

St. Joan Antida High School

MCFI

9-12 Hot Lunch



February 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Beef Taco Meat with Shredded Cheese on WG Tortilla Taco Sauce WG Cinnamon Goldfish Graham Ranchero Beans Seasonal Fruit (1 cup) Choice of Milk	2 Domino's Cheese Pizza WG Strawberry Waffle Graham Fresh Broccoli Bites Seasonal Fruit (1 cup) Choice of Milk	3 Cheeseburger on WG Bun Ketchup Packet (2) Oven-Roasted Potatoes Seasonal Fruit (1 cup) Choice of Milk
6 Chicken Taco Meat with Shredded Cheese over WG Tortilla Chips (1 oz) Taco Sauce WG Graham Cracker Ranchero Beans Seasonal Fruit (1 cup) Choice of Milk	7 WG Chicken Patty on WG Bun Mayo Packet Fresh Romaine Salad with Ranch Dressing Seasonal Fruit (1 cup) Choice of Milk	8 Turkey Hot Dog on WG Bun Ketchup Packet Fresh Baby Carrots Seasonal Fruit (1 cup) Choice of Milk	9 WG Chicken Nuggets (7) BBQ Sauce Packet WG Blueberry Muffin Roasted Sweet Potatoes Seasonal Fruit (1 cup) Choice of Milk	10 Chicken and Gravy over Mashed Potatoes WG Dinner Roll with Margarine Packet WG Savory Cracker Seasonal Fruit (1 cup) Choice of Milk
13 WG Cheese Pizza Sticks Marinara Dipping Sauce WG Graham Cracker Fresh Celery Sticks Seasonal Fruit (1 cup) Choice of Milk	14 Teriyaki Chicken over WG Brown Rice WG Pretzel Breadstick Fresh Baby Carrots Seasonal Fruit (1 cup) Choice of Milk	15 WG Chicken Corn Dog Ketchup Packet Vegetarian Baked Beans Seasonal Fruit (1 cup) Choice of Milk	16 Cheeseburger on WG Bun Ketchup Packet Steamed Corn Seasonal Fruit (1 cup) Choice of Milk	17 Turkey Breast Deli Meat and Cheese on WG Roll Mayo Packet WG Pretzel Goldfish Fresh Broccoli Bites Seasonal Fruit (1 cup) Choice of Milk
20 Roasted Chicken Leg BBQ Sauce Packet WG Biscuit Steamed Green Beans Seasonal Fruit (1 cup) Choice of Milk	21 WG Chicken Smackers BBQ Sauce Packet WG Cornbread with Honey Fresh Romaine Salad with Ranch Dressing Seasonal Fruit (1 cup) Choice of Milk	22 Non-WG Mac and Cheese WG Pretzel Breadstick Steamed Peas Seasonal Fruit (1 cup) Choice of Milk	23 Domino's Cheese Pizza WG Muffin Fresh Baby Carrots Seasonal Fruit (1 cup) Choice of Milk	24 WG Cheese Quesadilla Taco Sauce Fiesta Beans Seasonal Fruit (1 cup) Choice of Milk
27 Chicken Alfredo over Bowtie Pasta WG Pretzel Breadstick Fresh Baby Carrots Seasonal Fruit (1 cup) Choice of Milk	28 Beef Taco Meat with Shredded Cheese over WG Tortilla Chips (1 oz) Taco Sauce WG Apple Cinnamon Bear Crackers Ranchero Beans Seasonal Fruit (1 cup) Choice of Milk	MILK FOR SCHOOL: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE		