



**New Items for March are underlined!**

Families who think they may qualify for free or reduced priced meals are encouraged to apply [www.schoolcafe.com](http://www.schoolcafe.com)

**We are now hiring for kitchen jobs!**

- Part-time
- Medical Benefits
- Daytime Schedule
- Holidays off
- Weekends off

<https://tomball.tedk12.com/hire/index.aspx>

## MONDAY

**Student Breakfast:**  
\$1.50  
**Adult Breakfast:**  
\$3.10

## TUESDAY

1% White Milk and Fat-Free Chocolate Milk are offered daily at breakfast and lunch

## WEDNESDAY

**1** Breakfast Pizza or Cereal or Mini Pancakes Fruits & Milk

## THURSDAY

**2** Biscuit & Sausage or Cereal or Mini Waffles Fruits & Milk

## FRIDAY

**3** Whole Grain Donut Cereal or Mini Pancakes Fruits & Milk

**6** Pancake Sausage Wrap or Cereal or Mini Pancakes Fruits & Milk

**7** Chorizo Breakfast Taco or Cereal or Mini Waffles Fruits & Milk

**8** Breakfast Bagel Pizzas or Cereal or Mini Pancakes Fruits & Milk

**9** Sausage Pancake Sandwich or Cereal or Mini Waffles Fruits & Milk

**10**  
**Staff Development**

National  
← School Breakfast Week →



Spring Break Week →

Our unit breakfast consists of 3 or more components, at least one must be a fruit or vegetable

Spring Break Week

Food Components:  
Meat/Meat Alternate  
Whole Grain  
Fruits  
Vegetables & Milk

Spring Break Week

All lunch rolls, tortillas, rice, pastas and other bread items contain at least 51% whole grain.

Spring Break Week

Meals are Highly Subject to Change due to Ongoing Supply Chain and Staffing Issues

Spring Break Week

**20**  
**Staff Development**

**21** Chorizo Breakfast Taco or Cereal or Mini Waffles Fruits & Milk

**22** Breakfast Bagel Pizzas or Cereal or Mini Pancakes Fruits & Milk

**23** Sausage Pancake Sandwich or Cereal or Mini Waffles Fruits & Milk

**24** Whole Grain Donut Cereal or Mini Pancakes Fruits & Milk

**27** Pancake Sausage Wrap or Cereal or Mini Pancakes Fruits & Milk

**28** Chorizo Breakfast Taco or Cereal or Mini Waffles Fruits & Milk

**29** Breakfast Bagel Pizzas or Cereal or Mini Pancakes Fruits & Milk

**30** Sausage Pancake Sandwich or Cereal or Mini Waffles Fruits & Milk

**31** Whole Grain Donut Cereal or Mini Pancakes Fruits & Milk



## MONDAY

Student Lunch:  
\$2.75  
Adult Lunch:  
\$4.60

## TUESDAY

Peanut Butter & Jelly Sandwich and Grilled Cheese Sandwich are offered daily

## WEDNESDAY

**1** Stuffed Crust Pizza or Breaded Mozzarella Stix  
Chicken Popper Salad  
Vegetables, Fruits  
Milk

## THURSDAY

**2** Chicken Drumstick or Chicken Tenders or Chicken Popper Salad  
Vegetables, Fruits  
Dinner Roll & Milk

## FRIDAY

**3** Cheeseburger or Chicken Sandwich or Chicken Popper Salad  
Vegetables, Milk  
Frozen Fun Friday Fruit!

**6** Orange Chicken or Teriyaki Chicken or Fruit & Yogurt Plate  
Vegetables, Fruits  
Brown Rice & Milk

**7** Taco Tuesday or Bean & Cheese Pupusa  
Chicken Popper Salad  
Vegetables, Fruits  
Milk

**8** Stuffed Crust Pizza or Breaded Mozzarella Stix  
Chicken Popper Salad  
Vegetables, Fruits  
Milk

**9** Mac & Cheese or Chicken Nuggets or Chicken Popper Salad  
Vegetables, Fruits  
Milk

**10**  
**Staff Development**



Spring Break Week →

Our unit lunch consists of 3 or more components, at least one must be a fruit or vegetable

Spring Break Week

Food Components:  
Meat/Meat Alternate  
Whole Grain  
Fruits  
Vegetables and Milk

Spring Break Week

All lunch rolls, tortillas, rice, pastas and other bread items contain at least 51% whole grain.

