## SCHOOL HEALTH ADVISORY COUNCIL MEETING Feb. 6, 2023

1. CALL TO ORDER

**Presenter: LaTisha Griffin, Committee Chairman** 

2. WELCOME AND INTRODUCTIONS OF MEMBERS AND

**GUESTS** 

Presenter: LaTisha Griffin, Committee Chairman

3. APPROVAL OF MEETING MINUTES

**Presenter: LaTisha Griffin, Committee Chairman** 

4. MENTAL HEALTH SUPPORTS AND CHARACTER

**EDUCATION** 

**Presenter: Shayla Pratt, Director of Counseling Services** 

**5. SCHOOL HEALTH SERVICES UPDATE** 

**Presenter: Maelene Grant, Director of Nursing** 

6. HEALTHY AND SAFE SCHOOL ENVIRONMENTS

**Presenter: Mitchell Lambert, Chief of Police; Mari** 

**Zamora, Chief of Operations** 

7. PHYSICAL ACTIVITY AND COORDINATED HEALTH

PROGRAM UPDATE

Presenter: Kenya Larkin Landers, Interim Director of

**Athletics** 

8. CURRICULUM FOR HUMAN SEXUALITY INSTRUCTION

Presenter: Pamela Brown, Chief of Student Services and

**Campus Support** 

9. ADJOURNMENT

### SHAC Agenda - February 6, 2023 - 4:30 - 6:00

**Welcome and Introduction of Members** 

Please state your name and role on the SHAC committee (parent, teacher, community member, etc...)

#### **Duncanville ISD SHAC WEBSITE**

- Agendas are posted here and in Boardbook Online
- Review of Minutes Available on website
- Video Recordings Available

#### **Approval of Minutes**

### Mental Health Supports & Character Education Shayla Pratt, Director of Counseling

### **Student Support Counselors**











Betsy Bejarano Alexander/Bilhartz/Merri field/Central Elementary

Rashonda Johnson All Intermediate Schools

Priscilla Evans
Fairmeadows/Hastings/
Kennemer/Smith

Candace Hubbard DHS/Collegiate/Pace

Tomica Jackson Acton/Byrd/Hyman/Reed

### **Student Support Counselors**

- 963 Individual Counseling Sessions
- 833 Group Counseling Sessions
- 77 Staff Development Sessions
- 402 Responsive Services

### **Key Initiatives for Mental Health Support**

- Calming Corners
- SEL Curriculum
  - Second Step/Leader in Me
- Virtual calming rooms
- Panorama SEL Survey
- Weekly Initiatives-Say Hello, Kindness Week
- Referrals to outside agencies

### **School Social Workers**



Shanice Dessein PK-6 Merrifield Elementary

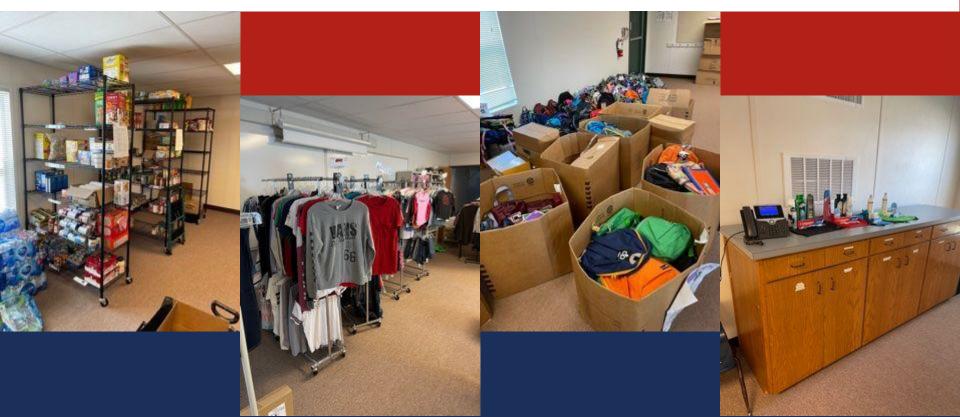


Rhonda Cole 7-12, Alternative Schools Pace High School

### **School Social Workers**

- 272 people served through the Panther Pantry and Clothing Closet
- Secured 2 new partnerships with the North Texas Food Bank and Trusted World
- 579 student contacts for attendance/school avoidance
- 1336 student contact to support after a crisis

### **Panther Pantry and Clothing Closet**



### **Character Education**

Sec. 29.906. CHARACTER TRAITS AND PERSONAL SKILLS INSTRUCTION. (a) The State Board of Education shall integrate positive character traits and personal skills into the essential knowledge and skills adopted for kindergarten through grade 12, as appropriate.

