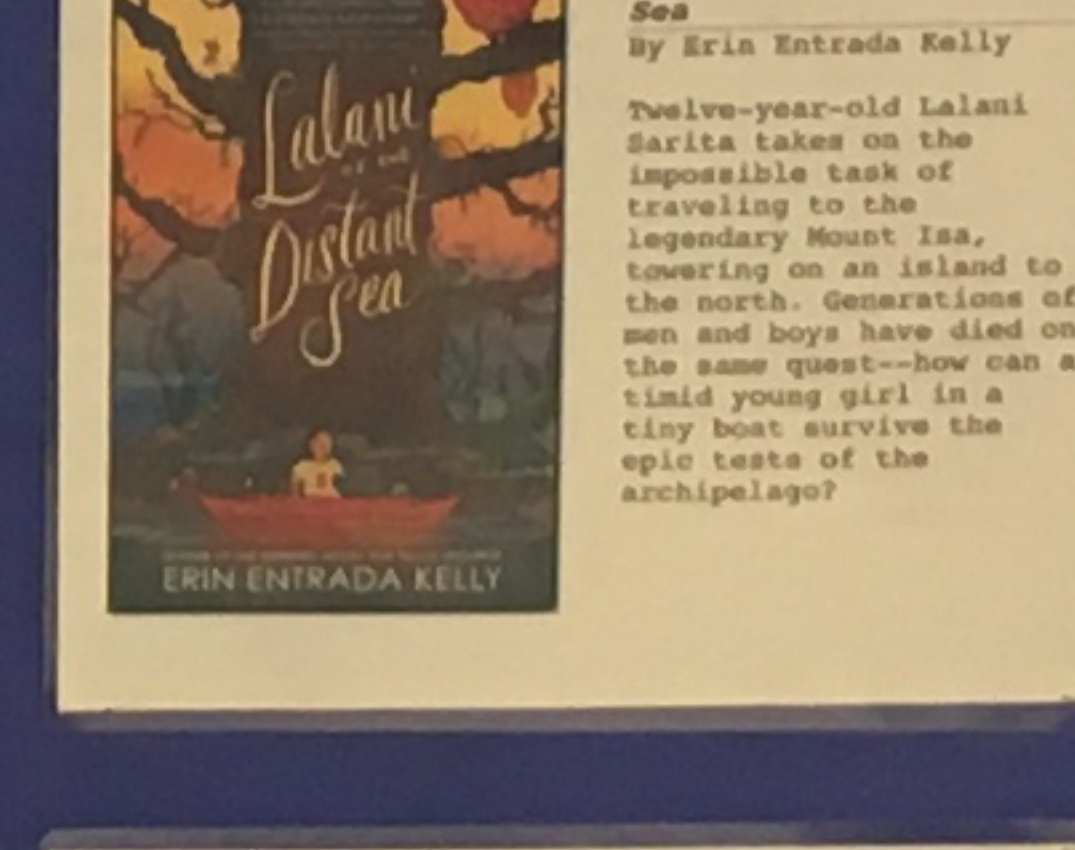
Turtles All the Way Down
By John Green

Seventeen-year-old Hazel never intended to pursue the mystery of fugitive billionaire Russell Pickett, but when she meets a thousand-dollar reward at stake and her best and most favorite friend, Daisy, is eager to investigate, together they navigate the difficult task of separating the truth from Russell Pickett's lies. Hazel is trying to be a good daughter, a good friend, a good student, and maybe even a good detective, while also living within the ever-lightening spiral of her own thoughts.



