



**New Items for March are underlined!**

Families who think they may qualify for free or reduced priced meals are encouraged to apply [www.schoolcafe.com](http://www.schoolcafe.com)

**We are now hiring for kitchen jobs!**

- Part-time
- Medical Benefits
- Daytime Schedule
- Holidays off
- Weekends off

<https://tomball.tedk12.com/hire/index.aspx>

## MONDAY

**Student Breakfast:**  
\$1.50  
**Adult Breakfast:**  
\$3.10

## TUESDAY

1% White Milk and Fat-Free Chocolate Milk are offered daily at breakfast and lunch

## WEDNESDAY

**1** Breakfast Pizza or Cereal or Mini Pancakes Fruits & Milk

## THURSDAY

**2** Biscuit & Sausage or Cereal or Mini Waffles Fruits & Milk

## FRIDAY

**3** Whole Grain Donut Cereal or Mini Pancakes Fruits & Milk

**6** Pancake Sausage Wrap or Cereal or Mini Pancakes Fruits & Milk

**7** Chorizo Breakfast Taco or Cereal or Mini Waffles Fruits & Milk

**8** Breakfast Bagel Pizzas or Cereal or Mini Pancakes Fruits & Milk

**9** Sausage Pancake Sandwich or Cereal or Mini Waffles Fruits & Milk

**10**  
**Staff Development**

National  
← School Breakfast Week →



Spring Break Week →

Our unit breakfast consists of 3 or more components, at least one must be a fruit or vegetable

Spring Break Week

Food Components:  
Meat/Meat Alternate  
Whole Grain  
Fruits  
Vegetables & Milk

Spring Break Week

All lunch rolls, tortillas, rice, pastas and other bread items contain at least 51% whole grain.

Spring Break Week

Meals are Highly Subject to Change due to Ongoing Supply Chain and Staffing Issues

Spring Break Week

**20**  
**Staff Development**

**21** Chorizo Breakfast Taco or Cereal or Mini Waffles Fruits & Milk

**22** Breakfast Bagel Pizzas or Cereal or Mini Pancakes Fruits & Milk

**23** Sausage Pancake Sandwich or Cereal or Mini Waffles Fruits & Milk

**24** Whole Grain Donut Cereal or Mini Pancakes Fruits & Milk

**27** Pancake Sausage Wrap or Cereal or Mini Pancakes Fruits & Milk

**28** Chorizo Breakfast Taco or Cereal or Mini Waffles Fruits & Milk

**29** Breakfast Bagel Pizzas or Cereal or Mini Pancakes Fruits & Milk

**30** Sausage Pancake Sandwich or Cereal or Mini Waffles Fruits & Milk

**31** Whole Grain Donut Cereal or Mini Pancakes Fruits & Milk



Food and Nutrition Division  
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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This institution is an equal opportunity provider.



Updated 3/1/2023  
[www.SquareMeals.org](http://www.SquareMeals.org)

## MONDAY

Student Lunch:  
\$2.75  
Adult Lunch:  
\$4.60

## TUESDAY

Peanut Butter & Jelly Sandwich and Grilled Cheese Sandwich are offered daily

## WEDNESDAY

**1** Stuffed Crust Pizza or Breaded Mozzarella Stix  
Chicken Popper Salad  
Vegetables, Fruits  
Milk

## THURSDAY

**2** **Dr. Seuss Day!**  
Green Eggs & Ham  
with Pancakes or  
Chicken Popper Salad  
Vegetables, Fruits  
& Milk

## FRIDAY

**3** Cheeseburger or  
Chicken Sandwich or  
Chicken Popper Salad  
Vegetables, Milk  
Frozen Fun Friday Fruit!

**6** Orange Chicken or Teriyaki Chicken or  
Fruit & Yogurt Plate  
Vegetables, Fruits  
Brown Rice & Milk

**7** Taco Tuesday or  
Bean & Cheese Pupusa  
Chicken Popper Salad  
Vegetables, Fruits  
Milk

**8** Stuffed Crust Pizza or Breaded Mozzarella Stix  
Chicken Popper Salad  
Vegetables, Fruits  
Milk

**9** Mac & Cheese or  
Chicken Nuggets or  
Chicken Popper Salad  
Vegetables, Fruits  
Milk

**10**  
**Staff Development**



Spring Break Week →

Our unit lunch consists of 3 or more components, at least one must be a fruit or vegetable

Spring Break Week

Food Components:  
Meat/Meat Alternate  
Whole Grain  
Fruits  
Vegetables and Milk

Spring Break Week

All lunch rolls, tortillas, rice, pastas and other bread items contain at least 51% whole grain.

Spring Break Week

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Spring Break Week

**20**  
**Staff Development**

**21** Taco Tuesday or  
Bean & Cheese Pupusa  
Chicken Popper Salad  
Vegetables, Fruits  
Milk

**22** Stuffed Crust Pizza or Breaded Mozzarella Stix  
Chicken Popper Salad  
Vegetables, Fruits  
Milk

**23** Mac & Cheese or  
Chicken Nuggets or  
Chicken Popper Salad  
Vegetables, Fruits  
Milk

**24** Cheeseburger or  
Chicken Corndog or  
Chicken Popper Salad  
Vegetables, Milk  
Frozen Fun Friday Fruit!

**27** Pasta & Meatballs or Cheesy Breadsticks  
Or Fruit & Yogurt Plate  
Vegetables, Fruits  
Milk

**28** Taco Tuesday or Enchiladas or  
Chicken Popper Salad  
Vegetables, Fruits  
Milk

**29** Stuffed Crust Pizza or Breaded Mozzarella Stix  
Chicken Popper Salad  
Vegetables, Fruits  
Milk

**30** Chicken Drumstick or  
Chicken Tenders or  
Chicken Popper Salad  
Vegetables, Fruits  
Dinner Roll & Milk

**31** Cheeseburger or  
Chicken Sandwich or  
Chicken Popper Salad  
Vegetables, Milk  
Frozen Fun Friday Fruit!

# MAR

## MENU 2023

### GEAR UP FOR CHOIR



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