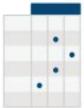
### Positive Character Traits Education

- (b) The State Board of Education must include the following positive character traits and personal skills:
- (1) courage;
- (2) trustworthiness, including honesty, reliability, punctuality, and loyalty;
- (3) integrity;
- (4) respect and courtesy;
- (5) responsibility, including accountability, diligence, perseverance, <u>self-management skills</u>, and self-control;
- (6) fairness, including justice and freedom from prejudice;
- (7) caring, including kindness, empathy, compassion, consideration, patience, generosity, charity, and interpersonal skills;
- (8) good citizenship, including patriotism, concern for the common good and the community, <u>responsible</u> <u>decision-making skills</u>, and respect for authority and the law;
- (9) school pride; and
- (10) gratitude.

### **Second Step Curriculum Alignment Chart**







ALIGNMENT CHART

TEXAS ESSENTIAL KNOWLEDGE AND SKILLS FOR POSITIVE CHARACTER TRAITS

Second Step<sup>®</sup> Elementary and Second Step<sup>®</sup> Middle School Digital Programs

### **Questions/Feedback?**

What questions do you have about the support we are providing our students?

What feedback do you have on our district's support of our students' mental health, as well as our character education practices?



# SCHOOL HEALTH SERVICES UPDATE Maelene Grant, Director of Nursing

### **SCHOOL HEALTH SERVICES UPDATES**

School Nurses provide ongoing parent education regarding health updates and health processes throughout the School year:

- Medication Administration During School Hours Process
- Asthma Action Plan
- Diabetes Management Plan
- Seizure Action Plan
- Severe Allergic Reactions/Epi-Pen
- Immunization Requirements/Exemption Affidavit Process
- COVID-19 Protocol/Self-Reporting Form
- Flu Surveillance



### SCHOOL HEALTH SERVICES UPDATES

- School Nurses provide annual state mandated health screenings:
- Hearing and Vision Screenings: grades PK, K, 1, 3, 5 and 7; all new to district students
- Texas Risk Assessment for Type 2 Diabetes: grades 1, 3, 5, and 7
- Scoliosis Screening: girls ages 10 and 12 or (fall semester grades 5 and 7) and boys ages 13 or 14 or (fall semester of grade 8)
- Screening results are documented in Skyward
- Parents receive written notification if their child failed a screening
- School Nurses have vision vouchers available for students who need getting professional eye exam/glasses
- Every student enrolled in Duncanville is required to have an up to daimmunization record or an exemption affidavit
- Reviewing immunization records is an ongoing process

### **Healthy and Safe School Environments**



Mari Zamora
Chief of Operations



Mitchell Lambert Chief of Police

### Door Audit & Weekly Door Checks

- An audit of all campus exterior doors was conducted during the summer of 2022 to identify any doors or door hardware including locking mechanisms that required replacement or repair.
- Campus Administrators are responsible for exterior weekly door checks to ensure doors are closed and locked.
- Any malfunctions are to be reported to Maintenance and/or Police & Security.
- The door checks are completed on a Google Form via a QR code provided for the administrators (with the exception of DHS).

### Primary Entrances & Classroom Doors

#### During instructional time:

- all exterior doors are closed and locked, and visitors can only enter a facility through primary entrances.
- all classroom doors are locked
- all classroom doors in portable or separate buildings are locked

### Safety & Security Committee

The Safety & Security Committee has met twice this school year.

- New members were named to replace previous members no longer holding the required positions in the district/city.
- District Multi-Hazard Emergency Operations Plan and Reunification Plan was reviewed by the committee; feedback for changes/additions were submitted to the chair and co-chair.
- Updates were made prior to submitting the Multi-Hazard Emergency Operations Plan to the Texas School Safety Center and changes were documented.

### Silent Panic Alert Technology

A SPAT Grant application was submitted to TEA and awarded

 Silent panic alert technology is generally defined as a silent system signal generated by the activation of a device, either manually or through software applications, intended to signal a life-threatening or emergency situation (such as an active shooter, intruder, or other emergency situation) requiring a response from law enforcement and/or other first responders.



## PHYSICAL ACTIVITY AND COORDINATED HEALTH PROGRAMS

**Kenya Landers Interim Athletic Director** 

### Physical Education Requirements

#### Chapter 103, Subchapter AA, Rule 103.1003

- **Pre-K-5th Grade** Students must have vigorous activity for a minimum of 135 minutes during each school week.
- Grades 6-8 Students must have a physical education class for at least four semesters.
- High School Students must earn 1.0 Physical Education Credit

#### **Physical Education Course Substitutions:**

- Athletics Marching Band
- JROTC Cheerleading
- Drill Team OCPE

#### What is FitnessGram?

State law require school districts to annually assess the physical fitness of students enrolled in grade three and above and to provide the results of individual student performance on the administered physical fitness assessment to the TEA.

#### There are two way in which you can report your data:

- 1. Through The Physical Fitness Assessment Initiative (PFAI)
  - 2. Through purchasing the FitnessGram license from the Cooper Institution.