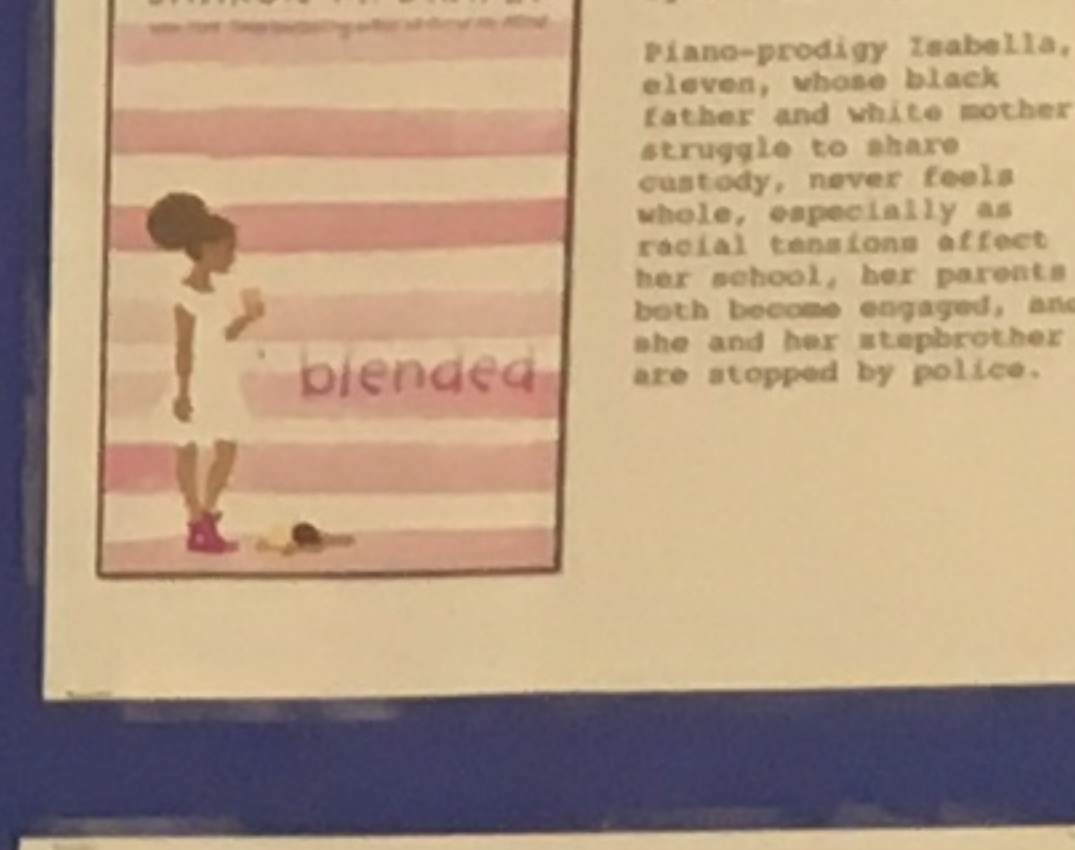
Million Dollar Throw
By Mike Lupica

When applying actress Phoebe and her best friend, the brainy Harper, enter middle school, their friendship is briefly tested by Phoebe's admiration of some of the drama club students and the intensity of her first crush, but ultimately, they find that their relationship can withstand the stresses of their expanding lives.



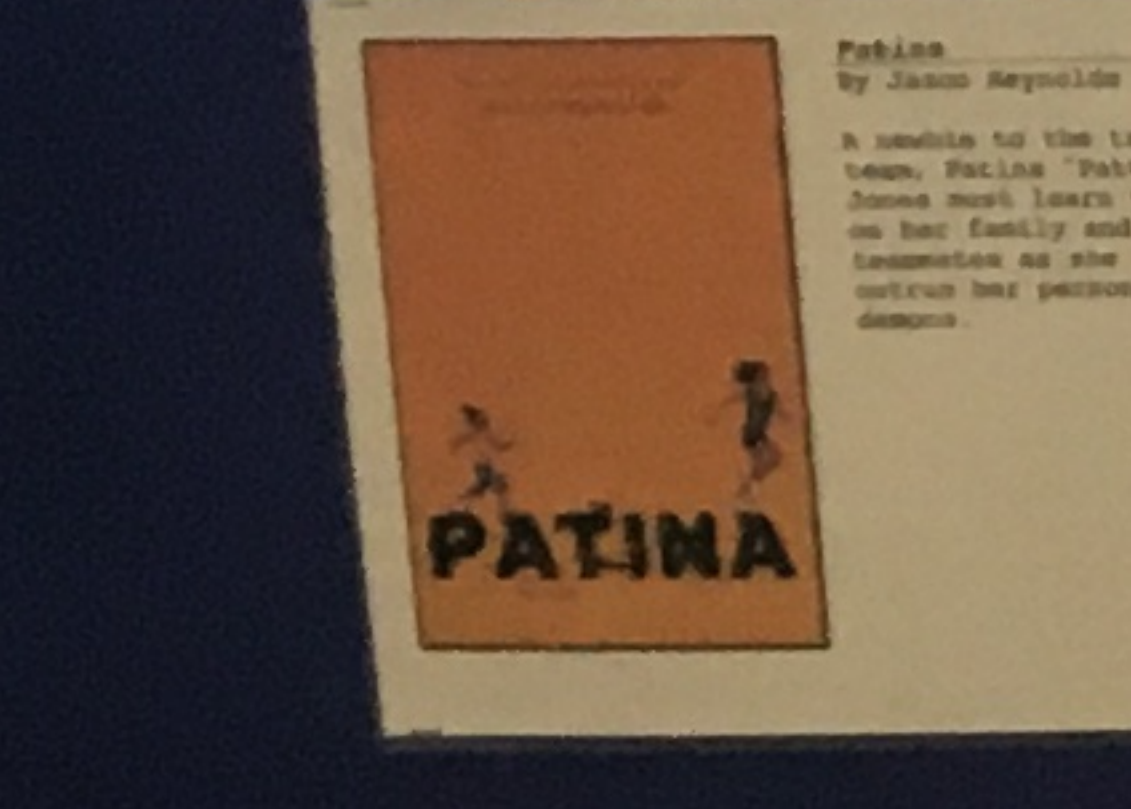
Lalani of the Distant Sea
By Erin Entrada Kelly

Twelve-year-old Lalani Parita takes on the impossible task of traveling to the legendary Mount Iza, towering on an island in the south, generations of men and boys have died on the same quest--how can a tiny boat survive the epic tests of the archipelago?



Blended
By Sharon M. Draper

Piano-prodigy Isabelle, eleven, whose black father and white mother struggle to share equal time in their home, especially as racial tensions affect her school, her parents both become suspicious, and she and her stepbrother are stopped by police.



Patina
By Jason Reynolds

A middle to the lunch team, Patina "Patty" Jones must learn to rely on her family and imagination as she tries to outrun her personal demons.



