

FAMILY LIFE EDUCATION (FLE) REGULATIONS

GENERALLY

Alexandria City Public Schools (ACPS) provides Family Life Education (FLE) based on the FLE Standards of Learning (SOL) and curriculum guidelines developed by the Virginia Board of Education. Parents/guardians may exempt their child from FLE.

I. CURRICULUM REVIEW AND REVISION

ACPS’ Department of Teaching, Learning and Leadership reviews the FLE curriculum annually. The review allows for community input by making the FLE curriculum available for public comment.

The School Health Advisory Board (SHAB) serves as the community involvement team. SHAB members provide input to staff regarding new instructional and resource materials and changes to FLE curriculum.

The Superintendent or designee approves all FLE instructional materials, as well as all materials relating to FLE available for circulation to students through the school libraries or resource and media centers. In addition, K-10 grade-level curriculum guides are posted on the ACPS website.

II. STAFF TRAINING

Teachers may not teach any portion of the FLE curriculum unless they have completed “ACPS Family Life Education Certification Course” (or an equivalent course offering, including a blended-learning format) OR have provided a college transcript that documents successful completion of a similar course.

Additionally, all employees responsible for adapting the FLE curriculum for students with disabilities will participate in specially designed professional development to ensure that appropriate modifications and differentiation occurs and is integrated into the written curriculum.

III. PARENT/GUARDIAN TRAINING AND “OPT-OUT”

A. “Opt-out” Procedures

All K-10 students receive FLE instruction unless parents/guardians have chosen to exempt them from all or part of the FLE program. Exemption, or “opt-out” procedures, are included in the Welcome Packet and Family Handbook at the beginning of each school year or upon enrollment, and are found on the ACPS website.

47 B. Training

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49 The Division provides parent/guardian orientation to support understanding of the
50 purpose and design of the FLE program and its curriculum. Such training and
51 orientation sessions may occur in a variety of venues, including the Family and
52 Community Engagement (FACE) Center, the Parent Resource Center (PRC),
53 PTA/PTSA meetings, in and other contexts.

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56 Adopted: December 15, 2022

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58 Legal Refs.: Code of Virginia, 1950, as amended, §§ 22.1-207.1, 22.1- 207.1:1, 22.1-207.2.

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61 *Family Life Education: Board of Education Guidelines and Standards of Learning for Virginia*
62 *Public Schools*, Virginia Department of Education (Revised September 2016).

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64 Cross Refs.: BCF Advisory Committees to the School Board
65 IIA Instructional Materials
66 INB Teaching About Controversial Issues
67 KLB Public Complaints About Learning Resources