

SPRING 2023 AFTER SCHOOL PROGRAM IN THE LOWER SCHOOL



The Convent of the Sacred Heart offers an After School Program for students in the Lower School. There is a limit to the number of children who can be enrolled in each activity.

During Spring break, class enrollment will be determined. Parents will be notified concerning a student's acceptance or waitlist status for her desired class(es).

- A class may be canceled if a minimum number of students do not register for it.
- All fees include a snack.
- After School activities do not meet on school holidays or early dismissal days.
- Students are not allowed to bring play dates to the After School Program.
- Children are expected to be picked up promptly when the activity ends.
- **NOTE: Changes may be made to your registration at no charge until Friday, April 28; after that a fee of \$100 will be charged.**

MONDAY

HARRY POTTER for Grades 3, 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595 **Materials Fee: \$50**

Conjure liquid luck, grow a mini mandrake, create a messenger owl and more as you continue to explore more wizardry wonders.

HOMEWORK'S DONE! for Grade 1

Teacher: Ms. Veronica Sanabani

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the guidance and support of a teacher and the company of your peers.

HOMEWORK'S DONE for Grades 2, 3, 4

Teacher: Ms. Yedifer Piña

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the guidance and support of a teacher and the company of your peers.

INTRODUCTION TO RUNNING for Grades 1, 2

Teacher: Ms. Katie Amodio and Ms. Clare Long

Hours: 3:30 - 4:30 pm

Class Fee: \$595

This class will instruct the girls in age-appropriate running techniques using warm-up and fitness games. Emphasis will be on safety and fun!

MIXED MEDIA ART WORKSHOP for Grades 2, 3, 4

Teacher: Ms. Holly Brown

Hours: 3:30 - 4:30 pm

Class Fee: \$595 **Materials Fee: \$50**

In this class students will use a variety of two-dimensional art media including drawing, painting and collage. A new artist will be introduced with each new project as students explore a wide array of art movements and techniques.

ROBOTICS for Grades 1, 2

Teacher: Ms. Jasmyne Pierre

Hours: 3:30 - 4:30 pm

Fee: \$595 **Materials Fee: \$50**

Students get hands-on experience learning about gears, motors and energy while building projects! Students will build creativity and develop problem-solving skills while learning concepts in engineering and robotics.

SCIENCE for Grade 3

Teacher: Upper School students

Hours: 3:15 - 4:00 pm

Join the Upper School students in a fun afternoon of hands-on projects and experiments!

SEWING for Grade 1

Teacher: Ms. Catherine Rowland

Hours: 3:30 - 4:30 pm

Class Fee: \$595 **Materials Fee: \$50**

Girls enjoy a relaxing class working on simple sewing projects. They will make bags, dolls' quilts, hair bands and stuffed animals!

OFF CAMPUS

SOCCER for Grades 2, 3, 4

Teacher: Corbin Crusader Coaches

Hours: 3:15 - 5:30 pm (Bus departs at 5:00 pm)

Class Fee: \$895

The program is for girls with all levels of experience and skill sets. The focus will be on basic positioning and play. **Girls will be returned home after the activity by a Corbin's Crusader bus. Bus service from 60th Street to 100th Street East and West.**

New

TUESDAY

EARTH SCIENCE for Grades 1, 2

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595 **Materials Fee: \$50**

Through the foundations of biology, zoology, geology, oceanography and more, we'll learn all about how our planet works and the things that live here with us! Everything from bumblebees to blue whales, volcanoes to vortexes.

HIP HOP for Grade 1, 2, 3, 4

Teacher: Ms. Abbie Ruff

Hours: 3:30 - 4:30 pm

Class Fee: \$595

This class features kid-friendly routines based on original Hip Hop choreography. The instructor will break down the steps, and add games, activities and cultural elements into the lessons. Come dance the afternoon away.

HOMEWORK'S DONE! for Grades 2, 3, 4

Teacher: Ms. Sarah Yim

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the guidance and support of a teacher and the company of your peers.

KNITTING 101

for Grades 2, 3, 4

Teacher: Ms. Zoe Davis

Hours: 3:30 - 4:30 pm

Class Fee: \$595 **Material Fee: \$25**

Learn the basics of knitting and crochet in this relaxing craft class. The girls will learn how to cast on yarn to their knitting needles, knit and purl stitches, count rows and knit away.

MATH SUPPORT

Grades 1, 2

Teacher: Ms. Roni Radcliffe

Hours: 3:30 - 4:30 pm

Class Fee: \$595

This class is for students who need additional support to reinforce Math concepts, strategies and daily lessons. Each class we will review and complete homework.

MINECRAFT: HARRY POTTER

for Grades 1, 2

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595 **Materials Fee: \$50**

Students will learn to code while exploring an interactive Harry Potter world in Minecraft. Every class is a new adventure and opportunity to put coding fundamentals into action!

SEWING for Grade 1

Teacher: Ms. Catherine Rowland

Hours: 3:30 - 4:30 pm

Class Fee: \$595 **Materials Fee: \$50**

Girls enjoy a relaxing class working on simple sewing projects. They will make bags, dolls' quilts, hair bands and stuffed animals!