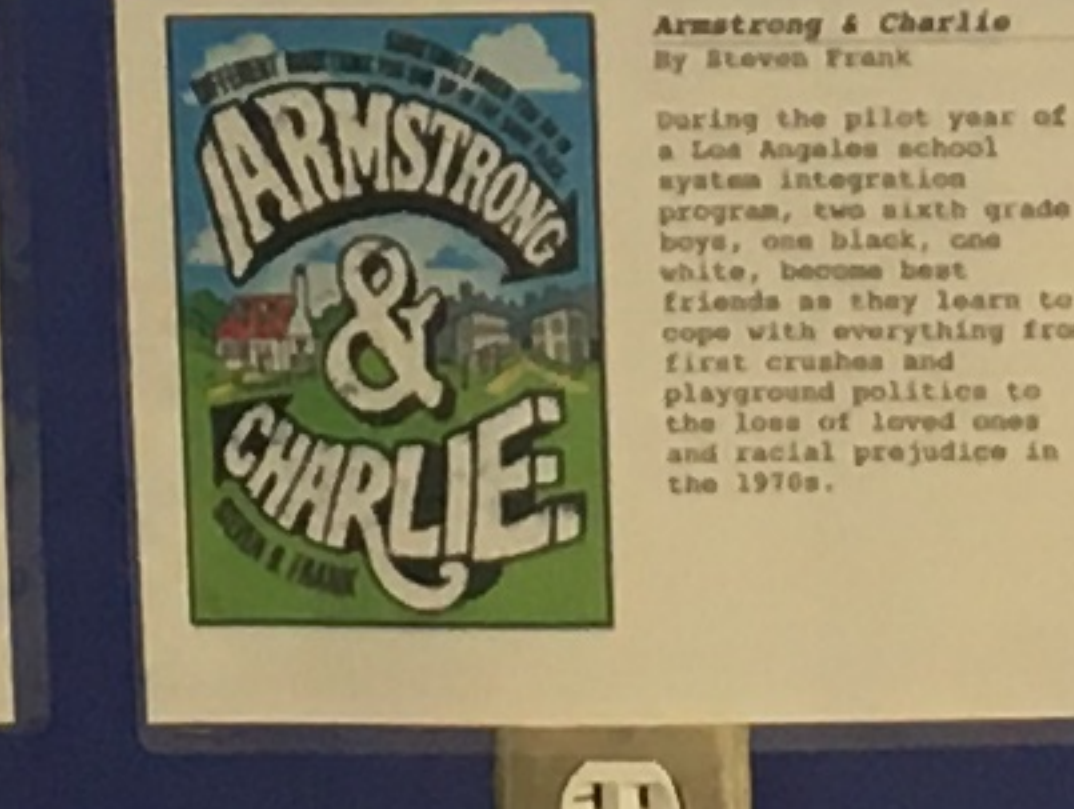
Addie Bell's Shortcut Growing Up
By Jessica Kelly

Seventh grader Addie Bell has a new friend, George Radonfield from the local Air Force base, but in 1975 update how best there is a lot of tension and hatred between Native Americans and Whites--and Lewis is not sure that he can rely on friendship.



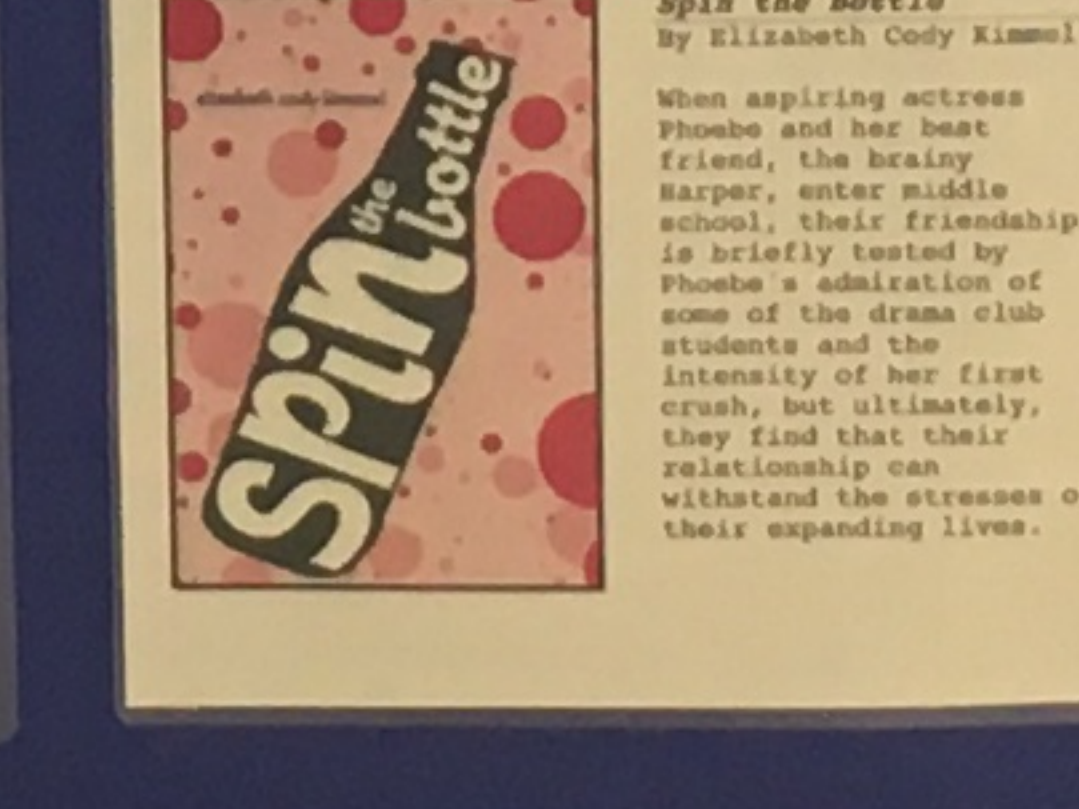
Hello Universe
By Erin Entrada Kelly

The lives of four misfits are intertwined when a bully's prank leads any Virgil at the bottom of a well and Valencia, Enzo, and Gen Band together in an epic quest to find and rescue him.



