Agenda Request Form

Meeting Date	Agenda Item Number
November 19, 2020	E-1

Title

Health and Puberty, Sex Education and AIDS Education (PSEAE) Curriculum Resources Adoption for Grade 6

Requested Action

School Board Consideration of Superintendent's Recommendation for Approval of Health and PSEAE Curriculum Resources Adoption for Grade 6

Summary Explanation and Background

The Superintendent's Annual Comprehensive Health and Physical Education Review Committee convened its annual meeting during October 2020. The Committee reviewed supplemental instructional videos about puberty and human reproductive systems for 6th grade students. The supplemental videos are included with the District's subscription to Discovery Education Experience.

Based on the findings of this review committee, the Superintendent recommends for School Board approval and adoption of the puberty and human reproductive systems lesson materials for students in grade 6 to meet statutory requirements and Georgia Department of Education Health curriculum standards.

Priority Area

Student Achievement: Equity and Access

Financial Impact

N/A

Exhibits: (List)

CCSD Puberty, Sex Education, and AIDS Education (PSEAE) Curriculum Overview

Source of Additional Information

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Cherokee County School District

CCSD Puberty, Sex Education and AIDS Education (PSEAE) Curriculum Overview

**Students are separated by gender for all lessons taught in grades 5th -8th.*

	5th Grade 75-85 min of instruction	6th Grade Seven 45-minute class periods	7th Grade Eight 45-minute class periods	8th Grade Eight 45-minute class periods	9th Grade Eight 45-minute class periods
Focus	• My Body (Gender Specific) • Puberty in My Body (Gender Specific)	The *Choosing the Best* curriculum addresses critical topics in the following areas for each grade 6th-9th: • Relationship Education • Risks of Teen Sex • Risk Reduction	• Risk Elimination • Rewards of Healthy Decisions and Setting Goals	• Risks of Teen Alcohol Use • Refusal Skills • Character Development	• Parent Involvement • Building Self-Esteem
Lessons	• **Body Systems** *(reproductive)* • **Stages of Puberty** *(adolescence, maturity, hormones, age, developmental body changes, menstruation)* • **Anatomy** *(gender specific)* • **Mental, Social & Emotional Changes** *(maturity, empathy, self-control, reasoning)* • **Personal Hygiene** *(bathing, body odor, skin and hair changes, feminine protection products)*	• **Review of Puberty** *(physical, emotional, social)* • **General Anatomy and Functions of Reproductive and Endocrine Systems** *(both male & female)* • **Deciding on Your Future** *(making smart decisions and using determination to reach personal goals)* • **Figuring Out Friendships and Relationships** *(qualities of a good friend, learning respect for others)* • **Avoiding Unhealthy Relationships** *(building self-esteem by discovering personal uniqueness)* • **Identifying the Risks** *(examination of teen pregnancy, STDs, and emotional effects)* • **Choosing the Best Way** *(positive benefits of sexual delay on health and future)* • **Learning How to Say NO** *(dealing with peer pressure)*	• **Developing the Best Relationships** *(healthy relationships, how to identify and avoid unhealthy relationships, difference between infatuation and real love)* • **Avoiding STDs and HIV/AIDS** *(risks and health implications of common STDs and HIV/AIDs)* • **Preventing Teen Pregnancy** *(risks of teen pregnancy, limitations of contraceptive methods, sexual delay as the best choice for teens)* • **Dealing with Pressure** *(alcohol use and abuse, peer pressure, media and social media pressure, sexting)* • **Choosing the Best Path** *(delaying sexual activity positively benefits future health and goals)* • **Setting Boundaries** *(respecting personal values and goals, preventing sexual violence, consent, seeking help)* • **Speaking Up** *(resisting unwanted sexual pressures)* • **Being Assertive** *(how to say "no")*	• **Developing Healthy Relationships** *(healthy vs. unhealthy)* • **Preventing Sexual Violence** *(five key components of consent, seeking help, rape, internet sexual harassment)* • **Preventing STDs** *(symptoms, potential complications, spread, and treatments to common STDs)* • **Preventing Teen Pregnancy** *(value of delaying sex to benefit health and future goals)* • **Avoiding HIV/AIDS** *(myths versus facts)* • **Choosing the Best Life** *(delaying sexual activity positively benefits future health and goals)* • **Setting Limits** *(personal boundaries, handling sexual pressure from peers, dangers of sexting)* • **Resisting Pressure** *(verbal and nonverbal assertiveness skills to resist unwanted sexual pressure)*	• **Setting Goals** *(consequences of teen sexual behavior)* • **Making the Best Decisions** *(alcohol impairment, preventing child sexual abuse and date rape)* • **Avoiding Pregnancy** *(consequences of teen pregnancy)* • **Avoiding STDs** *(transmission and consequences, benefits and limitations of contraception)* • **Developing the Best Relationships** *(avoiding relational traps, building self-esteem)* • **Choosing the Best Journey** *(negative emotional effects of casual sex, benefits of sexual delay)* • **Overcoming the Pressure** *(media and peer pressure, pornography, sexting, self-discipline, setting sexual boundaries)* • **Being Assertive** *(overcoming sexual pressures)*
Videos	• *Always Changing for Girls* • *Always Changing for Boys*	• *Start Smart: Puberty for Boys* • *Start Smart: Puberty for Girls* • *Amazing Body Systems: Reproductive*	• Video vignettes included in lessons as part of the *Choosing the Best* curriculum		

October 2020