



Earthquake Safety

Learn what to do during an earthquake and how to strengthen your space to prepare for an earthquake

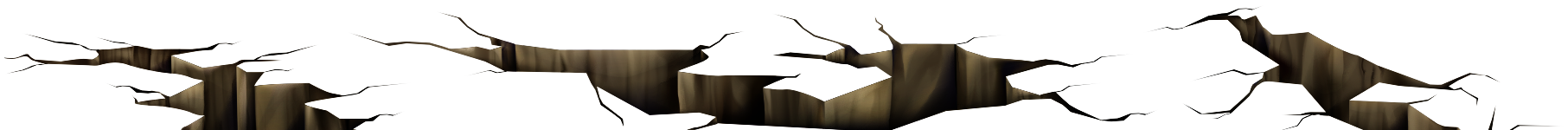
What is an Earthquake?

An earthquake is a sudden, rapid shaking of the earth caused by the shifting of rock beneath the earth's surface. They strike without warning, at any time of year, day or night.

Learn what to do to stay safe!

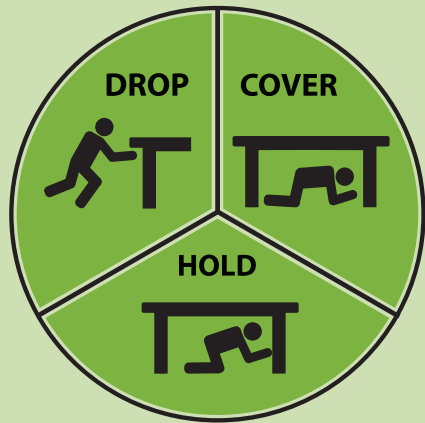
- Doorways are no stronger than any other part of a structure so don't rely on them for protection!
- During an earthquake, get under a sturdy piece of furniture and hold on.

Top Tips





What Should You Do During an Earthquake?



Staying Safe Indoors

- **DROP, COVER and HOLD ON!**
- **Move as little as possible** - most injuries during earthquakes occur because of people moving around, falling and suffering sprains, fractures and head injuries.
- **Try to protect your head and torso.** Bend under a strong desk or table, and hold on to one of its foundations. If you do not find a table, sit near the wall away from risk elements, especially furniture and equipment that might fall down such windows and furniture and other heavy objects that can be reversed. Stay sheltered until the shaking stops, and be prepared for the possibility of the occurrence of small earthquakes later.
- Stay indoors until the shaking stops and you are sure it is safe to exit.
- If you must leave a building after the shaking stops, use stairs rather than an elevator in case of aftershocks, power outages or other damage.
- Be aware that smoke alarms and sprinkler systems frequently go off in buildings during an earthquake, even if there is no fire.
- If you smell gas, get out of the room and move as far away as possible.
- Before you leave any building check to make sure that there is no debris from the building that could fall on you.

Staying Safe Outdoors

- Find a clear spot and drop to the ground. Stay there until the shaking stops.
- Try to get as far away from buildings, power lines, trees, and streetlights as possible.