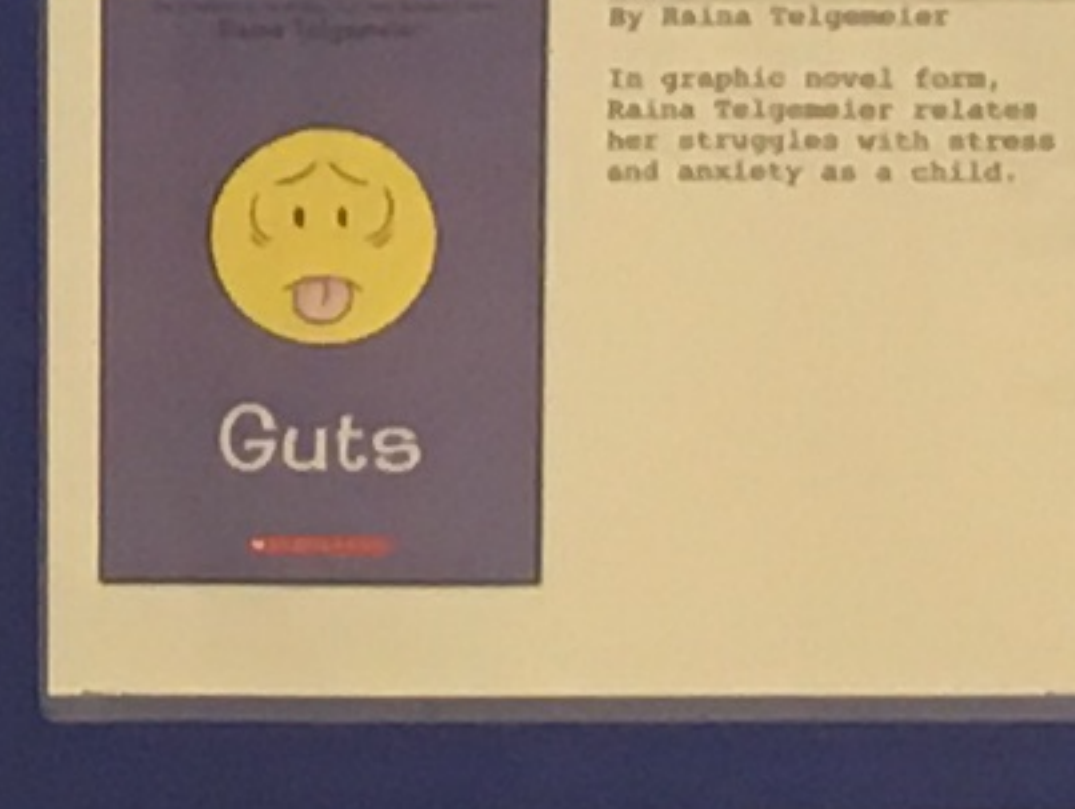
Armstrong & Charlie
By Steven Frank

During the pilot year of a Los Angeles school system integration program, two sixth grade boys, one black, one white, become best friends as they learn to cope with everything from first crushes and playground politics to the loss of loved ones and racial prejudice in the 1970s.



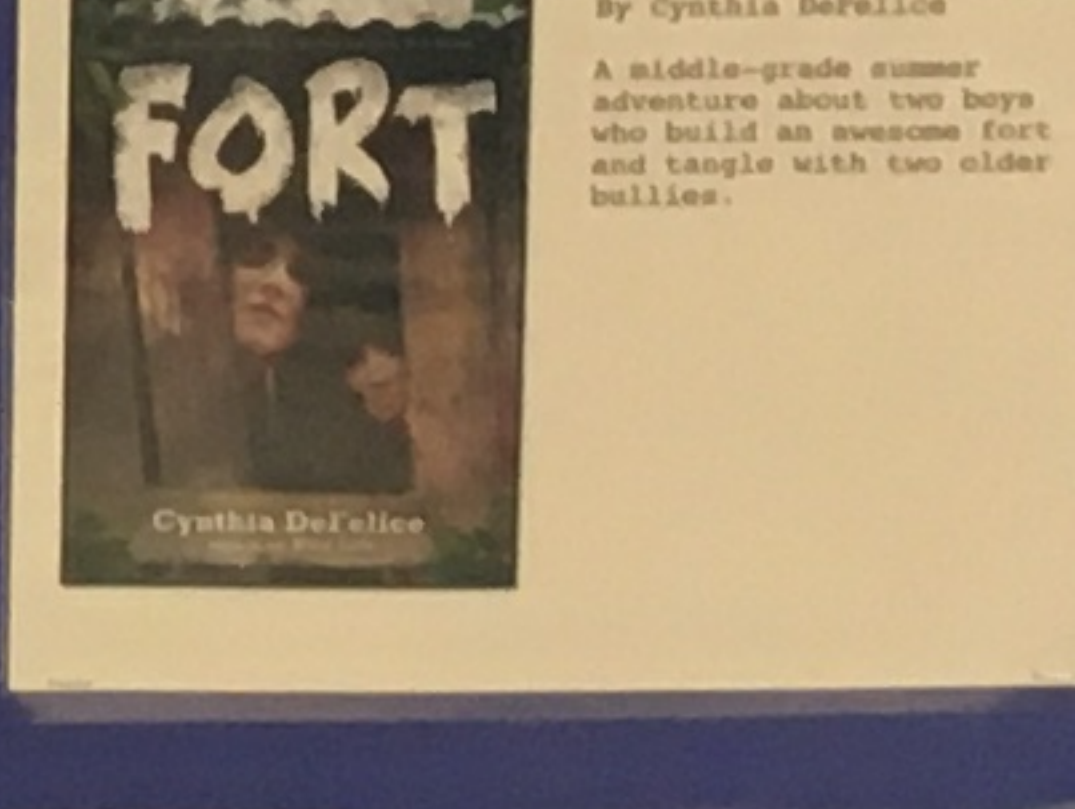
Spin the Bottle
By Erin Entrada Kelly

When applying actress Phoebe and her best friend, the brainy Harper, enter middle school, their friendship is briefly tested by Phoebe's admiration of some of the drama club students and the intensity of her first crush, but ultimately, they find that their relationship can withstand the stresses of their expanding lives.



