

## TISD High School Spring Menu 2022-2023

<b>Main Line(s) Weekly:</b>				
<b>Monday</b>	<b>Taco Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Pasta Bowl with Marinara or Alfredo</b> *Lunch Quick Kit <b>Peanut Butter &amp; Jelly or Grilled Cheese Sandwich</b> Tuscan Blend Vegetables Green Beans Parmesan Cheese Fresh & Chilled Fruit Milk	<b>Fiesta Bowl with Taco Meat or Fajita</b> *Fritos or *Chips or Rice <b>Chicken Popper Salad</b> <b>Peanut Butter &amp; Jelly or Grilled Cheese Sandwich</b> Ranchero Beans Fiesta Blend Veggies Fiesta Salad Salsa Fresh & Chilled Fruit Milk	* <b>Pulled Pork Sandwich or Pulled Pork Baked Potato</b> <b>BQ Chicken w/Roll</b> <b>Chicken Popper Salad</b> <b>Peanut Butter &amp; Jelly or Grilled Cheese Sandwich</b> Baked Beans Steamed Mixed Veggies Fresh & Chilled Fruit Gelatin Treat Milk	** <b>Orange Chicken Rice Bowl</b> ** <b>Teriyaki Chicken Bowl</b> <b>Potsticker Bowl</b> <b>Peanut Butter &amp; Jelly or Grilled Cheese Sandwich</b> Steamed Broccoli Carrot Coins Fresh & Chilled Fruit Milk	<b>Chicken Bites Bowl w/Roll</b> <b>Chicken Tender Bowl w/Roll</b> <b>Chicken Popper Salad</b> <b>Peanut Butter &amp; Jelly or Grilled Cheese Sandwich</b> Mashed Potatoes Golden Corn Country Gravy Fresh & Chilled Fruit Pudding Treat Milk
<b>Italian Line Weekly:</b>				
<b>Pizza by the Slice</b> <b>Bosco Sticks &amp; Marinara</b> *Lunch Quick Kit Broccoli Florets & Ranch Baby Carrots & Ranch Fresh & Chilled Fruit Milk	<b>Pizza by the Slice</b> <b>Bosco Sticks &amp; Marinara</b> <b>Chicken Popper Salad</b> Oven Baked Fries Celery Sticks & Hummus Fresh & Chilled Fruit Milk	<b>Pizza by the Slice</b> <b>Bosco Sticks &amp; Marinara</b> <b>Chicken Popper Salad</b> Broccoli Florets & Ranch Marinara Dip Cup Fresh & Chilled Fruit Gelatin Treat Milk	<b>Pizza by the Slice</b> <b>Bosco Sticks &amp; Marinara</b> <b>Chicken Popper Salad</b> Oven Baked Fries Baby Carrots & Ranch Fresh & Chilled Fruit Milk	<b>Pizza by the Slice</b> <b>Bosco Sticks &amp; Marinara</b> <b>Chicken Popper Salad</b> Baby Carrots & Ranch Celery Sticks & Hummus Fresh & Chilled Fruit Pudding Treat Milk
<b>Express Line Weekly:</b>				
<b>Cheeseburger</b> <b>Chicken Sandwich</b> (spicy & plain) *Lunch Quick Kit Oven Baked Fries Baby Carrots & Ranch Fresh & Chilled Fruit Milk	<b>Chicken Bites</b> (spicy & plain) <b>Hamburger/Cheeseburger</b> <b>Chicken Popper Salad</b> Oven Baked Fries Celery Sticks & Hummus Fresh & Chilled Fruit Milk	<b>Cheeseburger</b> <b>Chicken Sandwich</b> (spicy & plain) <b>Chicken Popper Salad</b> Broccoli Florets & Ranch Oven Baked Fries Fresh & Chilled Fruit Gelatin Treat Milk	<b>Chicken Bites</b> (spicy & plain) <b>Hamburger/Cheeseburger</b> <b>Chicken Popper Salad</b> Oven Baked Fries Baby Carrots & Ranch Fresh & Chilled Fruit Milk	<b>Cheeseburger</b> New! <b>Vegan Buffalo Bites</b> w/Roll <b>Chicken Popper Salad</b> Oven Baked Fries Celery Sticks & Hummus Fresh & Chilled Fruit Pudding Treat Milk
<b>Menu Information</b>				
Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable, Milk	All lunch rolls, tortillas, pastas, and other bread items contain at least 51% whole grain  Peanut Butter & Jelly Sandwich entrée available daily upon request.	Our unit lunch offer consists of 3 or more components, one must be a fruit or vegetable. Entrée choices are in <b>bold</b> print  <b>Menus highly subject to change.</b>	Tomball High School & Tomball Memorial High School <b>Student Lunch: \$3.25    Premium \$3.75    Premium Plus \$4.00</b>  <b>Adult Lunch: \$4.60    *\$5.10 Premium    **\$5.35 Premium Plus</b>	

Tomball ISD Child Nutrition Services is now using bar code scanners at the serving line point of sale!  
 A bar code can be scanned on the student's I.D. card, or bar code from the SchoolCafe app can be used .

