

# Memorandum



To: Wellness Council  
From: Kai Byrd, Superintendent  
Date: February 22, 2023  
Re: Wellness Council Agenda

The Wellness Council meeting is scheduled for Wednesday, February 22, 2023, at 3:30 p.m. via Zoom:

<https://us06web.zoom.us/j/83074103955?pwd=S0pEQXIMRmpJZ1ZKU2M5QmhpczllLdz09>

Please let me know if you are unable to attend.

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## **Meeting Agenda**

1. Approval of December 7, 2022 Meeting Minutes
2. BCS Family Wellness Night - March 9, 2023
3. “March Wellness” (Staff Wellness Day) - March 17, 2023
4. Future Meeting Agenda Items
  - a. Approval of the February 22, 2023 Minutes
  - b. Wellness Events Debrief
5. Adjourn