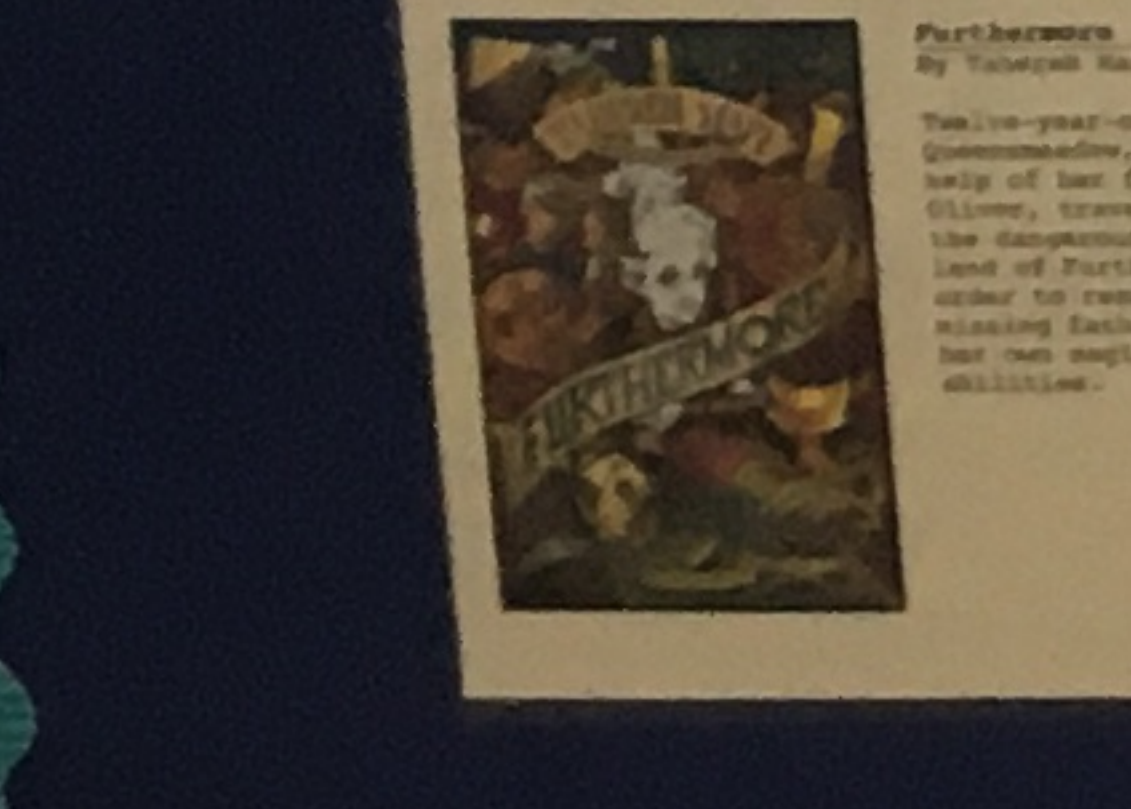
Guts
By Raina Telengmeier

In graphic novel form, Raina Telengmeier relates her struggles with stress and anxiety as a child.