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Spring Break Week

**20**  
**Staff Development**

**21** Taco Tuesday or Bean & Cheese Pupusa  
Chicken Popper Salad  
Vegetables, Fruits  
Milk

**22** Stuffed Crust Pizza or Breaded Mozzarella Stix  
Chicken Popper Salad  
Vegetables, Fruits  
Milk

**23** Mac & Cheese or Chicken Nuggets or Chicken Popper Salad  
Vegetables, Fruits  
Milk

**24** Cheeseburger or Chicken Corndog or Chicken Popper Salad  
Vegetables, Milk  
Frozen Fun Friday Fruit!

**27** Pasta & Meatballs or Cheesy Breadsticks Or Fruit & Yogurt Plate  
Vegetables, Fruits  
Milk

**28** Taco Tuesday or Enchiladas or Chicken Popper Salad  
Vegetables, Fruits  
Milk

**29** Stuffed Crust Pizza or Breaded Mozzarella Stix  
Chicken Popper Salad  
Vegetables, Fruits  
Milk

**30** Chicken Drumstick or Chicken Tenders or Chicken Popper Salad  
Vegetables, Fruits  
Dinner Roll & Milk

**31** Cheeseburger or Chicken Sandwich or Chicken Popper Salad  
Vegetables, Milk  
Frozen Fun Friday Fruit!

# MAR

## MENU 2023

### GEAR UP FOR CHOIR



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Food and Nutrition Division  
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

This product was funded by USDA.  
This institution is an equal opportunity provider.



Updated 3/1/2023  
[www.SquareMeals.org](http://www.SquareMeals.org)



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Student Lunch:  
\$2.75  
Adult Lunch:  
\$4.60

### TUESDAY

Peanut Butter & Jelly Sandwich and Grilled Cheese Sandwich are offered daily

### WEDNESDAY

1 Chicken Bites or Chicken Popper Salad  
Vegetables, Fruits  
Milk

### THURSDAY

2 Breaded Chicken Sandwich or Chicken Popper Salad  
Vegetables, Fruits  
Milk

### FRIDAY

3 Cheeseburger or Chicken Popper Salad  
Vegetables, Fruits  
Milk

6 Cheese Stuffed Breadsticks or Fruit & Yogurt Plate  
Vegetables, Fruits  
Milk

7 Mini Corndogs or Chicken Popper Salad  
Vegetables, Fruits  
Milk

8 Chicken Bites or Chicken Popper Salad  
Vegetables, Fruits  
Milk

9 Breaded Chicken Sandwich or Chicken Popper Salad  
Vegetables, Fruits  
Milk

10  
**Staff Development**



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Whole Grain  
Fruits  
Vegetables and Milk

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Spring Break Week

20  
**Staff Development**

21 Mini Corndogs or Chicken Popper Salad  
Vegetables, Fruits  
Milk

22 Chicken Bites or Chicken Popper Salad  
Vegetables, Fruits  
Milk

23 Breaded Chicken Sandwich or Chicken Popper Salad  
Vegetables, Fruits  
Milk

24 Cheeseburger or Chicken Popper Salad  
Vegetables, Fruits  
Milk

27 Cheese Stuffed Breadsticks or Fruit & Yogurt Plate  
Vegetables, Fruits  
Milk

28 Mini Corndogs or Chicken Popper Salad  
Vegetables, Fruits  
Milk

29 Chicken Bites or Chicken Popper Salad  
Vegetables, Fruits  
Milk

30 Breaded Chicken Sandwich or Chicken Popper Salad  
Vegetables, Fruits  
Milk

31 Cheeseburger or Chicken Popper Salad  
Vegetables, Fruits  
Milk

