

Counseling Sites

Call the location nearest you
to make an appointment

Area Agency on Aging County of Ventura

646 County Square Drive 477-7310
Suite #100, Ventura

Camarillo Health Care District 388-1952
3639 E. Las Posas, Suite #117, Camarillo

Colonia Senior Center 385-8163
126-B Amelia Court, Oxnard

California Congress of Seniors 477-7310
519 So. 5th Street, Oxnard

Fillmore Senior Center 524-4533
533 Santa Clara Street, Fillmore 477-7310

Goebel Senior Center 381-2742
1385 E. Janss Road, Thousand Oaks

Help of Ojai, Inc. 646-5122
111 W. Santa Ana, Ojai

Moorpark Senior Center 517-6261
799 Moorpark Ave, Moorpark ext. 261

Pleasant Valley Senior Center 482-4881
1605 E. Burnley Street, Camarillo

Port Hueneme Senior Center 986-6542
550 Park Avenue, Port Hueneme

Santa Paula Senior Center 933-4272
530 W. Main Street, Santa Paula

Simi Valley Senior Center 583-6363
3900 Avenida Simi, Simi Valley

South Oxnard Senior Center 477-7310
200 East Bard Road, Oxnard

St. Johns Regional Med Center 477-7310
1600 North Rose Ave, Oxnard

Ventura Avenue Adult Center 477-7310
550 North Ventura Ave, Ventura

Ventura Senior Recreation Center 477-7310
420 East Santa Clara St, Ventura

Wilson Senior Center 477-7310
352 North "C" Street, Oxnard

The schedule of available counseling
appointments varies from site to site.

Call the location nearest you,
or call HICAP at (805) 477-7310 or
(800) 434-0222 for more information.

The Board of Supervisors, designated by the State of California as the governing body of the Area Agency on Aging, ensures the development of nutritional, social, supportive, protective and educational services designed to maximize independence for older Ventura County residents.

County of Ventura

Board of Supervisors

District 1 Steve Bennett

District 2 Linda Parks

District 3 Kathy I. Long

District 4 Peter C. Foy

District 5 John C. Zaragoza

Michael Powers

County Executive Officer

Victoria A. Jump

Director, Area Agency on Aging



VCAAA Mission Statement

The responsibility of the Ventura County Area Agency on Aging is to serve all of Ventura County's 60 plus population, including those with different social and cultural needs; to foster and support self-determination and independence among the older population; and to provide leadership in the development of a community-based system of care. This mission is accomplished through a network of education, advocacy, problem solving, program planning and funding.

HICAP

Health Insurance Counseling and Advocacy Program



What Is HICAP?

(Health Insurance Counseling & Advocacy Program)

The Ventura County Area Agency on Aging's (VCAAA) HICAP program provides free and unbiased counseling to, and advocacy for, Medicare recipients and those who will soon be receiving Medicare. Trained volunteer counselors offer objective information and provide assistance with problems relating to Medicare, Medicare Advantage plans, supplemental (Medigap) insurance policies, long-term care insurance, and prescription drugs.

HICAP Counselors Can Help You:

- Understand Medicare and prescription drug coverage
- Compare Medicare supplemental insurance (Medigap) plans and other insurance plans
- Review Medicare Advantage plans
- Prepare Medicare, supplemental insurance, and Medicare Advantage plan appeals and challenge claim denials
- Determine eligibility requirements and compare long-term care insurance plans
- Understand COBRA benefits
- Clarify your rights as a health care consumer
- Understand disability benefits through Medicare

HICAP services are free. There are never any fees!

HICAP Volunteer Opportunities

The HICAP program is always looking for volunteers. Volunteers receive 30 hours of free training followed by 10 additional internship hours before they become registered as HICAP counselors by the California Department of Aging. HICAP volunteers must commit at least 40 hours per year to counseling clients and 12 hours per year to receiving additional training. Bilingual counselors are encouraged to apply. If you are interested, please call.

We can use your help!

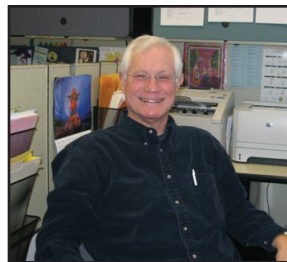
For further information contact:

**HICAP/Ventura County Area Agency on Aging
646 County Square Dr, Suite #100 • Ventura, CA 93003**

805-477-7310 or 800-434-0222

<http://aaa.countyofventura.org>

www.medicareroute66.com



**HICAP
Volunteers**



Counseling Services

HICAP services are provided by trained counselors, registered by the California Department of Aging, who act in good faith to give clients independent, impartial information about various health insurance policies and benefits.

HICAP counselors do not sell any type of health care coverage. They do not endorse or recommend any specific plan or policy. Information presented by HICAP volunteers should not be construed to be legal advice and volunteers are not liable for acts and omissions in providing counseling to recipients. (*Welfare and Institutions Code, Section 9541 (f) (4)*).

HICAP counseling is available in Spanish and other languages. Please call HICAP or the nearest HICAP counseling site for information.

Community Education

HICAP counselors are available to meet with community groups to present information regarding Medicare, Medicare Advantage plans, supplemental (Medigap) plans, long-term care insurance, and prescription drug coverage.

Presentations in Spanish are available upon request. Call HICAP at (805) 477-7310 or (800) 434-0222 to schedule a presentation, or to inquire about presentations in other languages.