

Ms. Koprek's and Ms. Robert's E-Learning Day Plan for Families

REVISED 2/21/2023

Please choose activities that will work for your student's needs and family. Since we service students k-5, the activities are geared for all grade levels.

Your child may engage in their classroom e-learning activities and/or our e-learning activities. The number of items to be completed are in the heading of each section. Please mark the activities that your child completed, sign this form and return to school when it resumes. If you have questions please contact your child's special education teacher.

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Functional Academics (Complete 10)

- Student will read to self for 15 minutes or more
- An adult or older sibling will read to your child discussing the characters in the pictures, looking for words your child can read
- Find 5 things in your house that start with each letter in your name
- Practice looking at a book, holding the book the correct way and turning pages 1 by 1 as you go
- Identify days of the week when shown the written word or looking at a calendar
- Identify months of the year when shown the written word or looking at a calendar
- Practice writing your first and last name 5-10 times
- Practice writing your address 5-10 times
- Practice writing phone number 5-10 times
- Write or copy numbers 1-50
- Stack pennies and count to 31
- Count various coins
- Provide the names of various coins
- Sort coins into like piles
- Count how many pictures are in your house
- Count how many steps it takes to get from your kitchen to your bedroom
- Sequence numbers 1-20
- Match numbers with a set of objects
- Look at a calendar. Point out and read the holidays, special appointments, birthdays, family or other important events
- Find multiple examples of a certain given shape around the house (ex: find 5 circles, find 5 squares, etc)
- Using words **in, on, under, up and down**, have students place an object in relation to another object (ex: put the shirt in the laundry basket, put the plate on the table, etc)

- Find objects around the house and identify them as heavy or light.
- During meal time, identify dishes that are empty or full, and foods that are hot or cold.

Functional Living Skills (Complete 5)

- Make your bed
- Pick up your bedroom/toy room
- Set the table for dinner
- Bring dishes to the kitchen sink
- Empty the dishwasher or dry dishes
- Count and fold 10 pairs of socks
- Vacuum or sweep a room in the house
- Wipe down the table and counter
- Decide which clothes are appropriate to wear for the weather today
- Decide which clothes are appropriate to wear for a given temperature or weather scenario (rainy day, hot day, snowy day, etc)
- Sort and put away utensils based on category (ex: forks together, spoons together, etc)
- Using positional words such as up, down, right, left, next to, behind, under, near, around, give clues to have students find a hidden object

Motor Skills (Complete 5)

- Squish and squeeze playdough
- Practice zipping, buttoning and tying shoes
- Play with Legos or other building toys
- Do a Yoga for Kids video on YouTube
- Play in the snow, make 5 snowballs
- Shovel snow
- Play with your pet
- Do a Go Noodle song
- Dance to your favorite song
- Sing your favorite songs
- Fill an empty egg carton or ice cube tray with counters such as cotton balls, pretzels, crackers, etc. One counter should be in each hole, count objects as they fill them.

parent signature

date