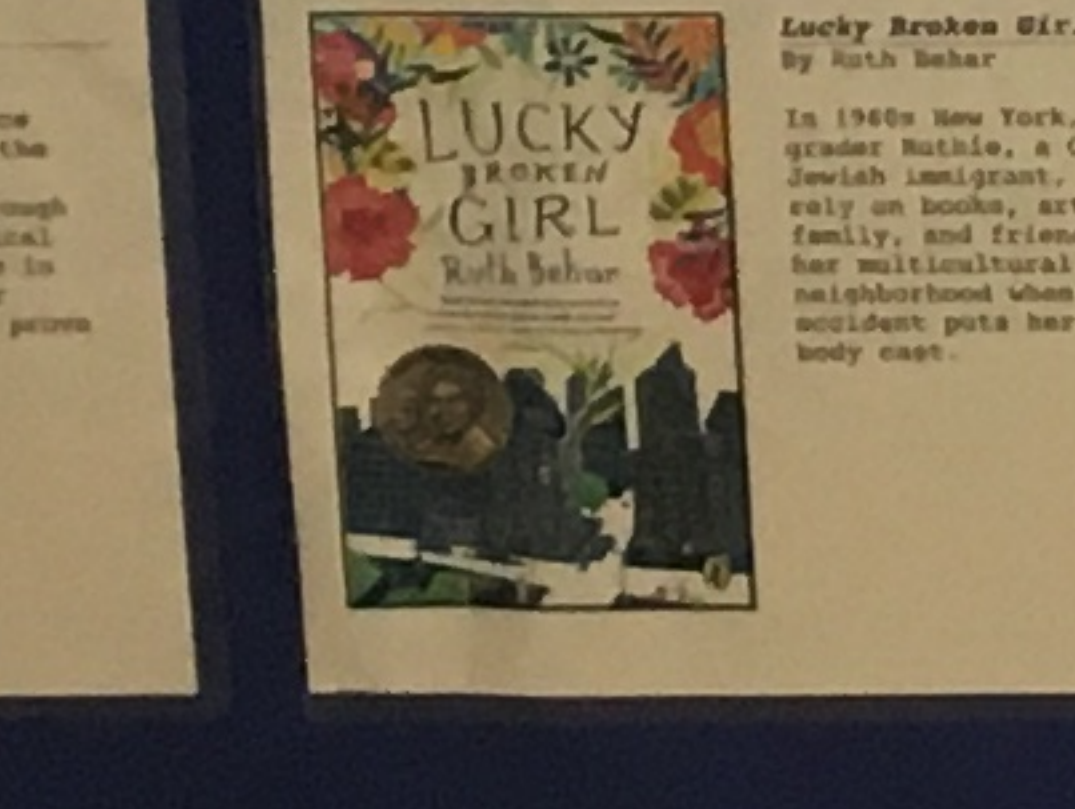
Fort
By Cynthia Defalco

A middle-grade summer adventure about two boys who build an awesome fort and tangle with two other bullies.



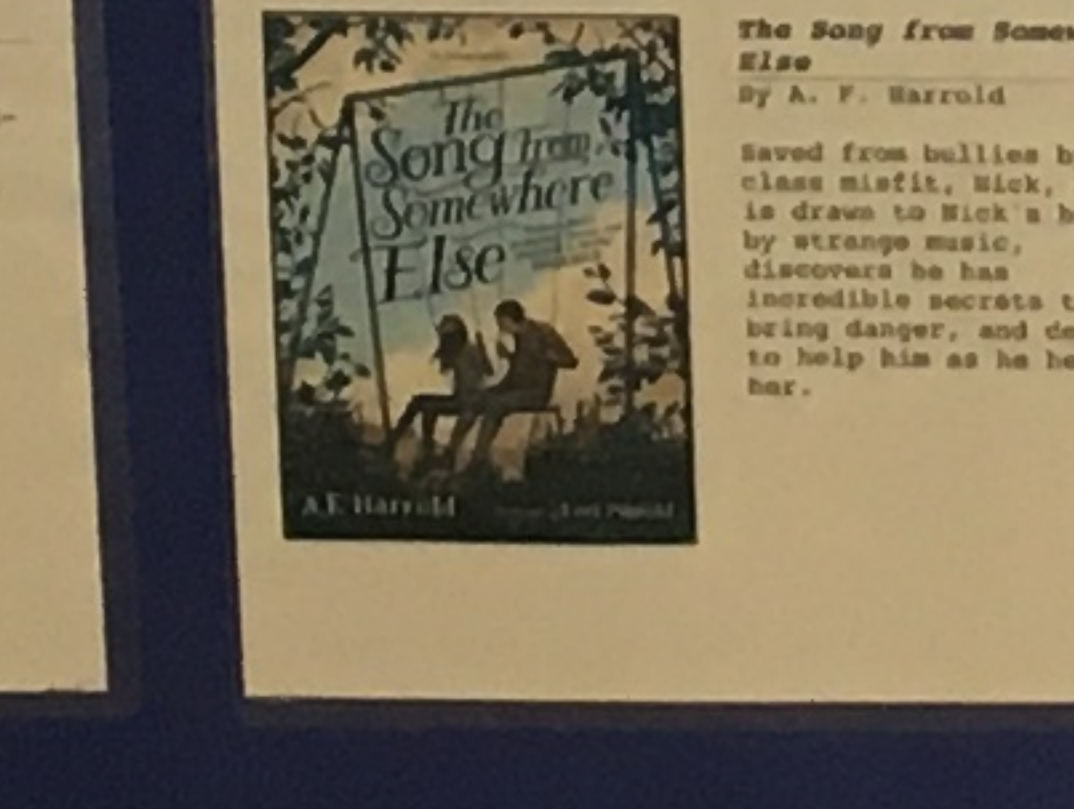
Lucky Rebel Girl
By Ruth Behar

In 1960s New York, fifth-grader Beulah, a Cuban-Spanish immigrant, must rely on books, art, her family, and friends in her misadventures as she navigates a world of prejudice and racism.



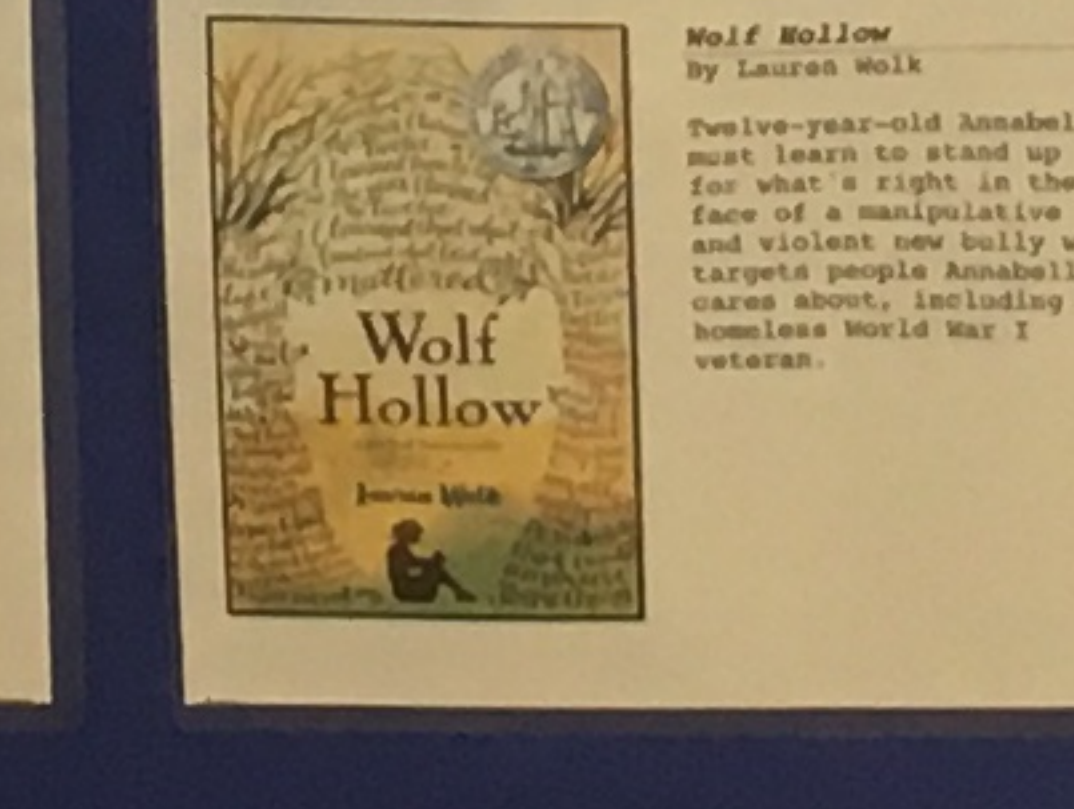
The Song from Somewhere Else
By A.F. Harrold

