



New Items for March are underlined!

Families who think they may qualify for free or reduced priced meals are encouraged to apply www.schoolcafe.com

We are now hiring for kitchen jobs!

- Part-time
- Medical Benefits
- Daytime Schedule
- Holidays off
- Weekends off

<https://tomball.tedk12.com/hire/index.aspx>

MONDAY

Student Breakfast:
\$1.50
Adult Breakfast:
\$3.10

TUESDAY

1% White Milk is provided daily

WEDNESDAY

1 Mini-Pancakes
Fresh Fruit
Low-Fat White Milk

THURSDAY

2 Biscuit & Sausage
100% fruit juice
Low-Fat White Milk

FRIDAY

3 Whole Grain Cereal
Chilled Fruit
Low-Fat White Milk

6 French Toast
100% fruit juice
Low-Fat White Milk

7 Whole Grain Cereal
100% fruit juice
Low-Fat White Milk

8 Pizza Mini Bagels
Fresh Fruit
Low-Fat White Milk

9 Sausage Pancake Sandwich
100% fruit juice
Low-Fat White Milk

10
Staff Development

National
← School Breakfast Week →



Spring Break Week →

Our unit breakfast consists of 3 or more components, at least one must be a fruit or vegetable

Spring Break Week

Food Components:
Meat/Meat Alternate
Whole Grain
Fruits
Vegetables & Milk

Spring Break Week

All breakfast cereals and pastries contain at least 51% whole grain

Spring Break Week

Meals are Highly Subject to Change due to Ongoing Supply Chain and Staffing Issues

Spring Break Week

20
Staff Development

21 Whole Grain Cereal
100% fruit juice
Low-Fat White Milk

22 Pizza Mini Bagels
Fresh Fruit
Low-Fat White Milk

23 Sausage Pancake Sandwich
100% fruit juice
Low-Fat White Milk

24 Whole Grain Cereal
Chilled Fruit
Low-Fat White Milk

27 French Toast
100% fruit juice
Low-Fat White Milk

28 Whole Grain Cereal
100% fruit juice
Low-Fat White Milk

29 Pizza Mini Bagels
Fresh Fruit
Low-Fat White Milk

30 Sausage Pancake Sandwich
100% fruit juice
Low-Fat White Milk

31 Whole Grain Cereal
Chilled Fruit
Low-Fat White Milk



Food and Nutrition Division
National School Lunch Program

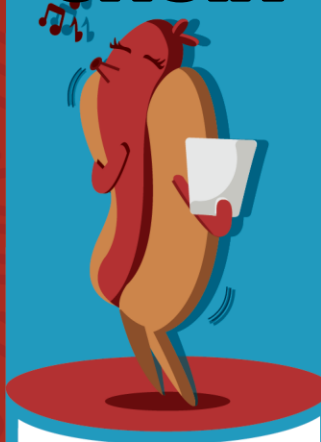


TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Updated 3/1/2023
www.SquareMeals.org



All 5 food components must be on the tray unless supported by a documented medical or disability need.

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- Part-time
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- Weekends off

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MONDAY

Student Lunch:
\$2.50
Adult Lunch:
\$4.60

TUESDAY

1% White Milk is provided daily

WEDNESDAY

1
Stuffed Crust Pizza
Vegetables, Fruit
Milk

THURSDAY

2 **Dr. Seuss Day!**
Green Eggs
with Pancakes
Vegetables, Fruits
& Milk

FRIDAY

3
Chicken Sandwich
Vegetables, Fruit
Milk

6
Teriyaki Chicken
Vegetables, Fruit
Brown Rice & Milk

7
Bean & Cheese Pupusa
Vegetables, Fruit
Milk

8
Breaded Mozzarella Stix
Vegetables, Fruit
Milk

9
Mac & Cheese
Vegetables, Fruit
Milk

10
Staff Development



Spring Break Week →

Our lunch meal consists of all 5 food components placed on the student's tray

Spring Break Week

Food Components:
Meat/Meat Alternate
Whole Grain
Fruits
Vegetables & Milk

Spring Break Week

All lunch rolls, tortillas, rice, pastas and other bread items contain at least 51% whole grain.

Spring Break Week

Meals are Highly Subject to Change due to Ongoing Supply Chain and Staffing Issues

Spring Break Week

20
Staff Development

21
Bean & Cheese Pupusa
Vegetables, Fruit
Milk

22
Breaded Mozzarella Stix
Vegetables, Fruit
Milk

23
Mac & Cheese
Vegetables, Fruit
Milk

24
Cheeseburger
Vegetables, Fruit
Milk

27
Cheesy Breadsticks
Vegetables, Fruit
Milk

28
Taco Tuesday
Vegetables, Fruit
Milk

29
Stuffed Crust Pizza
Vegetables, Fruit
Milk

30
Chicken Tenders
Vegetables, Fruits
Dinner Roll & Milk

31
Chicken Sandwich
Vegetables, Fruit
Milk