#### The Physical Fitness Assessment Initiative (PFAI)- FREE REPORTING OPTION

- There are several challenges in reporting the data in this model.
- 1. Not user friendly.
- 2. Increase in the allotted time needed to complete the assessment.
- 3. Generates a lot of work for the person actually reporting the information.
- 4. Opportunities for inaccurate reporting.

#### **PFAI-DATA TEMPLATE**

## FitnessGram The Cooper Institute

- Duncanville ISD has purchased the FitnessGram Program through the Cooper Institute. With this program this will allow for a much smoother and time effective process for inputting data.
  - 1. Each campus in Duncanville ISD will have their own license specific to their campus.
  - 2. The student data will be uploaded into the FitnessGram portal via PEIMS (or their campus designee)
  - 3. Teachers will have drop down options on how to input the data.
  - 4. Teachers are able to generate their class report as well as student specific reports for each student

## FitnessGram Resources

<u>FitnessGram101</u>- Gives teachers videos and instructions on how to administer tests, upload information and generate reports.

FitnessGram Report - Example of the FitnessGram Report

#### PHYSICAL ACTIVITY AND COORDINATED HEALTH PROGRAMS

Kenya Landers
Interim Athletic Director



## Review of the Curriculum for Instruction of Human Sexuality

### **ADOPTION PROCESS**

Board adopted a resolution to convene SHAC in January 2022

SHAC will hold 2 public meetings (February 6th and April 3rd)

The board will vote on the recommendations made by the SHAC in May.

Parents will be notified prior to instruction and required to opt in prior to lessons being presented.

### **Curriculum Requirements**

- In 2020, the State Board of Education (SOBE) updated the health curriculum to include age-appropriate instruction on sexual and reproductive health in certain grades.
- School districts must offer health instruction that aligns with the TEKS.
- Districts must provide advance notice to parents and receive written parental permission before providing human sexuality instruction to a student and may provide sex education to male and female students separately.
- The notice must include a description of the content and include a statement of the parent's rights to review curriculum materials.

### **Curriculum and Duncanville ISD**

- Health Curriculum is only offered to middle and high school students in Duncanville.
- School districts must offer health instruction that aligns with the TEKS.
- Districts must provide advance notice to parents and receive written parental
  permission before providing human sexuality instruction to a student and may provide
  sex education to male and female students separately.
- The notice must include a description of the content and include a statement of the parent's rights to review curriculum materials.

### **Goodheart-Wilcox**

This curriculum has already been approved and adopted by the Duncanville ISD Board of Trustees for Health Instruction. There is no additional cost for the SHAC to recommend using this curriculum to the district.

The Goodheart-Wilcox Curriuclum was also Board Approved for the Instruction Related to Child Abuse, Dating Violence, Family Violence, and Human Trafficking on Jan. 33rd

The topics listed above in addition to human sexuality are all in the companion text and not in the main textbook.

### **Goodheart-Wilcox Curriculum Topics**

#### Middle School

#### **Puberty**

- 17.1 The Beginning of Life
- 17.2 Adolescence and Puberty
- 17.3 Sexual Feeling and Behavior
- **17.4 Dating Relationships**
- 18.1 Abuse and Neglect
- **18.2 Other Types of Violence**
- **18.3 Unwanted Sexual Activity**
- 19.2 Pregnancy and Prevention
- 19.2 Teen Pregnancy and Parenthood

#### **High School**

#### **Puberty**

- 20.1 The Male Reproductive System
- **20.2 The Female Reproductive System**
- 20.3 Conception, Pregnancy and Birth
- **20.4 Adolescence and Puberty**
- 20.5 Teen Pregnancy and Parenthood
- **21.1 Understanding Romantic Relationships**
- 21.2 Practicing Seuxal Abstinence
- 22.1 Sexual Harassment and Assault
- 22.2 Abuse and Neglect
- **22.3 Violence in the Community**
- 23.1 Common STIs
- 23.2 Preventing and Treating STIs
- **23.3 HIV/AIDS**

Get into groups and explore the grade level curriculum at one table. At the end of the timer, you will have 7 minutes to explore the other grade level curriculum.



### SHAC Agenda - April 3, 2023 - 4:30-6:00

### **Discussion/Questions**

What questions or concerns do you have regarding the curriculum resources?

Please contact Pamela Brown at <a href="mailto:pbrown@duncanvilleisd.org">pbrown@duncanvilleisd.org</a> or at 972-708-2066 if you would like to make an appointment to view the curriculum resources.

At the next meeting, we will make a decision as to whether or not we will make a recommendation to the board.

### Next Meeting (In Person) - April 3, 2023

- Call to order
- Introduction of SHAC Members
- Approval of previous minutes
- Employee Wellness Program Update
- Annual SHAC Report and Update
- SHAC Committee Process and Membership
- Adjournment

Please submit any recommended agenda items to Pamela Brown at <a href="mailto:pbrown@duncanvilleisd.org">pbrown@duncanvilleisd.org</a>.

### **ADJOURNMENT**