Saved from bullies by the class misfit, Nick Frank is drawn to Nick's house by strange music. However, he has discovered secrets that bring danger, and decides to help him as he helped her.



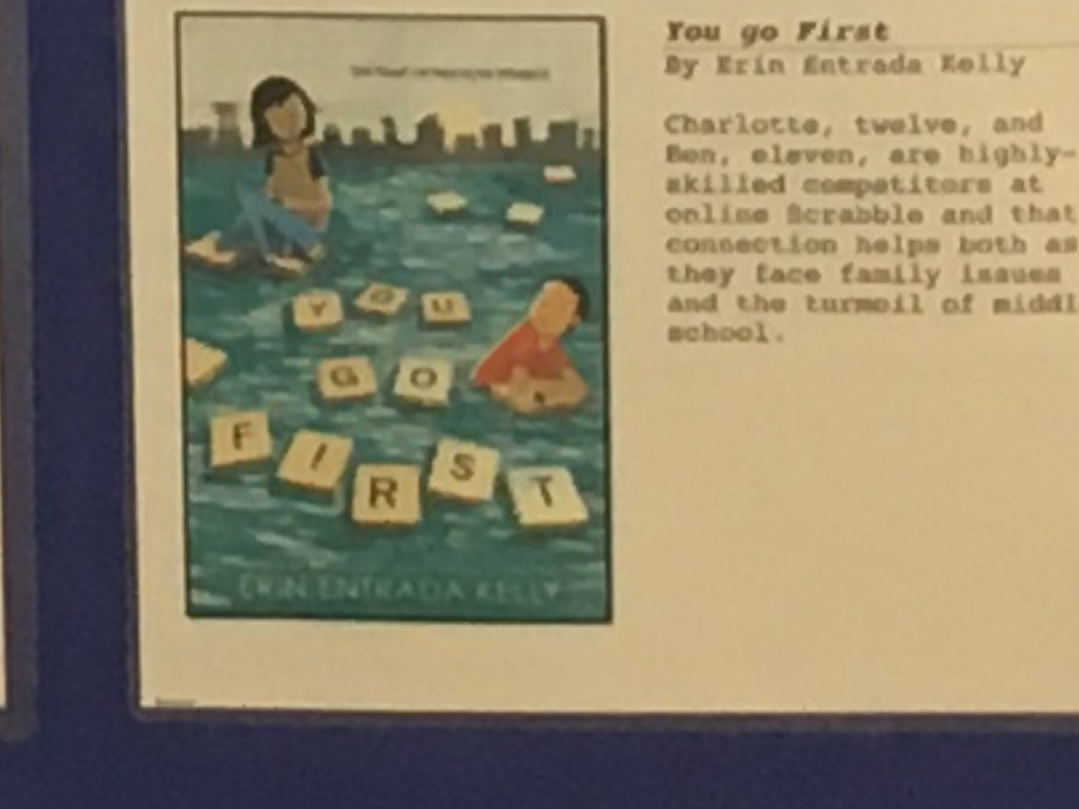
Wolf Hollow
By Lauren Wolf

Twelve-year-old Annabelle must learn to stand by for what's right in the face of a manipulative and violent new bully who targets people Annabelle cares about. Includes a historical World War I veteran.



