Notice of School Health Advisory Council (SHAC) Meeting Tomball ISD (Minutes)

The Tomball ISD School Health Advisory Council (SHAC) hosts its third regular meeting of the year on Tuesday, February 21, 2023, beginning at 3:30PM in the Board Room of the John P. Neubauer Administration Building, 310 S. Cherry St., Tomball, TX 77375.

The subjects to be discussed or considered are listed below. Items do not have to be taken in the order shown on this meeting notice:

## 1. Opening – Committee signs in

Karen Graves welcomes everyone. Introduces Bob Thompson, Dean of Student Advancement. He asks if anyone has questions and gives a brief overview before the vote. You may only vote if you reviewed the APEX material. Back in July they were asked to develop modules for a health curriculum. The content from the course will be available to parents for them to "opt-in", the board has the final vote

Question asked "If SHAC votes to approve/recommend, when does it go to the board?' Answer is possibly April.

## 2. Vote on Health Curriculum Module

Cathy Pool created QR codes: 1- voting on module and 2-sub-committee priorities. These codes were individually handed out to each committee member and they were asked to cast only their vote for the health module portion.

Committee submits votes. 16 people voted, with a quorum of majority parents met. Cathy Pool confirmed that the SHAC majority was in favor and approved to recommend to the board.

## 3. Prioritizing Sub-Committees

Janice created an information sheet about child nutrition and was handed out to each member.

Using the second QR code, the committee was asked to vote for 1 main sub-committee to focus on for now. The 4 proposals were: later school start times, mental health, removal of attendance incentives and nutrition. 15 responses were submitted with a majority vote for mental health. If committee members had interest in helping on this topic, they were asked to contact Rebecca. And any interest on other topics they could contact Mark or David or Beth, in regards to their topics of interest for the future or other ways to work on them.

Question asked "What happens now for the sub-committee?" Answer is that people interested will be emailed to start gathering information and ideas.

Karen Graves thanks everyone, asks if there are any other questions, and states that the next meeting will be April 11, 2023.

Rebecca adjourns the meeting at 3:50pm.