


GO AMHERST COMETS!

MARCH

AJH Lunch Menu

Menu subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>OFFERED DAILY: Pizza PB & J Sandwich</p> <p>ASSORTED FRUIT CHOICES ASSORTED MILK</p>	<p>Cost for Breakfast \$2.35 Cost Lunch \$3.60 Reduced cost Breakfast \$.30 Lunch \$.40</p> <p>Milk by itself costs \$.50. Please visit www.payschoolscentral.com to add money to your child's account.</p>	<p>1 CHICKEN PATTY W/ BAKED SMILES AJH PIZZA SALAD LUNCH FRUIT/VEG. CHOICES MILK MILK</p>	<p>2 BOSCO STICKS w/marinara AJH PIZZA SALAD LUNCH VEG/FRUIT CHOICES TREAT MILK</p>	<p>3 CORN DOG or Fish Sandwich W/ BAKED CHIPS PIZZA CRUNCHERS SALAD LUNCH FRUIT/VEG CHOICES BAKED BEANS/MILK MILK</p>
<p>6 WALKING TACO or Mexican Fiesta dip w/ chips SALAD LUNCH FRENCH BREAD PIZZA FIESTA RICE FRUIT/VEG CHOICES milk</p>	<p>7 POPCORN CHICKEN W/ TRI TATERS AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK</p>	<p>8 CHICKEN PATTY W/ BAKED SMILES AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK</p>	<p>9 MOZARELLA STICKS w marinara AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES TREAT MILK</p>	<p>10 SP. CHICKEN PATTY, fish sandwich or Toasted cheese /Baked chips PIZZA CRUNCHERS SALAD LUNCH FRUIT/VEG CHOICES BAKED BEANS/MILK MILK</p>
<p>13 BEEFY CHEESE NACHOS FRENCH BREAD PIZZA SALAD LUNCH RICE/REFRIED BEANS FRUIT/VEG CHOICES MILK</p>	<p>14 MINI CORN DOGS W/ TRI TATERS AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK</p>	<p>15 CHICKEN PATTY W/ BAKED SMILES PIZZA CRUNCHERS SALAD LUNCH FRUIT/VEG CHOICES MILK</p>	<p>16 BBQ RIBLET OR TOASTED CHEESE w/ chips AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK</p>	<p>17 NO SCHOOL-STAFF IN-SERVICE</p> 
<p>20 FIESTADAS or Buffalo chicken dip w/ chips FRENCH BREAD PIZZA REFRIED BEANS/ fiesta rice FRUIT/VEG CHOICES MILK</p>	<p>21 CHICKEN TENDERS BAKED SMILES AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK</p>	<p>22 CHICKEN PATTY W/ BAKED TOTS AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK</p>	<p>23 Pasta with meat sauce/roll or Stromboli with marinara sauce SALAD LUNCH AJH PIZZA FRUIT/VEG CHOICES MILK</p>	<p>24 HOT DOG or Fish Sandwich W. BAKED CHIPS PIZZA CRUNCHERS SALAD LUNCH FRUIT/VEG CHOICE BAKED BEANS/ MILK</p>
<p>27 WALKING TACO OR Mexican Fiesta dip w/ chips FRENCH BREAD PIZZA REFRIED BEANS/FIESTA RICE FRUIT/VEG CHOICES MILK</p>	<p>28 POPCORN CHICKEN BOWL (mashed potatoes, corn, gravy, cheese) AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK</p>	<p>29 CHICKEN PATTY W/ BAKED SMILES AJH PIZZA SALAD LUNCH FRUIT/VEG. CHOICES MILK</p>	<p>30 Mac & cheese w/a jalapeno popper or POT STICKERS AJH PIZZA SALAD LUNCH VEG/FRUIT CHOICES MILK</p>	<p>31 Cheeseburger or Fish Sandwich W/ BAKED CHIPS PIZZA CRUNCHERS SALAD LUNCH FRUIT/VEG CHOICES BAKED BEANS/MILK</p>

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Email Deanne Kelbley, RD, LD, SNS with any questions about the National School Breakfast & Lunch Programs:

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