OFF CAMPUS

SOCCER at Sacred Heart! for Grades 1, 2 (Central Park)

Teacher: Super Soccer

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Students will learn and practice the fundamentals of soccer dribbling, passing, shooting and team play. **Equipment needed: sneakers.**

New

SOFTBALL for grades 1, 2, 3, 4

Teacher: Corbin's Crusader Coaches

Hours: 3:15 - 5:30 pm

Class Fee: \$895

This class will focus on basic softball skills in an environment of fun and group activities. The girls will practice the fundamentals of fielding, base running, hitting and team play. **Girls will be returned home after the activity by a Corbin's Crusaders bus. Bus service from 60th Street to 100th Street East and West.**

New

WEDNESDAY

DIVE INTO ART! for Grade 1

Teacher: Ms. Jennifer Simon

Hours: 3:30 - 4:30 pm

Class Fee: \$595 **Materials Fee: \$50**

Let your imagination soar in the art studio! Students will create original works of art using a variety of fun and creative techniques including drawing, collage and crafting.

FIBER ARTS for Grades 1, 2, 3, 4

Teacher: Ms. Zoe Davis

Hours: 3:30 - 4:30 pm

Class Fee: \$595 **Materials Fee: \$50**

Let's explore sewing, knitting, crafting and macrame. Students will learn the basics of sewing, designing some fabulous outfits, and casting on a stitch. We will cover the world of textiles in this fun and artistic class.

HOMEWORK'S DONE! for Grades 2, 3, 4

Teacher: Ms. Roni Radcliffe

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the guidance and support of a teacher and the company of your peers.

IMPROV THEATER for Grades 1, 2

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Students will learn basic improv skills, play games and develop communication performance skills. This class helps to build confidence and collaboration!

MATH ENRICHMENT for Grades 3, 4

Teacher: Ms. Yedifer Piña

Hours: 3:30 - 4:30 pm

Class Fee: \$595

This class will focus on math concepts and honing math skills. This class is for girls who are working at grade level and above.

ROBOTICS for Grades 3, 4

Teacher: T.B.A.

Hours: 3:00 - 4:00 pm

Class Fee: \$595 Materials Fee: \$50

Students get hands-on experience learning about gears, motors and energy while building projects! Students will build creativity and develop problem-solving skills while learning concepts in engineering

RUNNING CLUB! for Grades 3, 4

Teacher: Ms. Lori Ayanian and Ms. Sarah Yim

Hours: 3:30 - 4:30 pm

Class Fee: \$595

This class will instruct the girls in age-appropriate running techniques using warm-up and fitness games. Emphasis will be on safety and fun!

SCRAPBOOKING for Grades 3, 4

Teacher: Mrs. Maureen Cook

Hours: 3:30 - 4:30 pm

Class Fee: \$595 Materials Fee: \$50

Students will create their own scrapbooks! Using special paper, borders and materials, the girls will create personalized albums to commemorate an event of their choosing. We will focus on layout, proportions, scale and different design elements to highlight the photos and make a beautiful keepsake.

New

OFF CAMPUS

LACROSSE for Grades 2, 3, 4

Teacher: Corbin's Crusaders Coaches

Hours: 3:15 - 5:00 pm

Class Fee: \$895

Lacrosse is the fastest growing sport in the U.S. The girls will be instructed in the fundamentals of lacrosse such as cradling, scooping, passing, shooting, defense and team play. Equipment needed: lacrosse stick, goggles and mouth piece. **Girls will be returned home after the activity by a Corbin's Crusader bus. Bus service from 60th Street to 100th Street East and West.**

New

SWIM CLUB Grades 1, 2

Teacher: Cardinal Swim Club Coaches

Hours: 3:15 - 5:00 pm

Class Fee: \$625

Swim instructors will work with students to learn everything from safety & survival techniques to stroke mechanics and conditioning. Students are grouped by skill level. **Students should be picked up promptly at 5:00 pm at 406 East 91st Street. (Girls will walk over to 406 with a SH chaperone.)**

New

THURSDAY

AFFINITY GROUP

for Grades 1, 2, 3, 4

Teacher: Ms. Anastazia Neely &

Ms. Marielena Quintanilla

Hours: 3:30 - 4:30 pm

Our LS affinity group provides an opportunity for LS students of color to celebrate their shared identities, strengthen their sense of belonging, and enrich our inclusive community. Through read-alouds, craft/virtual projects, circle shares, dance parties, and other activities, participants can connect with students of color from other grades and classes.

Please note: This group is open to those who identify their racial/ethnic background as Black/ African American, African, Asian, Pacific Islander, Southeast Asian, First Nations, Latinx/Hispanic, Greater Middle Eastern, or Multiracial.

FENCING for Grades 2, 3, 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595

The girls will learn the fundamentals of en garde, lunging, and parrying in a fun and safe environment. Foil and equipment provided! Please wear your sneakers.

HOMEWORK'S DONE for Grades 2, 3, 4

Teacher: Mrs. Larissa Lanni

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the guidance and support of a teacher and the company of your peers.

