

## SPUSD Benefits & HSA Contacts

Carrier	Website	Member Services	Nurse/Doctor	Health Savings Account (HSA) Member Services
Anthem Blue Cross PPO:	<a href="http://www.anthem.com">www.anthem.com</a>	800-759-3030	Visit w/ a Doctor 24/7: LiveHealthOnline.com 1-888-548-3432	
Anthem Blue Cross HMO:	<a href="http://www.anthem.com">www.anthem.com</a>	800-227-3771	24/7 Nurse Line: 1-800-977-0027	
Anthem Blue Cross CDHP:	<a href="http://www.anthem.com">www.anthem.com</a>	866-207-9878		<a href="http://www.HealthEquity.com">www.HealthEquity.com</a> 1-866-346-5800
Anthem Blue Cross Pharmacy:	<a href="http://www.anthem.com">www.anthem.com</a>	833-261-2460		
Kaiser Permanente	<a href="http://www.kp.org">www.kp.org</a>	800-464-4000		<a href="http://www.kp.org/healthpayment">www.kp.org/healthpayment</a> 1-877-761-3399
Delta Dental	<a href="http://www.deltadentalins.com">www.deltadentalins.com</a>	866-499-3001		
VSP Vision	<a href="http://www.vsp.com">www.vsp.com</a>	800-877-7195		
Optum EAP	<a href="http://www.liveandworkwell.com">www.liveandworkwell.com</a>	888-444-8624		
<b>SUPPLEMENTAL BENEFITS</b>				
American Fidelity	<a href="mailto:wendy.waring@americanfidelity.com">wendy.waring@americanfidelity.com</a>	800-365-9180 x 326 800-365-9180 x 358		
The Hartford	<a href="http://www.thehartford.com">www.thehartford.com</a>	800-523-2233		
Tax Deferred Solutions	<a href="http://www.tdsgroup.org">www.tdsgroup.org</a>	866-446-1072		