

# St. Joan Antida High School

## MCFI

### 9-12 Hot Lunch



# March 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MILK FOR SCHOOL:</b> <b>SKIM WHITE</b> <b>LOW FAT WHITE</b> <b>SKIM CHOCOLATE</b>  <b>MENU SUBJECT TO CHANGE</b>		1 Chicken Nuggets Fresh Garden Salad Blend WG Dinner Roll BBQ Sauce & Ranch Seasonal Fruit (1 cup) Choice of Milk	2 Homemade Meatloaf Fresh Broccoli Bites WG Buttermilk Biscuit Grape Jelly Packet Seasonal Fruit (1 cup) Choice of Milk	8 Macaroni and Cheese Sweet Green Peas WG Pretzel Breadstick Seasonal Fruit (1 cup) Choice of Milk
6 Orange Chicken Baby Carrots Brown Rice Seasonal Fruit (1 cup) Choice of Milk	7 Chicken Smackers Roasted Potatoes WG Maple Mini Waffles, Syrup Cup Ketchup Packet Seasonal Fruit (1 cup) Choice of Milk	8 Homemade Beef and Bean Chili with Shredded Cheddar Fresh Celery Sticks WG Cornbread WG Cheese Crackers Seasonal Fruit (1 cup) Choice of Milk	9 WG Breaded Chicken Patty Vegetarian Baked Beans, 3/4 cup WG Hamburger Bun Mayo Packet Seasonal Fruit (1 cup) Choice of Milk	10 WG Cheese Lasagna Rollup Romaine Salad, 3/4 cup eqv WG Pretzel Breadstick Ranch Packet Seasonal Fruit (1 cup) Choice of Milk
13 Roasted Chicken Leg Baby Carrots and Grape Tomatoes WG Cornbread BBQ Sauce Packet Ranch Packet Seasonal Fruit (1 cup) Choice of Milk	14 WG Cheese Quesadilla Fiesta Beans Seasonal Lunch Fruit (1 cup) Taco Sauce Packet Choice of Milk	15 Creamy Chicken and Gravy over Mashed Potatoes WG Dinner Roll WG Chocolate Bear Crackers Margarine Seasonal Fruit (1 cup) Choice of Milk	16 Hamburger Patty on WG Bun w American Cheese Slice Creamy Coleslaw Ketchup Packet Seasonal Fruit (1 cup) Choice of Milk	17 Domino's Cheese Pizza Romaine Salad Seasonal Lunch Fruit WG Pretzel Breadstick Ranch Packet Choice of Milk
20 Ranchero Chicken & Beans w/ Shredded Cheddar Fresh Baby Carrots Cilantro Lime Brown Rice Ranch Packet Seasonal Fruit (1 cup) Choice of Milk	21 Italian Meatsauce Romaine Salad Bowtie Pasta, WG Pretzel Breadstick Ranch Packet Seasonal Fruit (1 cup) Choice of Milk	22 WG Chicken Corn Dog Vegetarian Baked Beans, WG Apple Cinnamon Bear Crackers Ketchup Packet Seasonal Fruit (1 cup) Choice of Milk	23 Southwest Beef & Bean Patty with Shredded Mozz Cheese Elotes Corn Salad WG Hamburger Bun Ketchup and Mayo Seasonal Fruit (1 cup) Choice of Milk	24 Mac and Cheese Steamed Green Beans WG Dinner Roll Seasonal Fruit (1 cup) Choice of Milk
27 Sweet and Sour Chicken Baby Carrots Brown Rice Blueberry Muffin Seasonal Fruit (1 cup) Choice of Milk	28 Turkey Hot Dog Vegetarian Baked Beans, WG Hot Dog Bun Ketchup Packet Seasonal Fruit (1 cup) Choice of Milk	29 Beef Nachos on WG Corn Tortilla chips Steamed Corn WG Apple Cinnamon Bears Seasonal Fruit (1 cup) Choice of Milk	30 Italian Turkey Meatball Sub on WG bun Steamed Green Beans Seasonal Fruit (1 cup) Choice of Milk	31 Domino's Cheese Pizza Romaine Salad Seasonal Lunch Fruit WG Animal Cracker Ranch Packet Choice of Milk