# Agenda Request Form

Cherokee County School District

| Meeting Date | Agenda Item Number |
|---|---|
| September 19, 2019 | E-3 |

## Title

Modified Health and Puberty, Sex Education and AIDS Education Curriculum for Grades 5-9

## Requested Action

School Board Consideration of Superintendent's Recommendation for Approval of Modified Health and PSEAE Curriculum Resources for Grades 5-9

## Summary Explanation and Background

The Superintendent's Annual Health and Physical Education Comprehensive Review Committee convened in a series of meetings beginning Spring 2019. The Committee reviewed PSEAE curriculum currently in use and researched additional materials/instructional resources to ensure compliance with recent changes in statutory requirements for this curriculum, as well as to better serve general education and special education students utilizing the revised Comprehensive Health and Physical Education Program Plan adopted by the Georgia Department of Education.

As such, the Superintendent recommends for School Board approval necessary adjustments to CCSD's recently-adopted curriculum to comply with Georgia law and better align age/grade-level instruction for general education students. Additionally, the Superintendent recommends the adoption of Adapted curriculum materials to meet the needs of select special education students who require a modified curriculum for access to content. The Adapted curriculum/instructional resources recommended for adoption and use with select special education students are *Circles*, *Intimacy and Relationships 1* (Middle and High school) and *Life Horizons 1*, *Family Life* (Middle and High school).

## Major System Priority

Increasing Student Achievement

## Financial Impact

$7,800

## Exhibits: (List)

1) PSEAE Curriculum Overview; 2) PSEAE Adapted Curriculum

| Board Action | Source of Additional Information |
|---|---|
| *(For Official School Board Records Only)* | Dr. Brian V. Hightower 770.479.1871<br>Dr. Nicole H. Holmes 770.479.1871<br>Dr. Keith Bryant 770.479.1871 |

## OFFICE OF THE SUPERINTENDENT OF SCHOOLS

Approved in Open Board Meeting on: _____
(Date)

By: _____
(School Board Chairman)

*Initialized: 3/3/99*
*Revised: 2/1/16*

# CCSD Puberty, Sex Education, and AIDS Education (PSEAE) Curriculum Overview

**Students are separated by gender for all lessons taught in grades 5th -8th*

| | 5th Grade<br>75-85 min of instruction | 6th Grade<br>110-130 min of instruction | 7th Grade<br>220-240 min of instruction | 8th Grade<br>220-240 min of instruction |
|---|---|---|---|---|
| **Focus** | • My Body (Gender Specific)<br>• Puberty in My Body (Gender Specific) | • Human Growth & Development<br>• HIV Awareness<br>• Sexual Assault & Abuse Awareness | • Human Reproduction & Childbirth<br>• Understanding HIV & AIDS<br>• Sexual Assault & Abuse Prevention | • Sexually Transmitted Diseases (STDs)<br>• Disease Prevention<br>• Sexual Assault & Abuse Prevention |
| **Topics** | • **Body Systems** *(reproductive)*<br>• **Stages of Puberty** *(adolescence, maturity, hormones, age, developmental body changes, menstruation)*<br>• **Anatomy** *(gender specific)*<br>• **Mental, Social & Emotional Changes** *(maturity, empathy, self-control, reasoning)*<br>• **Personal Hygiene** *(bathing, body odor, skin and hair changes, feminine protection products)* | • **Review of Puberty** *(physical, emotional, social)*<br>• **Body Systems** *(reproductive & endocrine systems)*<br>• **General Anatomy and Basic Functions of Reproductive Systems** *(both male & female)*<br>• **Fundamentals of Disease Transmission** *(communicable & non-communicable)*<br>• **HIV/AIDS** *(acronyms, viral behavior, transmission)*<br>• **Healthy Decisions** *(abstinence, sexting consequences, refraining from drug use, personal goals, resisting peer pressures/refusal skills, respect of privacy)*<br>• **Sexual Assault & Abuse** *(Erin's Law awareness, shaping positive healthy behaviors)* | • **Review of Puberty** *(male and female onset/stages)*<br>• **Body Systems** *(endocrine signals reproductive system)*<br>• **Male Reproductive System** *(anatomy & physiology)*<br>• **Female Reproductive System** *(anatomy & physiology, menstruation)*<br>• **Pregnancy and Childbirth** *(gestation, childbirth, twins)*<br>• **HIV/AIDS** *(risks, virus, communicable & noncommunicable diseases, misconceptions, transmission, abstinence)*<br>• **Healthy Decisions** *(maturity, abstinence, responsible choices when using social media, personal goals, resisting peer pressures/refusal skills, respect of privacy)*<br>• **Sexual Assault & Abuse** *(Erin's Law awareness, help shape positive healthy behaviors, reduce vulnerability to being sexually abused/assaulted)* | • **Review of Reproductive Systems** *(male & female)*<br>• **Sexually Transmitted Diseases** *(communicable, bacterial & viral diseases)*<br>• **Personal Health Responsibilities** *(abstinence, consequences of sexting, refraining from drug use, resisting persuasive tactics/refusal skills, goal-setting activities)*<br>• **Sexual Assault & Abuse** *(Erin's Law awareness, help shape positive healthy behaviors, reduce vulnerability to being sexually abused/assaulted)* |
| **Videos** | • *Always Changing for Girls*<br>• *Always Changing for Boys* | • *Puberty for Girls: Amazing Changes Inside and Out*<br>• *Puberty for Boys: Amazing Changes Inside and Out*<br>• *Highs, Lows & In-Betweens of Puberty*<br>• *Sexting: Sex Plus Text Equals Trouble* (*only segment "Girls Just Want to Have Fun")<br>• *Introduction to Erin's Law*<br>• *Peer Pressure*<br>• BrainPOP: *AIDS* | • *Human Reproduction and Childbirth*<br>• *Understanding HIV and AIDS*<br>• *Sexting: Sex Plus Text Equals Trouble* (*only segment "Protect Yourself Online")<br>• *Introduction to Erin's Law*<br>• *Are You Sure You Know Who You Are Talking to Online?*<br>• *Survivor Diaries* | • *Straight Talk: The Truth about STDs*<br>• *Sexting: Sex Plus Text Equals Trouble*<br>• *Introduction to Erin's Law*<br>• *Are You Sure You Know Who You Are Talking to Online?*<br>• *Survivor Diaries* |

# Puberty, Sex Education and Aids Education Adapted Curriculum

## Circles, Intimacy and Relations 1




The Circle curriculum is a curriculum intended for students with mild to moderate cognitive impairment to learn the social concepts of personal space, social distance, and social/sexual concepts. It was written by teachers, counselors, and consultants. The program teaches concepts through six color-coded concentric circles which is a nice visual for students to see and understand. The program is designed to be used by students who have learning disabilities, or cognitive, emotional, sensory, and/or affective impairments. Intimacy & Relationships - Level 1 is made up of the following three parts: Social Distance, Relationship Building and Sexuality Education.

## Life Horizons 1




The Life Horizons I curriculum is the most widely used family life education program for individuals with developmental and learning disabilities. Five separate topics are presented on over 500 slides. The script and guide that accompany each set of pictures are comprehensive and easy to follow. Life Horizons I covers various areas of family life such as parts of the body, the sexual life cycle, human reproduction and sexual health.