Each TISD student is provided a student ID number and badge when enrolled in the district. This number also serves as their meal account number. Students are required to use their ID number/badge for every cafeteria transaction



**Students and Parents can get the SchoolCafe app!**



# TISD High School Spring Menu 2022-2023

<b>Weekly Breakfast Menu</b>				
All Menus Highly Subject to Change				
Monday	Tuesday	Wednesday	Thursday	Friday
<b>Pancake Sausage on a Stick or Cereal or Pastry</b> Fruit Variety Milk Variety	<b>Chorizo Breakfast Taco or Cereal or Pastry</b> Fruit Variety Milk Variety	<b>Breakfast Bagel Pizzas or Cereal or Pastry</b> Fruit Variety Milk Variety	<b>Pancake Sausage Sandwich or Cereal or Pastry</b> Fruit Variety Milk Variety	<b>Dutch Waffle or Cereal or Pastry</b> Fruit Variety Milk Variety
Breakfast: Student - \$2.00 Adult - \$3.10	Our unit breakfast offering includes an entrée (in bold), and choice of sides	(A minimum of 3 menu items must be selected, including 1 serving of fruit; items in bold count towards two items)	🌾 Breakfast cereals and pastries contain at least 51% whole grain	1% White Milk & Fat-Free Chocolate Milk Offered Daily at Breakfast and Lunch

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: 1. **mail:** U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or 2. **fax:** (833) 256-1665 or (202) 690-7442; or 3. **email:** [Program.Intake@usda.gov](mailto:Program.Intake@usda.gov) This institution is an equal opportunity provider. 07/25/2022

**PAYMENT PROCEDURES** Money may be deposited into student accounts with cash, check, online at [www.schoolcafe.com](http://www.schoolcafe.com) OR through the School Cafe App

**STUDENT CHARGES (BORROWING/GRACE PERIOD)**  
 Students may charge meals up to the value of two breakfasts and two lunches. An automated phone call occurs when a negative balance appears on a student's account. If a student account exhausts the grace period/charge limit, the student must select a peanut butter and jelly or toasted cheese sandwich entree for lunch and/or a cereal entrée for breakfast until the negative balance is paid. A la Carte items are not available for charging.

**FREE/REDUCED-PRICE MEAL PROGRAM**  
 We encourage you to complete the USDA free/reduced price meal application if you feel economic hardship exists. Applications expire each year and must be submitted each year. Applications can be submitted online at [www.schoolcafe.com](http://www.schoolcafe.com) or through the SchoolCafe app on your mobile device to determine if you qualify for benefits. Hardcopy applications may be found at the school's front office, if needed, or at the Child Nutrition office located at 1110 Baker Dr. Tomball, TX 77375. Eligibility decisions are based on federally established income and household size guidelines without regard to race, sex, color, national origin, age, or disability.

## USDA waivers for free meals for all students have ended.

You can apply to qualify for free or reduced priced meals at

<https://www.schoolcafe.com/>

Tomball ISD offers a la carte choices to purchase. Money may be deposited into student accounts with cash, check, or online at [www.schoolcafe.com](http://www.schoolcafe.com). Advanced payment is not necessary. A la Carte choices are not available for charging. Contact either your school cafeteria manager or the Child Nutrition Department for information or questions regarding the above payment procedures.

Thank you for choosing Tomball ISD Child Nutrition Department to provide nutritious meals for your child. We consider it an honor to serve our students every day and play an active role in their daily nutrition.

### Now Hiring! Come Work for Tomball ISD Child Nutrition Department !

Looking for a part-time job with hours that align with the school schedule and also offers benefits? We have 5 hour and 6 hour openings in our school kitchens that allow you to work mornings through early afternoon. Weekends and holidays off just like the school schedule! For more information visit: <https://www.tomballisd.net/apps/pages/ht/job-openings>