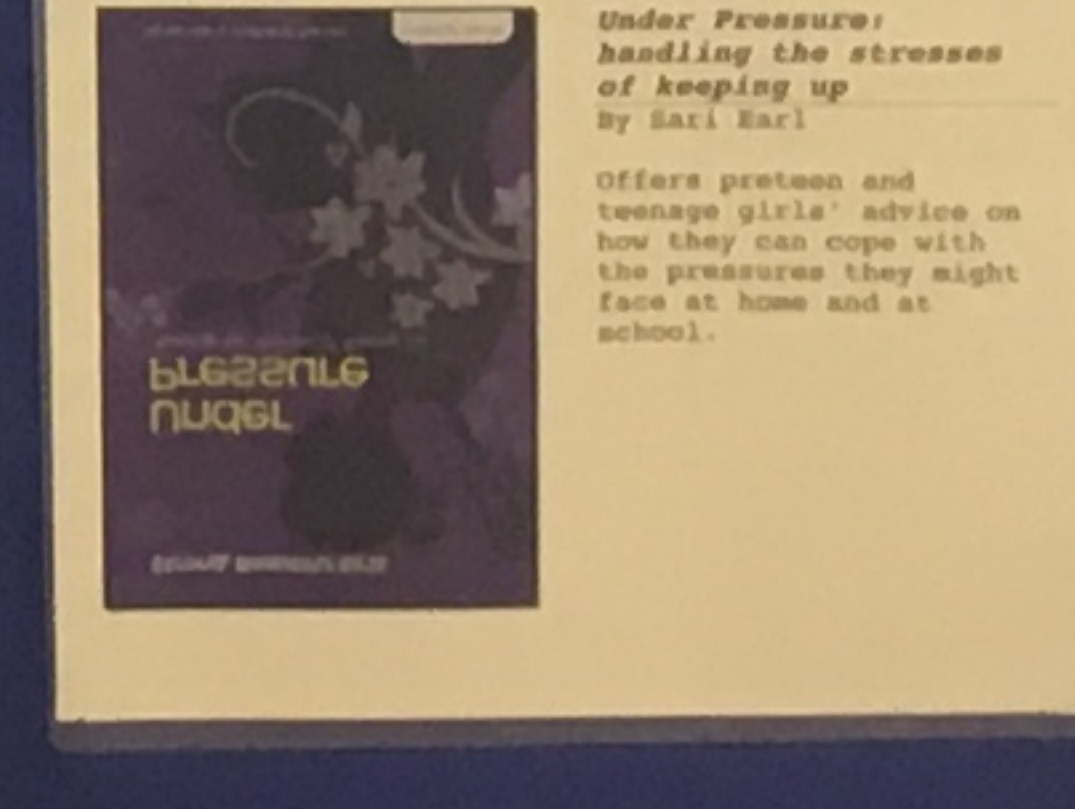
You Go First
By Erin Entrada Kelly

Charlotte, twelve, and Ben, eleven, are highly skilled competitors at online Scrabble and that competition helps both as they face family issues and the turmoil of middle school.



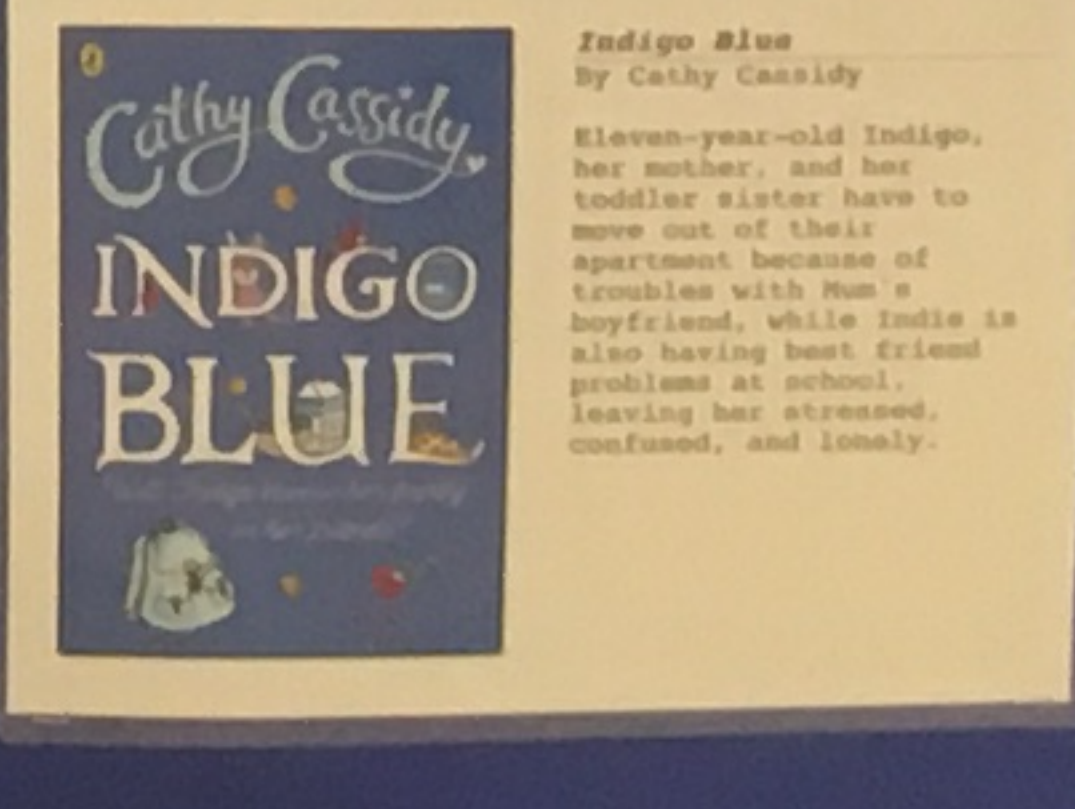
Under Pennamun: Handling the stresses of keeping up
By Sari Bari

Offices person and teenage girls advice on how they can cope with the pressures they might face at home and at school.



Indigo Blue
By Cathy Cassidy

Eleven-year-old Indigo, her mother, and her toddler sister have to move out of their apartment because of troubles with their boyfriend, while Indigo is also having heartbreak and problems at school, leaving her stressed, confused, and lonely.



Blessing Njugol
By Cathy Cassidy

Eleven-year-old Indigo, her mother, and her toddler sister have to move out of their apartment because of troubles with their boyfriend, while Indigo is also having heartbreak and problems at school, leaving her stressed, confused, and lonely.