IMPROV THEATER for Grades 3, 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Students will learn basic improv skills, play games and develop communication performance skills. This class helps to build confidence and collaboration!

iPIANOLAB for Grades 1, 2, 3, 4

Teacher: Mr. Steve Catanzaro

Hours: 3:30 - 4:30 pm

Class Fee: \$595 Materials Fee: \$50

iPianolab is a fun way to learn piano keyboard right at school. iPianolab sets up a portable keyboard lab with keyboard and headphones for each student. The girls will learn all the keyboard basics while learning to play songs they love. The class includes free access to iPiano's website to watch tutorials of all the lessons and songs including fun interactive learning games.

LET'S BUILD SCULPTURES

for Grades 1, 2, 3, 4

Teacher: Ms. Holly Brown

Hours: 3:30 - 4:30 pm

Class Fee: \$595 Materials Fee: \$50

Students will engage in a variety of 3-D building techniques and materials. We will explore working with wood, cardboard, found objects, dioramas and textiles in this class. Themes will focus on a variety of artists working in these areas.

MAD SCIENCE for Grades 1, 2

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class fee: \$595 Materials Fee: \$50

Welcome to the world of weird science. In this class we will extract DNA from peas and learn how to engineer and design cars. Girls will experiment and create to their heart's content!

New

PLAY PRODUCTION! for Grades 2, 3, 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Join us for an interactive and immersive theatrical experience! This theater class will explore the fundamentals of stage production. We'll touch on performance and stage presence, writing and storytelling, costume concepts and more.

OFF CAMPUS

LACROSSE at Sacred Heart!

for Grade 1, 2 (Central Park)

Teacher: Ms. Regan Moroney & Ms. Clare Long

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Lacrosse is the fastest growing sport in the U.S. The girls will be instructed in the fundamentals of lacrosse such as cradling, scooping, passing, shooting, defense and team play. **Equipment needed: lacrosse stick, goggles and mouth piece.**

New

TEAM SPORTS for Grades 1, 2, 3, 4

Teacher: Corbin's Crusaders Coaches

Hours: 3:15 - 5:00 pm

Class Fee: \$895

This class will offer rotating sports for a broader experience and a greater understanding of "team" and allows the girls to determine their favorite sport. Soccer, softball, ultimate frisbee and more! **Girls will be returned home after the activity by a Corbin's Crusader bus. Bus service from 60th Street to 100th Street East and West.**

New

FRIDAY

GYMNASTICS for Grades 1, 2

Teacher: Ms. Abbie Ruff

Hours: 3:30 - 4:30 pm

Class Fee: \$595

This class emphasizes learning beginner skills that increase fitness in a fun environment. Students develop confidence as they enhance their skills in tumbling and on the balance beam, uneven bars and vault.

MINDCRAFT CODE for Grades 1, 2

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595 Materials Fee: \$50

Students will learn coding fundamentals and use them to create powerful superheroes with special abilities. Each class creates a new opportunity for our coders to save the Minecraft world!

MINECRAFT CODE for Grades 3, 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595 Material Fee: \$50

This class will explore new worlds within the Minecraft realm. Students will learn to move, build, and code while visiting exciting places including ancient Egypt, Tokyo and the wizarding world of Hogwarts. Students use their knowledge and creativity to design their own projects.

ON-CAMERA ACTING for Grades 3, 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Lights, camera, action! This cinematic course focuses on acting techniques and audition skills. Learn the basics of playing to the camera!

OFF CAMPUS

GROUP ICE SKATING AT CHELSEA PIERS (Indoor Rink) for Grades 1, 2, 3, 4

Teacher: Chelsea Piers Instructors

Hours: **3:15 - 5:45 pm** (Bus leaves at 5:00 pm)

Class Fee: \$895

In this activity, girls participate in a group skating lesson and a "free skate" session. The fee includes a lesson, ice skate rental and helmet. **Sacred Heart chaperones accompany the children to the rink and back to school on a Sacred Heart bus.**

PRE TEAM SWIM CLUB Grades 3, 4

Teacher: Cardinal Swim Club Coaches

Hours: 3:15 - 5:00 pm

Class Fee: \$625

This program is for students who want to develop their competitive swim skills. Participants should come with competency in three of the four strokes and have an interest in racing. **Students should be picked up promptly at 5:00 pm at 406 East 91st Street. (Girls will walk over to 406 with a SH chaperone.)**

New

SPRING 2023 Calendar

APRIL

Monday 17, 24
Tuesday 11, 18, 25
Wednesday 12, 19, 26
Thursday 13, 20, 27
Friday 14, 21, 28

MAY

Monday 1, 8, 15, 22
Tuesday 2, 9, 16, 23, 30
Wednesday 3, 10, 17, 24, 31
Thursday 4, 11, 18
Friday 5, 12, 19

JUNE

Monday 5
Tuesday -
Wednesday -
Thursday 1
Friday 2

Contact: Patricia Sweeney
psweeney@cshnyc.org

Registration for SPRING 2023 please go to:

<https://lowerschoolafterschool.campbrainregistration.com/>

-- Create an account and password

-- Select your after school class/es

-- Use your Credit card to pay (VISA, Discover and Mastercard only) NO AMERICAN EXPRESS